

**Sunday**

**NOON** **Leftovers Meeting**, Presbyterian Church in the Highlands, 1010 Lake Miriam Dr., **Lakeland**, FL, 33813 (O, D, WC, NS)

**4:00 PM** **A Place For Us**, Haines City Club House, 122 N 11th St., **Haines City**, FL, 33844 (O, D, WC, NS)

**5:30 PM** **Living Free**, Alders Gate House, 722 East Walnut Street, **Lakeland**, FL (O, D, WC, NS) *1st Sun. - Med, 3rd Sun. - Lit*

**7:00 PM** **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, WC, NS)

**7:00 PM** **Step It Up**, Step It Up Ministries, 4532 Clubhouse Rd, **Lakeland**, Florida, 33812 (O, CW, W, LIT)

**7:30 PM** **Get A Grip**, Saint Albans Episcopal Church, Off Main Street, 202 Pontotoc Street, **Auburndale**, FL (O, CAN, WC, NS)

**8:00 PM** **12 on 2**, 300 Medical Center Way, **Sebring**, Florida, 33870 (O, D, SMK, WC) *Campfire Meeting - Follow signs for Breast and Imaging Center - dirt road leading into groves - meeting is at house back there.*

**8:00 PM** **Stonewall Recovery**, Christ's Promise Church, 1145 US Hwy 92, West, **Auburndale**, FL, 33823 (O, D, VAR, WC, LIT, NS) *LGBT, 2nd Sun. Ask It Basket, 4th Sun. literature study, 5th Sun. Speaker*

**8:00 PM** **Weekend Wind Down**, Hope Community Chruch, Meets in church office, 5129 US HWY 98 N., **Lakeland**, FL, 33809 (O, D, WC, NS)

**Monday**

**NOON** **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS, CS)

**NOON** **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) *\*\*No Smoking On Campus\*\**

**6:30 PM** **Never Alone**, St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, **Lakeland**, FL (O, D, WC, LIT, NS)

**7:00 PM** **Lost And Found Group**, First Methodist Church, 207 North 7th Avenue, **Wauchula**, FL (O, D, WC, NS)

**Monday (cont)**

**7:00 PM** **More Will Be Revealed**, First Christian Church, 6040 8th St, **Zephyrhills**, FL (O, D, WC, NS)

**7:15 PM** **Carry The Message**, First Baptist Church Of Lake Placid, Parking And Entrance On Hibiscus St, 119 East Royal Palm Street, **Lake Placid**, FL (O, D, WC, NS)

**8:00 PM** **Clean And Serene**, Winter Haven Hospital, Meets in private dining room in basement cafeteria., 200 Avenue "F" N/W, **Winter Haven**, FL (O, WC, LIT, NS) *No Smoking on the hospital property*

**8:00 PM** **Show Me Don't Tell Me**, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales**, FL (O, SWG, WC, LIT, NS, LC)

**8:00 PM** **Why Are We Here**, Unitarian Universalist Congregation, 3140 Troy Ave, **Lakeland**, FL (O, D, WC, NS, SD) *First Monday of the month - Literature Study*

**Tuesday**

**NOON** **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS, CS)

**NOON** **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) *\*\*No Smoking On Campus\*\**

**6:30 PM** **Serenity Seekers**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (O, D, WC, NS)

**7:00 PM** **Break the Chains**, Lock Even's House (Across the Street from the Park), 14234 11th Street, **Dade City**, Florida (O, VAR) *Rotating Format*

**7:30 PM** **No Name Meeting**, 103 W Park St, **Auburndale**, FL (C, CAN, D, WC, NS)

**7:30 PM** **Work the Steps or Die**, St. Elizabeth Episcopal Church, 5855 16th St., **Zephyrhills**, FL, 33542 (BT, LIT, SD)

**8:00 PM** **Clean And Serene**, Winter Haven Hospital, Meets in private dining room in basement cafeteria., 200 Avenue "F" N/W, **Winter Haven**, FL (O, WC, LIT, NS) *No Smoking on the hospital property*

**Tuesday (cont)**

**8:00 PM** **Keep It Simple**, First Presbyterian Church, Room C, 175 Lake Hollingsworth Dr, **Lakeland**, FL (O, D, WC, NS)

**8:00 PM** **Take It Easy**, 1st Presbyterian Church, 319 Poinsettia Ave., **Sebring**, FL (LIT) *Last Tues. is pot luck dinner at 7PM*

**Wednesday**

**NOON** **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS, CS)

**NOON** **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) *\*\*No Smoking On Campus\*\**

**NOON** **More Will Be Revealed**, First Christian Church, 6040 8th St, **Zephyrhills**, FL (O, D, WC, NS)

**6:30 PM** **Never Alone**, St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, **Lakeland**, FL (O, D, WC, NS)

**7:00 PM** **Freedom Of Choice**, Providence Fire Department Station # 1, Annex Building, 8936 Us Highway 98 N, **Lakeland**, FL (O, D, WC, NS) *\*\*Must Not Block Driveway With Vehicles\*\**

**7:00 PM** **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, WC, LIT, NS)

**8:00 PM** **Show Me Don't Tell Me**, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales**, FL (O, BT, D, TRD, WC, NS)

**8:00 PM** **Top Of The Bottom**, First Presbyterian Church, Classroom At The Back End Of Parking Lot, 175 Lake Hollingsworth Dr, **Lakeland**, FL (O, D, SPK, WC, LIT, NS) *LIT 1st Wed, SPK Last Wed*

**8:30 PM** **The Chosen Few**, First United Methodist Church, Parish Hall, 130 S Pennsylvania Ave, **Lake Alfred**, FL (O, D, WC, NS)

**9:30 PM** **Flicker Of Hope**, Grace Lutheran Church, 745 S Ingraham Ave, **Lakeland**, FL (O, CAN, D, WC, NS)

**Thursday**

**NOON** **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (O, D, WC, NS, CS) *Open Meeting Only On Thursdays*

**Thursday (cont)**

**NOON** **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) *\*\*No Smoking On Campus\*\**

**6:30 PM** **Asking For Recovery**, College Heights United Methodist Church, Success House, 942 South Blvd, **Lakeland**, FL (O, D, WC, NS)

**7:00 PM** **Lost And Found Group**, First Methodist Church, 207 North 7th Avenue, **Wauchula**, FL (O, D, WC, NS)

**7:00 PM** **Recovery In The Hills**, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, SPK, WC, NS)

**8:00 PM** **Just For Thursday**, St. John's United Methodist Church, 1800 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, STP, WC, NS, CS) *STP 1st Thurs*

**8:00 PM** **Last Chance Group**, Tri-County Human Services, Mary Lyons Center, 2725 State Road 60 E, **Bartow**, FL (C, D, WC, NS) *No Smoking on the property. Access Restricted To Age 18 And Over.*

**8:00 PM** **We Do Recover**, Grace Lutheran Church, 745 S Ingraham Ave, **Lakeland**, FL (O, D, WC, NS)

**Friday**

**NOON** **Clean Break At Noon**, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, SWG, WC, NS, CS)

**NOON** **Downtown Recovery At Noon**, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) *\*\*No Smoking On Campus\*\**

**5:30 PM** **A Place For Us**, Haines City Club, 122 N 11th St., **Haines City**, FL, 33844 (O, D)

**6:30 PM** **Solution I**, Saint David's Episcopal Church, 145 E Edgewood Dr, **Lakeland**, FL (O, D, WC, LIT, NS)

**7:00 PM** **Another Look In The Villa**, Florence Villa Community, Most eastern room in the building., 111 Ave R NE, **Winter Haven**, FL (C, D, WC, NS)

**7:00 PM** **Fresh Start**, 5409 11th Street, **Zephyrhills**, Florida (O, BT, LIT, NS) *Basic Text Study*



## HEARTLAND AREA MEETING LIST MARCH 2018

**24 HOUR HELPLINE  
863-683-0630**

<https://naflheartland.org>

**Heartland Area Service Committee  
PO Box 2183  
Eaton Park, FL 33840**

**Florida Regional Service Office  
2222 South Combee Road, Bay #6  
Lakeland, FL 33801**

**1-866-NAFLRSO (866-623-5776)**

**SUGGESTIONS FOR THE NEWCOMER**  
**Don't use no matter what**  
**Ask your Higher Power to keep you clean today**  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the phone**  
**Keep coming back**

### Friday (cont)

**7:30 PM Surrender to Win**, 103 W Park St, **Auburndale, FL** (O, D, WC, NS)

**8:00 PM The War Is Over**, St. Stephens Episcopal Church, Classroom Building, 1820 E County Road 540a, **Lakeland, FL** (O, D, WC, NS)

**9:00 PM Friday Night Candlelight**, Beacon Hill Fellowship, 220 W Beacon Rd., **Lakeland, FL**, 33803 (O, CAN, D, SPK, WC, NS)

### Saturday

**9:00 AM Solution II**, Saint David's Episcopal Church, 145 E Edgewood Dr, **Lakeland, FL** (O, D, WC, NS)

**NOON Let's Get Honest**, Zion Hope Baptist Church, 505 Plateau Ave., **Lakeland, FL**, 33815 (O, D, WC, NS)

**NOON Mid Day Miracles**, Chancey Road Christian Church, 34921 Chancey Rd, **Zephyrhills, FL** (O, D, WC, NS)

**NOON Unity at Noon**, Connect Community Church, Tobacco free campus, 408 Pilaklakaha Ave, **Auburndale, FL**, 33823 (C, D, NS)

**6:00 PM New Beginnings**, 4348 Schumacher Rd, **Sebring, FL**, 33872 (O, BEG, SD)

**6:30 PM A New Way Of Life**, Tri-County Human Services, Mary Lyons Center, 2725 State Road 60 E, **Bartow, FL** (C, D, WC, NS) *No Smoking on the property. Access Restricted To Age 18 And Over.*

**7:00 PM Triple H (Hope, Health, and Happiness)**, First Christian Church, Across from post office, 6040 8th St., **Zephyrhills, FL**, 33542 (O, BEG, D)

**7:30 PM Circle Of Hope**, 103 W Park St, **Auburndale, FL** (O, D, WC, NS)

**8:00 PM Saturday Night Live**, Beacon Hill Fellowship, 220 W Beacon Rd., **Lakeland, FL**, 33803 (O, CW, D, WC, NS)

**8:00 PM Show Me Don't Tell Me**, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales, FL** (O, CAN, D, WC, NS)

**9:30 PM Flicker Of Hope**, Grace Lutheran Church, 745 S Ingraham Ave, **Lakeland, FL** (O, CAN, D, WC, NS)

### Helplines

Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Greater Orlando Area	407-425-5157
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

### Area Service Meetings

**Area Service Committee** - 2nd Sunday of the month @ 1:30 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

**Activities** - 3rd Saturday of the month @ 11:00 am - 103 Park St., Auburndale, FL 33823

**HACNA** - 1st Monday of the month @ 7:00 pm - Abiding Savior Lutheran Church - 1910 Havendale Blvd Winter Haven 33881

**Helpline** - 4th Monday of the month @ 6:30 pm - Grace Lutheran Church - 745 S Ingraham Ave Lakeland 33801

**Hospitals & Institutions** - 2nd Sunday of the month @ 12:15 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

**Policy** - 1st Monday of the month @ 5:30 pm - The Glass Onion - 120 W Main St Lakeland 33815

**Public Relations** - 4th Tuesday of the month @ 6:30 pm - Beacon Hill Fellowship - 220 W Beacon Rd Lakeland, FL 33803

### Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed to Non-Addicts	CAN	Candlelight
CS	Children under Supervision	CW	Children Welcome
D	Discussion	LC	Living Clean
LIT	Literature Study	NS	No Smoking
O	Open to Everyone	SD	Speaker & Discussion
SMK	Smoking Permitted	SPK	Speaker Only
STP	Step	SWG	Step Working Guide Study
TRD	Tradition	VAR	Format Varies
W	Women	WC	Wheelchair

### PHONE NUMBERS

#### Serenity Prayer

God, grant me the serenity to accept the things I cannot change,  
 The courage to change the things I can,  
 And the wisdom to know the difference.