

Sunday

NOON **Leftovers Meeting**, Presbyterian Church in the Highlands, 1010 Lake Miriam Dr., **Lakeland**, FL, 33813 (O, D, WC, NS)

5:30 PM **Living Free**, Alders Gate House, 722 East Walnut Street, **Lakeland**, FL (O, D, WC, NS) *1st Sun. - Med, 3rd Sun. - Lit*

7:00 PM **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, WC, NS)

7:30 PM **Get A Grip**, Saint Albans Episcopal Church, Off Main Street, 202 Pontotoc Street, **Auburndale**, FL (O, CAN, WC, NS)

8:00 PM **Stonewall Recovery**, Christ's Promise Church, 1145 US Hwy 92, West, **Auburndale**, FL, 33823 (O, D, VAR, WC, LIT, NS) *LGBT, 2nd Sun. Ask It Basket, 4th Sun. literature study, 5th Sun. Speaker*

8:00 PM **Weekend Wind Down**, North Lakeland Presbyterian Church Office, Meets in church office, 5129 US HWY 98 N., **Lakeland**, FL, 33809 (O, D, WC, NS)

Monday

NOON **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS)

NOON **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

6:30 PM **Never Alone**, St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, **Lakeland**, FL (O, D, WC, LIT, NS)

7:00 PM **Carry The Message**, First Baptist Church Of Lake Placid, Parking And Entrance On Hibiscus St, 119 East Royal Palm Street, **Lake Placid**, FL (O, D, WC, NS)

7:00 PM **Lost And Found Group**, First Methodist Church, 207 North 7th Avenue, **Wauchula**, FL (O, D, WC, NS)

7:00 PM **More Will Be Revealed**, First Christian Church, 6040 8th St, **Zephyrhills**, FL (O, D, WC, NS)

8:00 PM **Clean And Serene**, Winter Haven Hospital, Meets in private dining room in basement cafeteria., 200 Avenue "F" N/W, **Winter Haven**, FL (O, WC, LIT, NS) *No Smoking on the hospital property*

Monday (cont)

8:00 PM **Show Me Don't Tell Me**, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales**, FL (O, SWG, WC, LIT, NS, LC)

8:00 PM **Why Are We Here**, Unitarian Universalist Congregation, 3140 Troy Ave, **Lakeland**, FL (O, D, WC, NS, SD) *First Monday of the month - Literature Study*

Tuesday

NOON **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS)

NOON **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

6:30 PM **Serenity Seekers**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (O, D, WC, NS)

7:00 PM **Break the Chains**, Lock Even's House (Across the Street from the Park), 14234 11th Street, **Dade City**, Florida (O, VAR) *Rotating Format*

7:30 PM **No Name Meeting**, 103 W Park St, **Auburndale**, FL (C, CAN, D, WC, NS)

7:30 PM **Work the Steps or Die**, St. Elizabeth Episcopal Church, 5855 16th St., **Zephyrhills**, FL, 33542 (BT, LIT, SD)

8:00 PM **Clean And Serene**, Winter Haven Hospital, Meets in private dining room in basement cafeteria., 200 Avenue "F" N/W, **Winter Haven**, FL (O, WC, LIT, NS) *No Smoking on the hospital property*

8:00 PM **Keep It Simple**, First Presbyterian Church, Room C, 175 Lake Hollingsworth Dr, **Lakeland**, FL (O, D, WC, NS)

8:00 PM **Take It Easy**, 1st Presbyterian Church, 319 Poinsettia Ave., **Sebring**, FL (LIT)

Wednesday

NOON **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS)

NOON **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

Wednesday (cont)

5:30 PM **A Place For Us**, Haines City Club House, 122 N 11th St., **Haines City**, FL, 33844 (O, D, WC, NS)

6:30 PM **Never Alone**, St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, **Lakeland**, FL (O, D, WC, NS)

7:00 PM **Freedom Of Choice**, Providence Fire Department Station # 1, Annex Building, 8936 Us Highway 98 N, **Lakeland**, FL (C, D, WC, NS) ***Must Not Block Driveway With Vehicles***

7:00 PM **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, WC, LIT, NS)

8:00 PM **Show Me Don't Tell Me**, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales**, FL (O, BT, D, TRD, WC, NS)

8:00 PM **Top Of The Bottom**, First Presbyterian Church, Classroom At The Back End Of Parking Lot, 175 Lake Hollingsworth Dr, **Lakeland**, FL (O, D, SPK, WC, LIT, NS) *LIT 1rst Wed, SPK Last Wed*

8:30 PM **The Chosen Few**, First United Methodist Church, Parish Hall, 130 S Pennsylvania Ave, **Lake Alfred**, FL (O, D, WC, NS)

9:30 PM **Flicker Of Hope**, Grace Lutheran Church, 745 S Ingraham Ave, **Lakeland**, FL (O, CAN, D, WC, NS)

Thursday

NOON **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (O, D, WC, NS) *Open Meeting Only On Thursdays*

NOON **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

6:30 PM **Asking For Recovery**, College Heights United Methodist Church, Success House, 942 South Blvd, **Lakeland**, FL (O, D, WC, NS)

7:00 PM **Lost And Found Group**, First Methodist Church, 207 North 7th Avenue, **Wauchula**, FL (O, D, WC, NS)

Thursday (cont)

7:00 PM **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, SPK, WC, NS)

8:00 PM **Just For Thursday**, St. John's United Methodist Church, 1800 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, STP, WC, NS, CS) *STP 1st Thurs*

8:00 PM **Last Chance Group**, Tri-County Human Services, Mary Lyons Center, 2725 State Road 60 E, **Bartow**, FL (C, D, WC, NS) *No Smoking on the property. Access Restricted To Age 18 And Over.*

8:00 PM **We Do Recover**, Grace Lutheran Church, 745 S Ingraham Ave, **Lakeland**, FL (O, D, WC, NS)

Friday

NOON **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, SWG, WC, NS)

NOON **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

5:30 PM **A Place For Us**, Haines City Club, 122 N 11th St., **Haines City**, FL, 33844 (O, D)

6:30 PM **Solution I**, Saint David's Episcopal Church, 145 E Edgewood Dr, **Lakeland**, FL (O, D, WC, LIT, NS)

7:00 PM **Another Look In The Villa**, Florence Villa Community, Most eastern room in the building., 111 Ave R NE, **Winter Haven**, FL (C, D, WC, NS)

7:00 PM **Fresh Start**, 5409 11th Street, **Zephyrhills**, Florida (O, BT, LIT, NS) *Basic Text Study*

7:30 PM **Surrender to Win**, 103 W Park St, **Auburndale**, FL (O, D, WC, NS)

8:00 PM **The War Is Over**, St. Stephens Episcopal Church, Classroom Building, 1820 E County Road 540a, **Lakeland**, FL (O, D, WC, NS)

9:00 PM **Friday Night Candlelight**, Beacon Hill Fellowship, 220 W Beacon Rd., **Lakeland**, FL, 33803 (O, CAN, D, SPK, WC, NS)

Saturday

9:00 AM **Solution II**, Saint David's Episcopal Church, 145 E Edgewood Dr, **Lakeland**, FL (O, D, WC, NS)



HEARTLAND AREA MEETING LIST DECEMBER 2017

24 HOUR HELPLINE 863-683-0630

<https://naflheartland.org>

Heartland Area Service Committee
PO Box 2183
Eaton Park, FL 33840

Florida Regional Service Office
2222 South Combee Road, Bay #6
Lakeland, FL 33801

1-866-NAFLRSO (866-623-5776)

SUGGESTIONS FOR THE NEWCOMER
Don't use no matter what
Ask your Higher Power to keep you clean today
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the phone
Keep coming back

Saturday (cont)

- NOON Let's Get Honest**, Zion Hope Baptist Church, 505 Plateau Ave., **Lakeland**, FL, 33815 (O, D, WC, NS)
- NOON Mid Day Miracles**, Chancey Road Christian Church, 34921 Chancey Rd, **Zephyrhills**, FL (O, D, WC, NS)
- NOON Unity at Noon**, Connect Community Church, Tobacco free campus, 408 Pilaklakaha Ave, **Auburndale**, FL, 33823 (C, D, NS)
- 4:30 PM No Matter What**, First Presbyterian Church in the Highlands, 1010 Lake Miriam Dr., **Lakeland**, FL, 33813 (O, D, WC, NS)
- 6:00 PM New Beginnings**, 4348 Schumacher Rd, **Sebring**, FL, 33872 (O, BEG, SD)
- 6:30 PM A New Way Of Life**, Tri-County Human Services, Mary Lyons Center, 2725 State Road 60 E, **Bartow**, FL (C, D, WC, NS) *No Smoking on the property. Access Restricted To Age 18 And Over.*
- 7:00 PM Triple H (Hope, Health, and Happiness)**, First Christian Church, Across from post office, 6040 8th St., **Zephyrhills**, 33542 (O, BEG, D)
- 7:30 PM Circle Of Hope**, 103 W Park St, **Auburndale**, FL (O, D, WC, NS)
- 8:00 PM Saturday Night Live**, Beacon Hill Fellowship, 220 W Beacon Rd., **Lakeland**, FL, 33803 (O, CW, D, WC, NS)
- 8:00 PM Show Me Don't Tell Me**, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales**, FL (O, CAN, D, WC, NS)
- 9:30 PM Flicker Of Hope**, Grace Lutheran Church, 745 S Ingraham Ave, **Lakeland**, FL (O, CAN, D, WC, NS)

Helplines

Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Greater Orlando Area	407-425-5157
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

Area Service Meetings

Area Service Committee - 2nd Sunday of the month @ 1:30 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

Activities - 3rd Monday of the month @ 7:00 pm - St. Alban's Episcopal - 202 Pontotoc St Auburndale 33823

HACNA - 1st Monday of the month @ 7:00 pm - Abiding Savior Lutheran Church - 1910 Havendale Blvd Winter Haven 33881

Helpline - 4th Monday of the month @ 6:30 pm - Grace Lutheran Church - 745 S Ingraham Ave Lakeland 33801

Hospitals & Institutions - 2nd Sunday of the month @ 12:15 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

Policy - 1st Monday of the month @ 5:30 pm - The Glass Onion - 120 W Main St Lakeland 33815

Public Relations - 4th Tuesday of the month @ 6:30 pm - Beacon Hill Fellowship - 220 W Beacon Rd Lakeland, FL 33803

Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed to Non-Addicts	CAN	Candlelight
CS	Children under Supervision	CW	Children Welcome
D	Discussion	LC	Living Clean
LIT	Literature Study	NS	No Smoking
O	Open to Everyone	SD	Speaker & Discussion
SPK	Speaker Only	STP	Step
SWG	Step Working Guide Study	TRD	Tradition
VAR	Format Varies	WC	Wheelchair

PHONE NUMBERS

Serenity Prayer

God, grant me the serenity to accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.