

Sunday

NOON Leftovers Meeting, Presbyterian Church in the Highlands, 1010 Lake Miriam Dr., **Lakeland**, FL, 33813 (O, D, WC, NS)

4:00 PM A Place For Us, Haines City Club House, 122 N 11th St., **Haines City**, FL, 33844 (O, D, WC, NS)

5:30 PM Living Free, Alders Gate House, 722 East Walnut Street, **Lakeland**, FL (O, D, WC, NS) *1st Sun. - Med, 3rd Sun. - Lit*

7:00 PM Recovery In The Hills, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, WC, NS)

7:00 PM Step It Up, Step It Up Ministries, 4532 Clubhouse Rd, **Lakeland**, Florida, 33812 (O, CW, W, LIT)

7:30 PM Get A Grip, Saint Albans Episcopal Church, Off Main Street, 202 Pontotoc Street, **Auburndale**, FL (O, CAN, WC, NS)

8:00 PM Stonewall Recovery, Christ's Promise Church, 1145 US Hwy 92, West, **Auburndale**, FL, 33823 (O, D, VAR, WC, LIT, NS) *LGBT, 2nd Sun. Ask It Basket, 4th Sun. literature study, 5th Sun. Speaker*

8:00 PM Weekend Wind Down, Hope Community Chrch, Meets in church office, 5129 US HWY 98 N., **Lakeland**, FL, 33809 (O, CW, D, WC, NS)

Monday

NOON Clean Break At Noon, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS, CS)

NOON Downtown Recovery At Noon, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

6:30 PM Never Alone, St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, **Lakeland**, FL (O, D, WC, LIT, NS)

7:00 PM Lost And Found Group, First Methodist Church, 207 North 7th Avenue, **Wauchula**, FL (O, D, WC, NS)

7:00 PM More Will Be Revealed, First Christian Church, 6040 8th St, **Zephyrhills**, FL (O, D, WC, NS)

Monday (cont)

7:15 PM Carry The Message, First Baptist Church Of Lake Placid, Parking And Entrance On Hibiscus St, 119 East Royal Palm Street, **Lake Placid**, FL (O, D, WC, NS)

8:00 PM Clean And Serene, Winter Haven Hospital, Meets in private dining room in basement cafeteria., 200 Avenue "F" N/W, **Winter Haven**, FL (O, WC, LIT, NS) *No Smoking on the hospital property*

8:00 PM Show Me Don't Tell Me, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales**, FL (O, SWG, WC, LIT, NS, CS, LC)

8:00 PM Why Are We Here, Unitarian Universalist Congregation, 3140 Troy Ave, **Lakeland**, FL (O, D, WC, NS, SD) *First Monday of the month - Literature Study*

Tuesday

NOON Clean Break At Noon, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS, CS)

NOON Downtown Recovery At Noon, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

6:30 PM Serenity Seekers, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (O, D, WC, NS)

7:00 PM Break the Chains, Lock Even's House (Across the Street from the Park), 14234 11th Street, **Dade City**, Florida (O, VAR) *Rotating Format*

7:30 PM No Name Meeting, 103 W Park St, **Auburndale**, FL (C, CAN, D, WC, NS)

7:30 PM Work the Steps or Die, St. Elizabeth Episcopal Church, 5855 16th St., **Zephyrhills**, FL, 33542 (BT, LIT, SD)

8:00 PM Clean And Serene, Winter Haven Hospital, Meets in private dining room in basement cafeteria., 200 Avenue "F" N/W, **Winter Haven**, FL (O, WC, LIT, NS) *No Smoking on the hospital property*

8:00 PM Keep It Simple, First Presbyterian Church, Room C, 175 Lake Hollingsworth Dr, **Lakeland**, FL (O, D, WC, NS)

Tuesday (cont)

8:00 PM Take It Easy, 1st Presbyterian Church, 319 Poinsettia Ave., **Sebring**, FL (LIT, CS) *Last Tues. is pot luck dinner at 7PM*

Wednesday

NOON Clean Break At Noon, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, D, WC, NS, CS)

NOON Downtown Recovery At Noon, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

NOON More Will Be Revealed, First Christian Church, 6040 8th St, **Zephyrhills**, FL (O, D, WC, NS)

6:30 PM Never Alone, St. Stephens Episcopal Church, Classrooms, 1820 E County Road 540a, **Lakeland**, FL (O, D, WC, NS)

7:00 PM Freedom Of Choice, Providence Fire Department Station # 1, Annex Building, 8936 Us Highway 98 N, **Lakeland**, FL (O, D, WC, NS, CS) ***Must Not Block Driveway With Vehicles***

7:00 PM Recovery In The Hills, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, WC, LIT, NS)

8:00 PM Show Me Don't Tell Me, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales**, FL (O, BT, D, TRD, WC, NS, CS)

8:00 PM Top Of The Bottom, First Presbyterian Church, Classroom At The Back End Of Parking Lot, 175 Lake Hollingsworth Dr, **Lakeland**, FL (O, D, SPK, WC, LIT, NS) *LIT 1st Wed, SPK Last Wed*

8:30 PM The Chosen Few, First United Methodist Church, Parish Hall, 130 S Pennsylvania Ave, **Lake Alfred**, FL (O, D, WC, NS)

Thursday

NOON Clean Break At Noon, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (O, D, WC, NS, CS) *Open Meeting Only On Thursdays*

NOON Downtown Recovery At Noon, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

Thursday (cont)

6:30 PM Asking For Recovery, College Heights United Methodist Church, Success House, 942 South Blvd, **Lakeland**, FL (O, D, WC, NS, CS)

7:00 PM Lost And Found Group, First Methodist Church, 207 North 7th Avenue, **Wauchula**, FL (O, D, WC, NS)

7:00 PM Recovery In The Hills, Seventh Day Adventist Church, Classroom 4, 7333 Dairy Road, **Zephyrhills**, FL (O, D, SPK, WC, NS)

8:00 PM Just For Thursday, St. John's United Methodist Church, 1800 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, STP, WC, NS, CS) *STP 1st Thurs*

8:00 PM Last Chance Group, Tri-County Human Services, Mary Lyons Center, 2725 State Road 60 E, **Bartow**, FL (C, D, WC, NS) *No Smoking on the property. Access Restricted To Age 18 And Over.*

8:00 PM We Do Recover, Grace Lutheran Church, 745 S Ingraham Ave, **Lakeland**, FL (O, D, WC, NS)

Friday

NOON Clean Break At Noon, Christ Memorial Baptist, 2929 Hardin Combee Rd, **Lakeland**, FL (C, SWG, WC, NS, CS)

NOON Downtown Recovery At Noon, Cypress Ridge Presbyterian Church, Park on W side, enter through side door, 6230 Cypress Gardens Blvd, **Winter Haven**, FL (C, D, WC, NS) ***No Smoking On Campus***

5:30 PM A Place For Us, Haines City Club, 122 N 11th St., **Haines City**, FL, 33844 (O, D)

6:30 PM Solution I, Saint David's Episcopal Church, 145 E Edgewood Dr, **Lakeland**, FL (O, D, WC, LIT, NS)

7:00 PM Another Look In The Villa, Florence Villa Community, Most eastern room in the building., 111 Ave R NE, **Winter Haven**, FL (C, D, WC, NS)

7:00 PM Fresh Start, 5409 11th Street, **Zephyrhills**, Florida (O, BT, LIT, NS) *Basic Text Study*

7:30 PM Surrender to Win, 103 W Park St, **Auburndale**, FL (O, CW, D, WC, NS)

8:00 PM 12 on 2, 300 Medical Center Way, **Sebring**, Florida, 33870 (O, D, SMK, WC) *Campfire Meeting - Follow signs for Breast and Imaging Center - dirt road leading into groves - meeting is at house back there.*



**HEARTLAND AREA
MEETING LIST
MAY 2018**

**24 HOUR HELPLINE
863-683-0630**

<https://naflheartland.org>

**Heartland Area Service Committee
PO Box 2183
Eaton Park, FL 33840**

**Florida Regional Service Office
2222 South Combee Road, Bay #6
Lakeland, FL 33801**

1-866-NAFLRSO (866-623-5776)

**SUGGESTIONS FOR THE NEWCOMER
Don't use no matter what
Ask your Higher Power to keep you clean today
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the phone
Keep coming back**

Friday (cont)

8:00 PM The War Is Over, St. Stephens Episcopal Church, Classroom Building, 1820 E County Road 540a, **Lakeland**, FL (O, D, WC, NS)

9:00 PM Friday Night Candlelight, Beacon Hill Fellowship, 220 W Beacon Rd., **Lakeland**, FL, 33803 (O, CAN, D, SPK, WC, NS)

Saturday

9:00 AM Solution II, Saint David's Episcopal Church, 145 E Edgewood Dr, **Lakeland**, FL (O, D, WC, NS)

NOON Let's Get Honest, Zion Hope Baptist Church, 505 Plateau Ave., **Lakeland**, FL, 33815 (O, D, WC, NS)

NOON Mid Day Miracles, Chancey Road Christian Church, 34921 Chancey Rd, **Zephyrhills**, FL (O, D, WC, NS)

NOON Unity at Noon, Connect Community Church, Tobacco free campus, 408 Pilaklakah Ave, **Auburndale**, FL, 33823 (C, D, NS)

6:00 PM New Beginnings, 4348 Schumacher Rd, **Sebring**, FL, 33872 (O, BEG, SD)

6:30 PM A New Way Of Life, Tri-County Human Services, Mary Lyons Center, 2725 State Road 60 E, **Bartow**, FL (C, D, WC, NS) *No Smoking on the property. Access Restricted To Age 18 And Over.*

7:00 PM Triple H (Hope, Health, and Happiness), First Christian Church, Across from post office, 6040 8th St., **Zephyrhills**, 33542 (O, BEG, D)

8:00 PM Saturday Night Live, Beacon Hill Fellowship, 220 W Beacon Rd., **Lakeland**, FL, 33803 (O, CW, D, WC, NS, CS)

8:00 PM Show Me Don't Tell Me, Good Shepherd Episcopal Church, Across Street From Church, 200 S 4th St Apt #7, **Lake Wales**, FL (O, CAN, D, WC, NS, CS)

9:30 PM Flicker Of Hope, Grace Lutheran Church, 745 S Ingraham Ave, **Lakeland**, FL (O, CAN, D, WC, NS)

Helplines

Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Greater Orlando Area	407-425-5157
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

Area Service Meetings

Area Service Committee - 2nd Sunday of the month @ 1:30 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

Activities - 3rd Saturday of the month @ 11:00 am - 103 Park St., Auburndale, FL 33823

HACNA - 1st Monday of the month @ 7:00 pm - Abiding Savior Lutheran Church - 1910 Havendale Blvd Winter Haven 33881

Helpline - 4th Monday of the month @ 6:30 pm - Grace Lutheran Church - 745 S Ingraham Ave Lakeland 33801

Hospitals & Institutions - 2nd Sunday of the month @ 12:15 pm - Bartow Civic Center - 2250 S Floral Ave Bartow 33830

Policy - 1st Monday of the month @ 5:30 pm - The Glass Onion - 120 W Main St Lakeland 33815

Public Relations - 4th Tuesday of the month @ 6:30 pm - Beacon Hill Fellowship - 220 W Beacon Rd Lakeland, FL 33803

Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed to Non-Addicts	CAN	Candlelight
CS	Children under Supervision	CW	Children Welcome
D	Discussion	LC	Living Clean
LIT	Literature Study	NS	No Smoking
O	Open to Everyone	SD	Speaker & Discussion
SMK	Smoking Permitted	SPK	Speaker Only
STP	Step	SWG	Step Working Guide Study
TRD	Tradition	VAR	Format Varies
W	Women	WC	Wheelchair

PHONE NUMBERS

Serenity Prayer

God, grant me the serenity to accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.