

HASC MARCH 9th, 2025

**PLEASE ANNOUNCE AT MEETINGS:
APRIL HASC MEETS | APRIL 13, 1:30
Success House
942 South Blvd. Lakeland FL 33803
Zoom ID: 886 6429 1453**

(Narcotics Anonymous is not affiliated with Zoom)

**THE FOLLOWING POSITIONS ARE VACANT OR COMING VACANT IN NOVEMBER
LIBRARIAN, ALT. LIBRARIAN, PR Chair, Helpline Chair & HACNA CHAIRPERSON.**

GROUP FEELINGS AND ANNIVERSARIES

Never Alone: Speaker on the wed of month. Amber c. Barry 4 yrs 3/17/25. Bruce C. celebrates 22 yrs on April 7th.

Grow or Go: Consistently showing up 1 hour early to set up.

Surrender on Saturday: Greg A. celebrating 10 yrs. On March 29th

Dopeless Hope Spot: Eli I. is sharing on the 3/31/25 on 19 yrs.

The virtual Few: Reading the stories in Basic Text, then "Beginnings", then "I found the only NA meeting in the world"

Get a Grip: March 30th Denis G will be sharing on 3 years. Please share at your meetings.

Clean Break @noon: Randy 5 yrs, Byndel 1, Kevin 30, will be celebrating in April. Wed 3/26/25 is pizza , chips and drinks.

Weekend Winddown: Justin and Jeff are celebrating 2 years on 3/30 at 8PM

Living Free: Jane B 3 yrs 3/16/25 Melissa P 5 yrs 3/30/25

Recovery in the Hills Tony R. celebrates on 3/30/25 18 yrs. Kathryn T. 4/27/25 on 14 yrs.

No Name Meeting: 3/10/25 Ben S. Shares on 2 yrs

Just for Thursdays: Reggie W sharing on 22 yrs 3/20/25 in sanctuary. Ritchie G celebrating 17 yrs 4/24/25

**all subcommittees, RCM, and the executive committee, please bring your
purposed 2025-2026 budgets to the April 13th Area meeting.**

Activities Events: see Attached flyers:

3 Motions to Groups

1 Motion to Policy

AGENDA FOR HASC MEETING April 13, 2025

1. Open Serenity Prayer or Third Step Prayer:
2. Monthly readings: 3rd Traditions & 3rd Concept
3. Request for new members and/or groups.
4. Open Forum
5. Roll call ___ of 23 groups present. (after roll call pass 7th tradition basket)

6. Secretary's report:
7. Treasurer's report:
8. Librarian's report:
9. RCM report:
10. Subcommittee reports:
 - H & I
 - Policy
 - Helpline
 - Public Relations
 - Activities
 - HACNA
 - FRCNA
 - Outreach
11. GSR Coordinator Report
12. Break
13. Roll call ___ of 23 groups present:
14. GSR Reports:
15. Old business:
16. New business:
 - Request for New Membership to HASC
17. Review of business of the day by Secretary.
18. Closing prayer.

Motion 25-121 will be the starting motion in April, 2025

HASC MEETING March 9th, 2025

1. Open meeting with the Serenity Prayer at 1:31 PM.
2. Monthly readings: James F. read the 12 Traditions and Danny E. read the 3rd Concept.
3. **Request for new members and/or groups.**
4. Open Forum: Open forum started at 1:40 PM and ended at 1:54 PM.
 - Nick P. asked the area for help with figuring out the outreach budget. Specifically, as to what to be able to give to groups that they go and visit them. What would, could that group packet consist of. Nick explained what outreach does. Discussion and suggestions followed.
 - Ashley F. with activities read about the money fund flow motion and how the subcommittee feels about it. Information is part of her report as well.
 - Bob K. brought up, that we needed a motion to put in the different day for area in May due to Mother's Day., And that the room was available for the first Sunday in May.
5. Roll Call: 20 of 23 groups present.
6. Secretary's Report: Read and accepted.
7. Treasurer's Report: Read and accepted.
8. Librarian Report: No report given. The position is vacant.
9. RCM Report: Read and accepted.
10. Subcommittee reports:
 - H & I - Read and accepted.

- Policy – Read and accepted
- Helpline – Read and accepted.
- Public Relations- read and accepted.
- Activities - Read and accepted.
- HACNA – Read and accepted.
- FRCNAC – Read and accepted.
- Outreach – Read and accepted
- Ad hoc committee's read and accepted (attached reports)

11. Break: 3:02 PM to 3:18 PM

12. Roll call 18 of 23 groups present.

13. GSR reports – Read.

14. Old Business:

- **25-005:** S.O.S/ Keep it simple: Add a basic text, it works How and Why and Living Clean to the group starter kit for our area. **Purpose:** to effectively carry the message to the addict that still suffers. **WITHDRAWN**
- **25-006:** Treasurer/No Name Meeting: PG33 activities subcommittee guidelines (H) finances, #1 To Change wording to read: HASC provides a fund flow of \$1400.00 per year to be used for activities. **Purpose:** To clarify and to be fiscally responsible with area funds. **To Groups**
- **25-012 Policy/ Gary A SOS:** To nominate Ken B as a policy Chair, to fulfill the remainder of the current chair term. Which ends in July of this year **Purpose:** To have group conscious on trusted servants **PASSED 18/0/2**

15. New Business:

- **25-114:** Treasurer/Living Free: To obtain a debit card for HASC Treasurer-to do online business as needed. **Purpose:** To be able to facilitate Area business efficiently. **To Groups**
- **25-113:** Secretary/S.O.S: To approve the secretary's budget for the fiscal year for 2025-2026. Reference to the Secretary's Report. **Purpose:** 7th Tradition Every NA group ought to be fully self-supporting declining outside contributions. **To Groups**
- **25-115:** Treasurer/ Living Free: To pay RSO \$58.21 for H&I (books) Inv#10502 + \$13.38 for IP's for PR Inv #10551 Total \$71.59 **Purpose:** 7th trad. Fully self supporting **17/0/0**
- **25-116:** : Treasurer/Living Free: To Pay Reliable Printing \$250.00 for Feb+March meeting lists Inv# 1025 +1048 ck#473 **PURPOSE:** 7th tradition-fully selfsupporting **PASSED 17/0/0**
- **25-117:** H&I / Weekend Windown: H&I Literature order \$58.21 **Withdrawn**
- **25-118:** Mike W. / Weekend Windown: Reimbursement for ink. Reimburse Mike W 93.99 for Ink for H&I. Check #475. **PURPOSE:** to further carry the message of recovery. **17/1/0**
- **25-119:** Activities/Dopeless Hope Spot: Activities Budget for 25-26 \$2,374.80 budget attached in min. **PURPOSE:** 7th Tradition , 11 concept. **TO GROUPS**
- **25-120:** UIT few / SOS Greg A :To admend current policy on page 15,Article XL funds B. no group shall be denied a starter kit regardless of prudent reserves add starter kit shall consist of the following lit, key tags, and readings (group) **Purpose:** See attached sheet **TO Policy**

16. Meeting closed with a moment of silence followed by the Serenity Prayer.

HASC AREA MARCH 2025

SECRETARY REPORT

THE MINUTES WERE COMPILED, REVIEWED BY THE CHAIR AND SENT OUT ON FEB. 15th, 2025.

IF YOU DID NOT RECIEVED THE MINUTES PLEASE PUT YOUR INFORMAITON ON THE BACK OF THE CONTACT SHEET THAT IS BEING PASSED AROUND. OR YOU CAN EMAIL ME AT STELLAML78@YAHOO.COM AND THEN I WILL HAVE YOUR EMAIL.

IN LOVING SERVICE,

MICHELE L.

Secretary's Budget 2024-2025

Proposed Secretary's Budget June 2024 thru July 2025

Minutes (12 months @ \$45.00 – copies, postage, labels, etc.)	\$540.00
Supplies (2 ink cartridges at \$36.00 each plus tax)	\$72.00
5% contingency of minutes	\$81.00
Blank Forms for GSR Reports (200 copies x 0.25 cents +tax)	\$50.00
Blank Motion Forms (200 copies x 0.25 cents +tax)	\$50.00
<u>Total Budget for Fiscal Year</u>	<u>\$793.00</u>

Secretary's Budget 2025-2026

Proposed Secretary's Budget June 2025 thru July 2026

Minutes (12 months @ \$45.00 – copies, postage, labels, etc.)	\$540.00
Supplies (2 ink cartridges at \$37.00 each plus tax)	\$74.00
5% contingency of minutes	\$81.00
Blank Forms for GSR Reports (200 copies x 0.25 cents +tax)	\$50.00
Blank Motion Forms (200 copies x 0.25 cents +tax)	\$50.00
<u>Total Budget for Fiscal Year</u>	<u>\$795.00</u>

In loving service

Michele L.

HASC Treasurer's Report for March 9, 2025

Statement ending balance for <u>January</u>	\$ 3630 -41
Outstanding Check total:	\$ 0 -
Starting balance for last month of <u>February</u>	= \$ 3630 -41

INCOME:

Group Donation(s): Cash 816 ⁰⁰ + Cash App 560 ⁰⁰	\$ 1376 -00
Sub-Committee Donation(s): Activities via cash app	+ \$ 300 -00
Miscellaneous:	+ \$ 0 -
TOTAL INCOME:	= \$ 1676 -00

STARTING BALANCE AND INCOME:

	\$ 5306 -41
Checks total from last month's motions: ^{checks debit} \$278.75 + 66.51	- \$ 345 -36
Beginning balance for this month of <u>March 2025</u>	= \$ 4961 -05

Current checkbook balance:	\$ 4961 -05
Current rents and reserves**:	- \$ 4100 -00
TOTAL AFTER EXPENSES:	= \$ 861 -05
MONTHLY OPERATING EXPENSE:	- \$ (1,500.00)
DONATION TO REGION (IF OVER):	= \$ (638.95)

RESERVES AND RENTS:

HASC Prudent Reserve (\$1,500 p/month)	\$ 1500 -00
Activities reserve (\$1,400 p/year)	+ \$ 1400 -00
RCM Room reserve (\$350 p/month)	+ \$ 700 -00
HASC & H&I rents (\$50 p/month - \$300 p/year)	+ \$ 250 -00
Policy rent (\$10 p/month - \$120 p/year)	+ \$ 100 -00
Helpline rent (\$5 p/month - \$60 p/year)	+ \$ 50 -00
Activities rent (\$5 p/month - \$60 p/year)	+ \$ 50 -00
PR rent (\$5 p/month - \$60 p/year)	+ \$ 50 -00
TOTAL AMOUNT OF RESERVES AND RENTS**:	= \$ 4100 -00

ILS,
Crystal M.



875-12-01-00 61832 3 C 001 30 5 66 002
HASC INC
PO BOX 2183
EATON PARK FL 33840-2183

Your account statement

For 02/28/2025

Contact us



(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING [REDACTED]

Account summary

Your previous balance as of 01/31/2025	\$3,630.41
Checks	- 278.85
Other withdrawals, debits and service charges	- 66.51
Deposits, credits and interest	+ 1,676.00
Your new balance as of 02/28/2025	= \$4,961.05 ✓

Checks

DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)
02/10	469	37.43 ✓	02/28	470	125.00 ✓	02/13	471	116.42 ✓
Total checks								= \$278.85

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT(\$)
02/04	DEBIT CARD RECURRING PYMT ZOOM.COM 888-799-9 02-03 ZOOM.US CA 0928	31.98 ✓
02/28	DEBIT CARD RECURRING PYMT HAWK HOST* HAWK HO 02-28 SCARBOROUGH ON 0928	33.52 ✓
02/28	INTL SERVICE ASSESSMENT FEE HAWK HOST* HAWK HO 02-28 SCARBOROUGH ON 0928	1.01 ✓
Total other withdrawals, debits and service charges		= \$66.51

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT(\$)
02/10	COUNTER DEPOSIT	816.00 ✓
02/27	HASC Cash App WA7S Richard	860.00 ✓
Total deposits, credits and interest		= \$1,676.00

Effective March 2025, the first \$100 of your total check deposit will no longer be made immediately available for check deposits made at the ATM. All deposits are subject to the Funds Availability Policy found in the Commercial Bank Services Agreement and the Business Deposit Accounts Fee Schedule at www.truist.com/businessdepositsfeeschedule.

Changes will be effective March 18, 2025 to the Commercial Bank Services Agreement ("CBSA") that governs your account, including provisions under Section J (Availability of Funds). Continued use of your account constitutes your acceptance of the changes. The current version of the CBSA can be obtained at any Truist branch or online at www.truist.com/CBSA. All future transactions on your account will be governed by the amended CBSA. If you have questions about these changes, contact your local Truist Branch, your relationship manager, or call 844-4TRUIST (844-487-8478).



February 2025

Cash App
1955 Broadway, Suite 600
Oakland, CA 94612

Hasc
3841 Hill Street
Lakeland, FL 33812

Balance on Feb 1 **\$10.00** + Change this month **\$2.00** = Balance on Feb 28 **\$12.00**

Money In

+ \$862.00

Money Out

*Incl. 300⁰⁰
Gran
Activities*

- \$860.00

Fees

\$0.00

1/17/25

- Mark discussed the insurance spreadsheet missing. The spreadsheet is being redone.
- Discussed how to attract young people.
- Discussion was held concerning Respect of others on the floor.
- The body discussed changing the length of time for an RCM to serve.
- Some areas are having push back of sending RCM'S to region.
- Discussion was held concerning the symposium. Proposal the eliminate it. Due to cost and
- And practicality. It costs \$33,000 to put on.

Shahid M., RCM 1

- H&I Subcommittee for March 9, 2025
-
- Opening prayer-Kevin S
- 12 traditions-Devon W.
- 2 Do's-Taylor F.
- 2 Don'ts-Benjamin S.
- Secretary Report
 - Roll call-Mike W.
- Quorum
 - Present =18
 - Absent =10
 - Total members =28
- Secretary's report-Mike W
 - questions/concerns
- Librarian report
 - Literature order : \$152.20
 - Year to date : \$648.89
 - Balance :\$ 1,705.11
 - Literature budget: \$2,354
 - Questions -none
- Open Forum: The Fun Day is approaching April 5. Please get involved with some form of service to assist the smooth operation of the Funday presentation. Donations are being received through Edwin S. and a sign up sheet for food, drinks, setup, clean up, greeting new people and being present to give back to the program. There will be a basket available to donate to the church for allowing us a place and a time to conduct the Funday.
- The committee should be the eyes and ears of NA . Follow the rules regardless of your personal opinions or beliefs. We represent NA in the way we conduct ourselves and the way we present our message when entering a facility. You are there as a representative of NA. BE mindful and please conduct yourselves accordingly. NA etiquette.
- Upcoming budget was discussed to be reduced and funds allotted to H&I from area. A straw poll was conducted and voted on and will furthermore be presented next month in official capacity to be reduced to \$1500 for the upcoming year.
- Kevin S. is stepping down as panel leader at the Willson house in the spirit of rotation.
- Please clean up after yourselves when leaving this meeting room.
- Next meeting: April 12, 2025
- Facility reports:
 - Bartow detox
 - Tuesday- 4
 - Saturday-4
- Bartow men's jail
 - Friday's 1st and 3rd-0
- Frostproof men's jail- 2
- Florida Center-0

- Mary Strange Winter Haven-0
- New Beginnings -2
- RASUW women's center-4
- Wilson House-1
- WhiteSands-2
- Women's jail-1
- Total presentations-21
- Old business-
- Tabled making a list of individuals that would be willing to sponsor, assist, and transport residents at treatment facilities to outside meetings.

- New business
 - 1st time attendance- Eric C. Megan F., Chris H, Amber C.
 - 2nd time attendance-Danny E, Tim S
- New elections- Lauren M., Edwin S.
- Motion to close: Devon W, Donna M.
 - Serenity prayer-Kevin S.

HEARTLAND AREA H&I COMMITTEE PRESENTS

FUN DAY WITH H&I

Free to all
Addicts

4/5/2025 from 1 - 4 pm

Featured Guest Speakers

Angelo B. and Cindy C.

From the Florida Region H&I

Food Provided!

Hamburgers, Hot Dogs, and Desserts

Christ Memorial Baptist Church
2929 Hardin Combee Road
Lakeland, FL 33801

Questions? Contact Edwin S. at 917-584-5036



POLICY REPORT

2-9-25

Policy met on Monday Feb 3rd at First Presbyterian Church on Lk Hollingsworth. In attendance were myself, Bob C, Doug B, Teresa E and Kyle C. It was Kyle's 2nd consecutive meeting and he was voted in as a new member at the end of the meeting. Welcome and thank you to Kyle C. Teresa was notified of a couple of changes that need to be made to the Policy document on the web site, concerning the prudent reserve and Doug continues his tireless work of corrections that need to be made to the policy package, per our 3 year commitment to do a revision on this document. Which occurs this year.

We also discussed our upcoming budget submission in April, on wether or not to include money for the printing of the new package after revision, and how much that might be and how many to print if we do. We are also putting in a motion today, to nominate Ken B as Policy chair for the remainder of the current term, which ends in July. This is simply to comply with Policy guidelines.

In Loving Service, Ken B

Subject Phoneline
To: [null <stellam178@yahoo.com>]
From donna price <booboo1792003@yahoo.com>
Date: Sun, Mar 9, 2025 at 1:39 PM

God afternoon....we met on February 25 with:

Me
Bob
Scott
Papo
Katz
Maria

All days are full and back up is catching calls that are not picked up. We are seeking new members.

In loving service,
Donna M

Sent from my iPhone

PR Minutes

PR meeting met on Tuesday 02/25/25 at 7:00pm. In attendance: Wes, Amber, Bob C., Maryann and Brenda R.

Bob opened the meeting with The Serenity Prayer.
Wes read the Purpose of PR and Amber read the 12 Traditions of NA

Open Forum: Amber asked about what type of events or how we are reaching out to the public and professionals, discussion followed.

Old Business: Discussed meeting lists. Meeting list corrections are sent through the Web and the web servant email by the first of each month. We are ordering 500 meeting list for GSR's and the Sub Committees that need them. We discussed what facilities or offices we are putting the meeting list in. Bob asked about the process of the meeting list. The process is that after the 1st of each month, Wes sends the meeting list via a link to the printing company and picks them up usually within a week. Then Wes takes them to the RSO for Maryann to pick up to distribute as needed.

New Business: Brenda asked about weekend events for PR. This was discussed and agreed if we could get PR support regularly, this could be a possibility. Wes agreed to look for the prior list of events to bring to the next PR meeting. Amber asked if we have business cards to distribute and Wes let her know we still have some and after these are gone, we hoping to get some printed with the QR code on them. Bob asked how it works with changes to the meeting list or when a new group wants to be added. Discussion was tabled for more information. Brenda agreed to generate PR minutes and send them to Bob C.

Motion was made to close the meeting.

Activities March 4th minutes

Meeting start at 6:35pm
James read the Traditions

Attendees - Ashley, James, Tara, Carly (and Lavender)

Ashley read last months minutes

Ashley presented her Minutes and Budgets binder to the group.

Ashley presented budget/ideas for this year \$2374.80, last years budget was \$2527.83

Ashley asked if Tara has the willingness to step into the Secretary position.

April 26th Activities yard sale at 1313 E Main Street set up at 6:30am, start at 8am, ends at 1pm

Golden Coral has been booked for May 17th Take your sponsor to Breakfast event

Activities has decided that with the money we came back with from camping, We are giving back the \$300 we motioned for and we were left with \$30 that was donated to activities. we will be holding on to the \$30 for future needs ie. bathroom supplies, garbage Bags, necessities for our meeting place also anything we as activities might need new speaker system also talks of possible activity member shirts.

Meeting closed at 7:25pm

we Activities would like to state our opinion of the motion sent in to policy by the treasurers, we dont believe the wording should be change to funflow, the word maintain can be taken different ways but if you ask us, we dont expect for the second we motion for money to hold an event for Area to put the money right back so that it shows \$1400 again, but if that for some reason we do fall short one event that area would put back in whatever we were short to bring our prudent back to the \$1,400. In saying that about 99% of our events bring back the money we motioned for PLUS.

Activities primary purpose is to promote unity not fundrasining, to have the added pressure of making money is stressful and takes away from activities goals. Please read the attached packet from our research to your groups, to help make your decision on this motion.

Thank you

Ashley F and Subcommittee!

cases, the various service bodies began to get diverted from their original purpose by "money, property, and prestige." Some groups and service committees began to amass prudent reserves, which, in some cases, became

It states in a few things we read, that we (activities) are to not be a fundraiser, to do so would be going against what our primary purpose is. We are supported by our area which is supported by you our groups. We are here to show the newcomer unity, and that we can still have a fun time in recovery with out using, and being a newcomer and not having the funds to do those activities is very difficult and not want to come because we are charging!

Every year we make a budget and yes it will go up by a little just because everything in the world is more so we make sure that we try to keep our budget at little as we can, we also try to find things to do that might cost little to no money and have always been able to bring back the money we motioned for and most of the time extra.

I believe keeping our prudent reserve at \$1400 would be best, again because the world cost more but also if we have 2 events that might overlap or yes the chance one event just comes up short. We have never miss used your NA funds, and if the word maintain is changed in policy it will hurt us. It says in the 11 concepts and I quote (By freeing our service boards and committees from the need to engage in fundraising activities, we make it possible for those service units to devote their full energies to The fulfillment of NA's primary purpose.)

In Loving Service

Activites Chair

Ashley F.

Guide to local services book

Page 55 Dances, picnics, campouts, special speaker meetings-these events are put on by Activities subcommittees. Activities like these can provide a greater sense of community for the local NA fellowship and produce additional area income. It should always be kept in mind however that these functions are designed to enhance NA's primary purpose, not to replace group contributions in funding area services.

Policy book

Page 33 Finances: The Heartland Area service committee shall maintain a \$1400. amount to be used for Activities.

THE GENERATION OF FUNDS (FUNDRAISING) AND THE SEVENTH TRADITION IN NARCOTICS ANONYMOUS

(Standard statement about when article was written, etc. would be placed here.)

Questions about fundraising, and how fundraising relates to the traditions, especially Tradition Seven, *Every N.A. group ought to be fully self-supporting, declining outside contributions*, have been asked on numerous occasions in the past few years. As groups, areas, and regions grow, the perceived need for finances to help fulfill the Fifth Tradition, *Each group has but one primary purpose - to carry the message to the addict who still suffers*, may also grow. When the cost of ancillary services, such as helplines, meeting lists, literature for use in H&I meetings, among others, is considered, many groups, areas and regions find themselves in the position of needing, or wanting, more funds than are provided by members' donations to the "basket" at the group level. It is at these times that questions arise as to how to fund the services to help carry our message to the still-suffering addict. This article will attempt to answer some of those questions, as well as offer some simple guidelines about raising funds. We will essay to provide a brief, historical perspective on fundraising in N.A., look at some of the problems that may result from various efforts, and strive to show the relationship of Tradition Seven to this issue.

In looking at this topic, it is helpful to understand how fundraising started in our fellowship. Many early groups held a variety of activities such as dinners, picnics, and other social events to promote recovery, unity, and a sense of belonging. While these activities were not intended to raise funds, a number of them turned out to be financially successful, allowing the host group to purchase additional literature or other supplies for their meetings. As the fellowship grew, and the need, or want, for additional services became greater, the purpose for some of these activities changed from being focused on a celebration of recovery to becoming more aimed toward raising funds to meet these needs or wants.

As the fellowship continued to grow, and more area and regional service committees were formed, the focus continued to change, in some instances, in order to make up for the perceived lack of funds donated from the groups' Seventh Tradition collections. As time went on, more and more service committees began to rely upon this form of funding, reaching the point, at times, where the success or failure of an event such as a convention determined that area's or region's ability to provide services and participate in the fund-flow. In other instances, groups, areas, and regions had such success with their social events that they began to put an extraordinary amount of time and effort into these activities, and becoming invested in having a "successful" convention, dance, or camp-out.

A considerable number of problems arose from such practices. Accountability of the service committees to the groups were affected as the committees began to rely upon these events for their funding, instead of relying upon the contributions from the groups' Seventh Tradition collections. In some

cases, the various service bodies began to get diverted from their original purpose by "money, property, and prestige." Some groups and service committees began to amass prudent reserves, which, in some cases, became hundreds if not thousands of dollars. For some groups and committees, this prudent reserve grew into such an extraordinary amount that the body holding it would not have to rely upon contributions for upwards of six months or more, despite the fact that in various fellowship service publications the recommended amount of prudent reserve is one month's expenses. Merchandising efforts became in some cases a "business," getting away from the spiritual focus of our program. It became harder and harder to insure that donations to our fellowship came only from our members at various social events. And, some members began to raise concerns that we may be perceived by those outside our program as a fellowship that is more involved with social functions and merchandising efforts than helping addicts to recover from the disease of addiction. As these problems became apparent, members began to share their concerns, and started questioning the need for such practices. Some of the questions included the relationship between Tradition Seven and fundraising.

While this tradition specifically talks about self-support--declining donations from outside sources--some of the principles contained within the tradition, such as simplicity and faith, may prove to be of some assistance in answering such questions. Our experience has shown that as recovering addicts, all of our needs add up to the need for ongoing freedom from active addiction. To attain this freedom, we need the principles contained in the Twelve Steps and the Twelve Traditions of N.A., recovery meetings where we can share our experience, strength, and hope, and other recovering addicts to help us work these spiritual principles in our lives. These three things are simple in nature; they do not require us to obtain college degrees, nor to expend vast sums of money.

In our active addiction, most of us seemed to have one thing in common; self-centeredness. As we begin the recovery process, we learn that we "keep what we have by giving it away." We start to learn the value of being a contributing member of our fellowship, and society as a whole. We begin to learn the simple truth that if we want to keep attending N.A. meetings, and help to carry the message, we need to contribute our fair share, financially, as well as with our time and energy. Self support, within the context of Tradition Seven, goes far beyond financial support. Along the way, we learn that contributing our fair share is one way of expressing our gratitude for what was so freely given to us. Over time, we learn to develop the faith that as long we are doing what we're supposed to--practicing the principles of our program--the God of our understanding will take care of us, and show us a new way to live.

When looking at the needs of the group, simplicity once again comes to mind. Our needs are simple: a place where we can hold our meetings, literature to help carry our message, and in most cases, simple refreshments. We do not need spacious, luxurious meeting facilities, excessive quantities of literature, or refreshment of every type available to attract addicts to our meetings. The simplicity of our message and the effectiveness of our program is sufficient. We

do not need large amount of reserves if we have faith that the God of our understanding will take care of our needs. Our experience has shown that when a group's financial needs are not met, and that fact is communicated to the members, it is generally taken care of. The simplicity of our needs is further enhanced by the simplicity of our primary purpose—to carry the message to the addict who still suffers. Our experience has shown that it is essential that we do this simple task well, for it contains the very essence of who we are and what we do. If everything we do is to fulfill that purpose, we have discovered that, generally, we will find the funds necessary to do what we must.

One viewpoint regarding the entire topic of fundraising is advocated by many groups and service committees who have decided to avoid controversy by simply seeking to carry the message to the addict who still suffers. In this manner, they rely solely on attracting new members to their groups by strengthening their personal recovery, working N.A.'s Twelve Steps and living them. As new members are attracted, groups grow, Seventh Tradition collections increase, and more money is available for group needs. Accordingly, excess funds are accumulated and passed on to the area, then to the region, then to world services as per our suggested fund-flow system. (For further information on this topic, please refer to IP #24, "Hey! What's the basket for?") As services are funded more efficiently, the N.A. message of recovery is carried farther and better than ever before. The result is more addicts seek recovery through Narcotics Anonymous and more N.A. meetings begin. This approach is seen as practical and realistic by many members of our fellowship. These members have reported that the frustration and sense of urgency for money can be counterbalanced by the spiritual unity which results.

One of the things that have, however, become evident over the past few years, is that large segments of the fellowship want activities and merchandise. If we don't assist in these efforts, then members may end up doing it on their own. When people do these things on their own, the resulting problems have considerable impact on all elements of N.A. and our success in achieving our primary purpose. We strongly believe that fundraising activities which divert us from the spiritual nature of our program are inappropriate, and should not be encouraged within the fellowship. Social activities designed to enhance recovery and further unity and members' sense of belonging, however, are not only acceptable but should be encouraged.

While we recognize that passing the "basket" is, in itself, a form of raising funds; fundraising for its own purpose is, at best, questionable. There may, however, be those times when a group or service committee finds itself in extraordinary financial constraints, and needs to begin considering the possibility of holding a fundraiser. At these times, we suggest that all those affected by this issue carefully consider all aspects and hold discussions to determine whether the funds collected from Seventh Tradition donations are enough to support their actual needs, and, in fact, wants are supplanting financial needs, or if the need for the fundraiser is truly of such a nature that not holding it will result in services, designed to help fulfill our primary purpose, not being delivered.

When these events are held, the hosting group or service committee should examine the event with respect to all our traditions and lend their collective experience, strength, and hope to these examinations. One of the major points to inventory is the motivation for holding such an event. An examination, such as this, is part of what keeps us in tune with our principles. The following general concepts have arisen from the experience of our fellowship and we present them here as starting points for your consideration:

1. Fundraising activities at an N.A. meeting are not usually appropriate because they may detract from our primary purpose and can present an inaccurate impression of the N.A. message, especially in the eyes of the newcomer, or non-addict visitors.
2. In order to follow the guidance of our traditions, a fundraising event should necessarily be planned and held by and for Narcotics Anonymous members.
3. In order to conform to the ideal of the Seventh Tradition, donations from non-members should not be knowingly accepted.
4. Since there are often times when we sponsor activities where there is a fixed charge for full participation, the term "donation" should not be associated with these types of fees. In this way, we are not confusing contributions with assessed charges for activities.
5. Consideration must be given to determining whether the local N.A. community is willing and large enough to support the event.
6. All aspects of the fundraising event should be consistent with encouraging recovery from addiction. In this respect, events which might encourage gambling, "something for nothing", or non-recovery oriented prizes or attractions are seen by many as not within the purview of our spiritual fellowship. (e.g. a raffle prize such as a car, T.V., etc. might contribute to someone's lifestyle, but at the same time may not be directly related to their recovery, whereas a prize of N.A. literature or tickets to an N.A. workshop or convention would be recovery oriented.) It should also be noted that, in many U.S. states and in some other countries, such raffles are illegal. It may also be helpful to consider whether raffles--and especially cash raffles or lotteries--appeal more to the spirit of self interest, rather than inspiring the spirit of voluntary support implicit in our Seventh Tradition.

Finally, all of the solutions we see to the problems listed within this article involve communication. We believe that improved communication about the needs of the service bodies involved would result in increased support from the groups and members. Improved communication would help the accountability of the service structure to the groups, and the members. In closing, we believe that improved communication would help us to maintain our orientation on spiritual principles, such as faith and trust, instead of fear, distrust, and self-centeredness.

Activities 2025-2026 Budget

2025

- Rent \$60 Year
- July- Bowling \$564.80
- August- Game night HomeGroup Family Feud \$150
- September- Celebration \$1,000
- October- Sunset meeting \$0
- November- Road Trip Meeting \$0
- December/ January- NYE Bonfire \$250

2026

- February- Camping \$300
- March- Sunset Meeting \$0
- April- Road Trip Meeting \$0
- May- Take your sponsor to Breakfast \$0
- June- Beach Trip \$50

Totaling- \$2,374.80

Our Budget for last year 2024 was \$2,527.83

To finish out this year we have a Yard Sale April 26th, Take your Sponsor to Breakfast May 17th and Beach Trip June 21st.

Take Your Sponsor to Breakfast

Saturday May 17th 2025 @ 9am

Golden Corral Buffet
4705 US HWY 98 N.
Lakeland FL 33809

Come Show your sponsors some much deserved
love!



For more info contact Ashley T
863-617-2037

No Addict Turned Away

ACTIVITIES

SERENITY BY THE SEA

**COLD WATER
AVAILABLE
BRING YOUR OWN
GEAR
&
BEACH SNACKS**

**SATURDAY JUNE
21ST
10AM-2PM
MEETING @ 1PM**

**SPEAKER
MEETING**

**FORT DE SOTO PARK
3500 PINELLAS BAYWAY S.
TIERRA VERDE, FL 33715**

**MEET AT THE FORT
\$5 PARKING FEE**

No Addict Turned Away

HEARTLAND ACTIVITIES

Hot Dogs & Water

1313 E. Main st.
Lakeland FL 33801

April 26th

Set up as early as 6:30am
Ends @ 1pm

Any Donation to Activities
is greatly appreciated!
Only NA members allowed
a spot to sell.

For More Info contact Ashley F 863-617-2037

HACNA Report, February, 2025

The steering subcommittee met on February 15th, 2025 @ 10:30am at 1313 East Main Street, Lakeland, Florida 33801.

There were 6 total members present, 6 voting members present, no new members.

Treasurer Report : Current Balance at time of meeting \$5915.26 + \$300.00 (cashbox), Howard due back \$48.36 (out of pocket for chicken @ speaker jam), \$2000.00 deposit will be deducted to secure HACNA event space @ Springhill Suites, 11:25 motion was made to accept report and seconded, no objections.

Since our meeting, the contract for the hotel has been signed, the \$2000 deposit for the hotel has drafted and we have secured the space and the room block for the weekend of October 24th, 25th, and 26th of 2025. Room pricing is \$169 per night!

Programming Committee met and created beginnings of registration form, voted to add a spot for donations to "newcomer registrations". Requested topics for workshops, Voted to utilize the EventBrite website from last year for pre-registration, 11:41 motion was made to accept report and seconded, no objections. ****Since our meeting, a flyer has been finalized, the Eventbrite page is live and pre-registration pricing(\$40) is currently available. Registration flyer is attached! [Click Here To Register Today!](#)****

Hospitality & Entertainment met following their last fundraiser and is cooking up another event for April! Details are on the way! More will be revealed!

Reminder: I am still only the Vice Chair of the committee and we do not have a Chair. If anyone is curious about that, I can answer questions at any time. If anyone is interested in joining HACNA or any of the host committees; the times, days, and facilities each committee meets at is available at any time. Thank you for allowing me to serve!

Next HACNA meeting is February 15th, 2025 @ 10:30am at 1313 E Main St, Lakeland FL 33801

HACNA Bank Balance as of 3/09/25 is **\$4,081.84**

HACNA Bank Statement is attached



875-12-01-00 61532 3 C 001 30 S 66 002
HASC INC
DBA HACNA
PO BOX 2183
EATON PARK FL 33840-2183

Your account statement

For 02/28/2025

Contact us



Truist.com



(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 01/31/2025	\$4,551.90
Checks	- 182.36
Other withdrawals, debits and service charges	- 265.56
Deposits, credits and interest	+ 1,811.28
Your new balance as of 02/28/2025	= \$5,915.26

Checks

DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)	
02/06	146	100.00	02/11	147	28.87	02/11	148	53.49	
								Total checks	= \$182.36

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT(\$)
02/04	DEBIT CARD PURCHASE-PIN 02-03-25 KISSIMMEE 9764 WAL-MART #5214	25.10
02/10	DEBIT CARD PURCHASE FLWRSBAKRY0030 02-07 KISSIMMEE FL 9764	8.00
02/10	DEBIT CARD PURCHASE-PIN 02-07-25 KISSIMMEE 9764 RESTAURANT DEPOT	154.07
02/10	DEBIT CARD PURCHASE-PIN 02-07-25 KISSIMMEE 9764 RESTAURANT DEPOT	30.68
02/10	DEBIT CARD PURCHASE-PIN 02-08-25 WINTER HAVEN FL 9764 RACETRAC2316	13.65
02/10	DEBIT CARD PURCHASE-PIN 02-08-25 WINTER HAVEN 9764 WM SUPERC WAL-MART SUP	34.06
Total other withdrawals, debits and service charges		= \$265.56

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT(\$)
02/12	COUNTER DEPOSIT	1,446.28
02/18	VISA MONEY TRANSFER CREDIT 02-14-25 OAKLAND CA 9764 CASH APP*HACNA SUB*CASH	365.00
Total deposits, credits and interest		= \$1,811.28

Effective March 2025, the first \$100 of your total check deposit will no longer be made immediately available for check deposits made at the ATM. All deposits are subject to the Funds Availability Policy found in the Commercial Bank Services Agreement and the Business Deposit Accounts Fee Schedule at www.truist.com/businessdepositsfeeschedule.

Changes will be effective March 18, 2025 to the Commercial Bank Services Agreement ("CBSA") that governs your account, including revisions under Section J (Availability of Funds). Continued use of your account constitutes your acceptance of the changes. The current version of the CBSA can be obtained at any Truist branch or online at www.truist.com/CBSA. All future transactions on your account will

be governed by the amended CBSA. If you have questions about these changes, contact your local Truist Branch, your relationship manager, or call 844-4TRUIST (844-487-8478).



Questions, comments or errors?

For general questions/comments or to report errors about your statement or account, please call us at 1-844-4TRUIST (1-844-487-8478) 24 hours a day, 7 days a week. Truist Contact Center teammates are available to assist you from 8am-8pm EST Monday-Friday and 8am-5pm EST on Saturday. You may also contact your local Truist branch. To locate a Truist branch in your area, please visit Truist.com.

Electronic fund transfers (For Consumer Accounts Only. Commercial Accounts refer to the Commercial Bank Services Agreement.)
Services such as Bill Payments and Zelle® are subject to the terms and conditions governing those services, which may not provide an error resolution process in all cases. Please refer to the terms and conditions for those services.

In case of errors or questions about your electronic fund transfers, if you think your statement or receipt is wrong or if you need more information about a transfer on the statement or receipt, IMMEDIATELY call 1-844-487-8478 or write to:

Fraud Management
P.O. Box 1014
Charlotte, NC 28201

Tell us as soon as you can, if you think your statement or receipt is wrong, or if you need more information about a transfer listed on the statement or receipt. We must hear from you no later than sixty (60) days after we sent the FIRST statement on which the problem or error appeared.

- Tell us your name and deposit account number (if any)
- Describe the error or transfer you are unsure of, and explain as clearly as you can why you believe it is an error or why you need more information
- Tell us the dollar amount of the suspected error

If you tell us orally, we may require that you also send us your complaint or question in writing within ten (10) business days. We will tell you the results of our investigation within ten (10) business days after we hear from you, and we will correct any error promptly. If we need more time, however, we may take up to forty-five (45) days to investigate your complaint or questions for ATM transactions made within the United States and up to ninety (90) days for new accounts, foreign initiated transactions and point-of-sale transactions. If we decide to do this, we will re-credit your account within ten (10) business days for the amount you think is in error, minus a maximum of \$50. If we ask you to put your complaint in writing, and we do not receive it within ten (10) business days, we may not re-credit your account and you will not have use of the money during the time it takes us to complete our investigation.

Tell us AT ONCE if you believe your access device has been lost or stolen, or someone may have electronically transferred money from your account without your permission, or someone has used information from a check to conduct an unauthorized electronic fund transfer. If you tell us within two (2) business days after you learn of the loss or theft of your access device or the unauthorized transaction, you can lose no more than \$50 if someone makes electronic transfers without your permission.

If you do NOT tell us within two (2) business days after you learn of the loss or theft of your access device or the unauthorized transaction, and we can prove we could

have stopped someone from making electronic transfers without your permission if you had told us, you could lose as much as \$500. Also, if your periodic statement shows transfers you did not make, tell us at once. If you do not tell us within sixty (60) days after the statement was mailed to you, you may not get back any money you lost after sixty (60) days if we can prove we could have stopped someone from taking the money if you had told us in time.

Important information about your Truist Ready Now Credit Line Account
Once advances are made from your Truist Ready Now Credit Line Account, an INTEREST CHARGE will automatically be imposed on the account's outstanding "Average daily balance." The INTEREST CHARGE is calculated by applying the "Daily periodic rate" to the "Average daily balance" of your account (including current transactions) and multiplying this figure by the number of days in the billing cycle. To get the "Average daily balance," we take the beginning account balance each day, add any new advances or debits, and subtract any payments or credits and the last unpaid INTEREST CHARGE. This gives us the daily balance. Then we add all of the daily balances for the billing cycle and divide the total by the number of days in the billing cycle. This gives us the "Average daily balance."

Billing Rights Summary

In case of errors or questions about your Truist Ready Now Credit Line statement if you think your statement is incorrect, or if you need more information about a Truist Ready Now Credit Line transaction on your statement, please call 1-844-4TRUIST or visit your local Truist branch. To dispute a payment, please write to us on a separate sheet of paper at the following address:

Card and Direct to Consumer Lending
PO Box 200
Wilson NC 27894-0200

We must hear from you no later than sixty (60) days after we sent you the FIRST statement on which the error or problem appeared. You may telephone us, but doing so will not preserve your rights. In your letter, please provide the following information:

- Your name and account number
- Describe the error or transfer you are unsure about, and explain in detail why you believe this is an error or why you need more information
- The dollar amount of the suspected error

During our investigation process, you are not responsible for paying any amount in question; you are, however, obligated to pay the items on your statement that are not in question. While we investigate your question, we cannot report you as delinquent or take any action to collect the amount in question.

Mail-in deposits

If you wish to mail a deposit, please send a deposit ticket and check to your local Truist branch. Visit Truist.com to locate the Truist branch closest to you. Please do not send cash.

Change of address

If you need to change your address, please visit your local Truist branch or call Truist Contact Center at 1-844-4TRUIST (1-844-487-8478).

How to Reconcile Your Account		Outstanding Checks and Other Debits (Section A)			
		Date/Check #	Amount	Date/Check #	Amount
1.	List the new balance of your account from your latest statement here:				
2.	Record any outstanding debits (checks, check card purchases, ATM withdrawals, electronic transactions, etc.) in section A. Record the transaction date, the check number or type of debit and the debit amount. Add up all of the debits, and enter the sum here:				
3.	Subtract the amount in Line 2 above from the amount in Line 1 above and enter the total here:				
4.	Record any outstanding credits in section B. Record the transaction date, credit type and the credit amount. Add up all of the credits and enter the sum here:				
5.	Add the amount in Line 4 to the amount in Line 3 to find your balance. Enter the sum here. This amount should match the balance in your register.				
		Outstanding Deposits and Other Credits (Section B)			
		Date/Type	Amount	Date/Type	Amount

For more information, please contact your local Truist branch, visit Truist.com or contact us at 1-844-4TRUIST (1-844-487-8478). MEMBER FDIC



HAGNA XVIII

October 24-26, 2025



A Vision of Hope

The Heartland Area of Narcotics Anonymous is pleased to announce our area convention coming this October held at the Springhill Suites in downtown Lakeland! Please join us for a weekend of experience, strength, and HOPE! Register through Eventbrite for the convention. To register for the hotel, please visit the hotel's QR code listed below.

For more information please contact Danny E. 863-605-6597 or Melissa P. 863-812-1745

Registration



Scan here to register on Eventbrite

Willingness to Serve?

Workshop Meeting Chair _____

Workshop Speaker _____

Registration	Price	Qty	Total
Early: Feb-June	\$40		
Pre: July-Sept	\$50		
Regular: Oct	\$60		
Saturday Only	\$30		
New Comer Donation			

Name:	
Address:	
Email:	
Phone:	
Clean Date:	
Area:	

Hotel Info

SPRINGHILL SUITES®
BY MARRIOTT

511 W. Lime Street

Lakeland, FL 33815

863-413-1700

Room Rates: \$169/night

Includes: Breakfast, Wi-Fi, Amenities

Scan here for hotel info



Reggie W

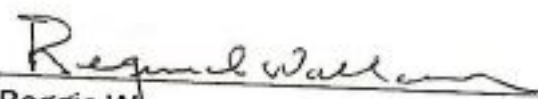
FRC Support Committee


2/16/25

The FRC Support Committee met on Sunday, 2/16/25, at 10:00 am. I attended the Merchandise committee meeting, which met via telehealth and was chaired by FRC Board member Marcia C, from the Palm Coast Area. Other attendees included Crystal M and Sean M from the Heartland Area; Cindy S from the Palm Coast Area; Sarah A from the Bay Area; Charles D from Forrest Area; and Ron M from the FRC Board.

The theme for next year's convention is "*Vision Without Limits*". The convention will be held from Thursday, July 3rd through Sunday, July 6th at the Rosen Center Hotel in Orlando. We continued discussion of convention shirt styles and colors and logo placement on the shirts. We discussed hat styles and colors and briefly discussed coffee mugs. The committee continued discussion of other merchandise to be sold at the convention. The committee will meet next on Sunday, 4/6/25 at 10 am in person or via telehealth. Committee members will conduct a count of merchandise in May.

In Loving Service,


Reggie W

 Outlook

GSR Coordinator

From Devon Wollyung <devontwollyung@gmail.com>

Date Sun 3/9/2025 9:10 AM

To Michele Lamere <stellaml78@yahoo.com>

Good afternoon Heartland Area. This the my report for March 2025.

As your GSR Coordinator, I currently have 1 each of the following: Heartland Area Service Committee Policy and Procedure Packet, Guide to Local Service and Group Booklet.

My duties and responsibilities are to sit with new GSR's and help them navigate the HASC. I am available to help any GSR seeking help. My email address is devontwollyung@gmail.com and cell is 863-557-5849.

Thank you for allowing me to serve.

--

In loving Service,
Devon W.
Heartland Area GSR Coordinator

Sent from my iPhone

AM TO

2018 11

Revitalizing Heartland Service Ad-Hoc

We met on February 11th at 8:30 over Zoom. We discussed the creation of a list of suggested changes/materials to present to HASC to check in with the body before moving forward with anything.

We meet on the second and fourth Tuesdays on Zoom.

Meeting ID: 895 6223 2801

Passcode: 8675309

--Michelle C

From HASC Policy and Guidelines Package in the Public Relations

5. Web servant

a) Requirements

- 1) One [1] year clean time.
- 2) At least 6 current, active months of membership and service in the HASC.
- 3) Knowledge of, and experience with applying the principles of the Twelve Steps, Twelve Traditions, & Twelve Concepts for NA Service.
- 4) Understanding of the PR principles and Internet Technology suggestions in the Public Relations Handbook.
- 5) Technological ability to access and present information on HASC website and respond to electronic inquiries.

b) Duties

- 1) To manage www.nafheartland.org for HASC.
- 2) To upload current HASC minutes to all Internet sites for HASC. To maintain current HASC meeting list on the HASC website.
- 3) To upload current HASC procedural guidelines to HASC website. To provide an accurate events page on the HASC website.
- 4) All functions on events page will have an area-approved flyer of that function available for download.
- 5) All downloadable documents will be in Adobe Acrobat format (PDF) and Microsoft Word format (DOC) or Microsoft Excel format (XLS). To implement HASC directives in a timely manner.
- 6) To check all accounts for HASC webpage, reply and or forward emails/information as needed (to appropriate Subcommittee, Admin Committee, and GSRs) regularly, at least once a week.

6. General Provisions

No vice chair or other alternate type representative shall automatically assume the next higher position, although those positions may be filled by alternates during absences. All positions in this committee are filled by members who have been voted in by their respective committees. All offices of this committee shall be elected from current regular participants of the PR committee and must be present at the time of nomination and election. The committee chair shall be elected by the ASC.

Membership Requirements

All prospective Technology Resource Panel members should demonstrate the following:

- Trustworthiness & Discretion—Integrity and the ability to fulfill their responsibilities with the Area's confidence that confidential information, accounts, & passwords will be protected.
- Experience—members should possess some previous experience in the tech field.
- A working knowledge of the Twelve Steps, Twelve Traditions, Twelve Concepts for Narcotics Anonymous and the HASC Policy.
- One-year clean time requirement for panel members, no clean time requirement for interim panel members, just a desire.

MOTION 25-120

To Groups
Policy

TO ADMEND CURRENT POLICY ON PAGE 15, ARTICLE XL FUNDS B. NO GROUP SHALL BE DENIED A STARTER KIT REGARDLESS OF PREUDENT RESERVE.
ADD STARTER KIT SHALL CONSIST OF THE FOLLOWING
KIT, KEY TAGS, AND READINGS (GROUP)

PURPOSE

SEE ATTACHED SHEET

MADE BY [Signature]
UIT FEW

SECOND BY SOS GRISA

PASSED

FAILED

TABLED

MOTION 25-120

TO AMEND CURRENT POLICY ON PAGE 15
ARTICLE XL FUNDS

B NO GROUP SHALL BE DENIED A STARTER
KIT REGARDLESS OF PRESENT RESERVE

ADD

STARTER KIT SHALL CONSIST OF THE
FOLLOWING LITERATURE ITEMS, KEY TAGS
AND READING.

GROUP READINGS (NOT LAMINATED) CARDS

5 KEY TAGS, EACH INCREMENT ONE DAY TO MULTIPLE

GROUP TREASURERS WORKBOOK

3 WHITE BOOKS (SKINNY)

1 GROUP BUSINESS MEETING

1 ROLES & RESPONSIBILITIES

1 NA GROUPS AND MEDICATION

1 PRINCIPLES

GROUP booklet

3EA - IP^s # 1 # 2 # 5 # 6 # 7 # 8 # 9 # 11 # 12 # 14

16 # 19 # 22 # 13 # 24 # 29 # 30 # 21

GUIDE TO NA (FAT WHITE BOOK)

GROUP BOOKLET - TWELVE CONCEPTS

PURPOSE TO DEFINE THE CONTENTS OF A
HEARTLAND STARTER KIT.

1ST TRADITIONS SO NEW GROUPS WILL
HAVE NA LITERATURE TO CONDUCT MEETING
WITH CLEAR NA MESSAGE.

THE 11TH CONCEPT NA FUNDS ARE TO BE USED TO FURTHER

OUR PRIMARY PURPOSE, AND MUST BE
MANAGED RESPONSIBLY.

STW
 HLT
 SOL
 #7
 #4
 HLT
 US
 E
 C

202

2025	Heartland Area Roll Call	2025		2025		2025		2025	2025	2025	2025
		Jan	February	March	April	May	June	July			
1	Area Chair	1	1	1	1	1	1				
2	Area Vice Chair	1	1	1	1	1	1				
3	Secretary	V	V	1	1	A	A				
4	Alt. Secretary	1	1	1	1	1	1				
5	Treasurer	1	1	1	1	1	1				
6	Alt. Treasurer	V	V	v	v	v	v				
7	Librarian	V	V	v	v	v	v				
8	Alt. Librarian	V	V	v	v	v	v				
9	RCM	1	1	1	1	1	1				
10	RCM Alternate	1	1	1	0	1	1				
11	H & I	1	0	1	0	1	1				
12	Helpline	V	V	v	v	1	1				
13	Activities	1	1	1	1	1	1				
14	Policy	1	1	1	1	1	1				
15	PR	V	V	v	v	v	v				
16	HACNA	1	1	1	1	1	1				
17	GSR Coordinator	1	1	1	1	1	1				
20	Out Reach	1	1	1	1	1	1				
21	FRCNASC	1	1	1	1	1	1				
1	Asking for Recovery	1	1	1	1	1	1				
2	Clean Break @ Noon	1	0	1	1	1	1				
3	Dopeless Hope Spot	1	1	1	1	1	1				
4	Face 2 Face	1	1	1	1	A	A				
5	Get A Grip	1	1	1	1	1	1				
6	Grow Or Go	1	1	1	1	1	1				
7	Just for Thursdays	1	1	1	1	1	1				
8	Just for Today	1	1	1	1	1	1				
9	Keep it Simple	1	1	1	1	1	1				
10	Living Free	1	1	1	1	1	1				
11	No Name Meeting	1	1	1	1	1	1				
12	Never Alone	1	0	1	1	1	1				

13	Recovery In The Hills	1	1	1	1	1	1								
14	She Do Recover	1	1	1	1	A	A								
15	Show Me Don't Tell ME	1	1	A	A	1	1								
16	Surrender on Sat	1	1	1	1	1	1								
17	The Chosen Few	1	1	1	1	1	A								
18	The TiesThat Bind Us	1	0	1	1	1	A								
19	The Virtual Few	1	1	1	1	1	1								
20	The War is Over	1	1	1	1	1	1								
21	Weekend Winddown	1	1	1	1	1	1								
	TOTAL GROUPS	21	18	20		19	17	0	0	0	0	0	0	0	0
1 PRESENT 0 ABSENT V VACANT															
	Quorum	Y	Y	Y	N	Y	Y	N	N	N	N	N	N	N	N

Friday Night Candlelight
Take it Easy

1 1 1 1
1 1 A A

20 18