

HASC NOVEMBER 14th, 2025

PLEASE ANNOUNCE AT MEETINGS:

November HASC MEETS November 9th @ 1:30 Success House 943 South Blvd. Lakeland FL 33803

Zoom ID: 886 6429 1453

(Narcotics Anonymous is not affiliated with Zoom)

THE FOLLOWING POSITIONS ARE VACANT OR COMING VACANT IN JUNE ALT.

SECRETARY, LIBRARIAN, ALT. LIBRARIAN, P.R. CHAIR.

Announcement:

December needs nominations for Vice Chair, Treasurer, Alt Treasurer, and Activities Chair

GROUP FEELINGS AND ANNIVERSARIES

- **War is Over:** Needs Support
- **Take it Easy:** Danna S shares on 3 years on 11/28
- **Keep it Simple:** Kevin S shares on 4 years 12/16
- **Living Free:** Cindy D shares on 26 years 11/30
- **Friday Night Candlelight:** Michael shares on E.S.H 11/28
- **Grow or Go:** Thanksgiving dessert meeting, Food at 7, Meeting at 8

Activities for December:

New Years Bonfire 12/31

2 Motions to Groups

AGENDA FOR HASC MEETING December 2025

1. Open Serenity Prayer or Third Step Prayer:
2. Monthly readings: 12 Traditions & 2nd Concept:
3. **Request for new members and/or groups.**
4. Open Forum
5. Roll call ___ of 19 groups present.
6. Secretary's report:
7. Treasurer's report:
8. Librarian's report:
9. RCM report:
10. Subcommittee reports:
 - H & I
 - Policy
 - Helpline
 - Public Relations
 - Activities
 - HACNA
 - FRCNA
 - Outreach
11. GSR Coordinator Report
12. Break
13. Roll call ___ of 19 groups present:
14. GSR Reports:
15. Old business:
 - **25-172 Keep it Simple/The virtual few:** Create a budget to allow the TRC to facilitate zoom/virtual meetings. Projector: \$350.00 Speaker and Microphone: \$130.00 Web Cam \$30.00 Ext Cord \$20.00 Cables \$20.00 Projector Screen: \$40.00 Total \$590+tax +shipping and to allow for price differences since quote in April. Total req budget \$750.00
Purpose: 7th Tradition
 - **25-173 Get a Grip/The Virtual Few:** Nominate Katie R for the TRC position. To fill the position for a term until regular election in August. **Purpose** 5th concept
16. New business:
17. Request for New Membership to HASC
18. Review of business of the day by Secretary.
19. Closing prayer.

Motion 25-174 will be the starting motion in December 2025

HASC MEETING November 14th, 2025

1. Open meeting with the Serenity Prayer at 1:30 PM.
2. Monthly readings: Larry read the 12 Traditions. George read Concept 11.
3. **Request for new members and/or groups.**
4. Open Forum: Open forum started at 1:46pm PM and ended at 2:07PM.
 - New Womens meeting Weds night
 - NA Crawl Ideas
 - Helpline needs help
 - 3 Meetings have closed for HASC
 - Thanksgiving in the park is happening
 - Groups were asked to give feedback on how to be more attractive to the newcomer.
 - Asked to fill out in group report.
5. Roll Call: 18 of 19 groups present.
6. Secretary's Report: Read and accepted.
7. Treasurer's Report: Read and accepted.
8. Librarian Report: No report given. Position is vacant.
9. RCM Report: Read and accepted.
10. Subcommittee reports:
 - H & I - Read and accepted.
 - Policy – Read and accepted.
 - Helpline – Read and accepted.
 - Public Relations- Read and accepted.
 - Activities - Read and accepted.
 - HACNA – Read and accepted.
 - FRCNAC – Read and accepted.
 - Outreach – Read and accepted
11. Break: 3:11 to 3:20
12. Roll call 17 of 19 groups present.
13. GSR reports – Read.
14. Old Business:
 - **25-165 Dopeless Hope Spot/Keep it Simple:** Create a new Position in HASC for a Technology Resource Coordinator (TRC), see suggested Policy attached, generated from the Ad-Hoc Committee approved by HASC. **PASSED 17/0/0**
 - **25-167 HACNA/Grow or Go:** Nominate Danny E for HACNA Chair for the term October 2025 to 2026. **Purpose:** 5th Tradition. **PASSED 17/0/0**
 -
15. New Business:

- **25-168 No Name meeting/The War is Over:** For Taylor F. to Stay in the region room the weekend on November 14th-16th. **Purpose:** To better understand how to carry the message on various levels of service. **PASSED 17/0/0**
- **25-169 Treasurer/Friday Night Candlelight:** To write a check payable to the Florida Region of NA in the amount of \$1,703.58. **Purpose:** To further carry the message. Fund-flow for NA as a whole. **PASSED 17/0/0**
- **25-170 H&I/War is Over:** Pay invoice #12004 to the FLRSO in the amount of \$169.38 for Octobers H&I lit order. **Purpose:** 7th Tradition **PASSED 17/0/0**
- **25-171 Treasurer/Friday Night Candlelight:** To pay reliable printing total \$219.35 via debit for inv # 1194 \$85.60 cards & inv 1234 \$133.75 Mtg Lists october. **Purpose:** 7th tradition **PASSED 17/0/0**
- **25-172 Keep it Simple/The virtual few:** Create a budget to allow the TRC to facilitate zoom/virtual meetings. Projector: \$350.00 Speaker and Microphone: \$130.00 Web Cam \$30.00 Ext Cord \$20.00 Cables \$20.00 Projector Screen: \$40.00 Total \$590+tax +shipping and to allow for price differences since quote in April. Total req budget \$750.00 **Purpose:** 7th Tradition **TO GROUPS**
- **25-173 Get a Grip/The Virtual Few:** Nominate Katie R for the TRC position. To fill the position for a term until regular election in August. **Purpose** 5th concept **TO GROUPS**

● Hello Friends!

I'm Katie R. and I'm being nominated as Technology Resource Coordinator. I be zoomin'.

I've been fulfilling the duties of this position for the last few months.

I have over two years clean

and I have a sponsor who has

● a sponsor. I have an understanding of

running the online meeting and willing to learn more. I have the ability to store and transport the equipment and have a laptop for the position.

Thank you! Love you!

♥ Katie R.

HASC Treasurer's Report for November 9, 2025

Statement ending balance for September
 Outstanding Check total: 0
 Starting balance for last month of October

\$ 6949.50
 - \$ 0
 = \$ 6949.50

INCOME:

Group Donation(s): Cash: 632.41 Cash App: 775.00

Sub-Committee Donation(s): 0

Miscellaneous: 0

TOTAL INCOME:

\$ 1407.41
 + \$ 0
 + \$ 0
 = \$ 8356.91

STARTING BALANCE AND INCOME:

Checks total from last month's motions: checks: 0 debits: 253.33
 Beginning balance for this month of _____

\$ 8356.91
 - \$ 253.33
 = \$ 8103.58

Current checkbook balance:

Current rents and reserves**:

TOTAL AFTER EXPENSES:

MONTHLY OPERATING EXPENSE:

DONATION TO REGION (IF OVER):

\$ 8103.58
 - \$ 4900.00 ←
 = \$ 3203.58
 - \$ (1,500.00)
 = \$ 1703.58

RESERVES AND RENTS:

HASC Prudent Reserve (\$1,500 p/month)

Activities reserve (\$1,400 p/year)

RCM Room reserve (\$375 p/month)

HASC & H&I rents (\$50 p/month - \$600 p/year-pay in June)

Policy rent (\$15 p/month - \$180 p/year-pay in June)

Activities rent (\$5 p/month - \$60 p/year-pay in June)

PR rent (\$10 p/month - \$120 p/year-paid every 6 mths)

TOTAL AMOUNT OF RESERVES AND RENTS**:

General fund (Egypt)

\$ 1500.00
 + \$ 1400.00
 + \$ 750.00
 + \$ 300.00
 + \$ 90.00
 + \$ 30.00
 + \$ 80.00
 = \$ 4150.00
 + 750.00

4900.00 ←

In loving Service,
 Crystal M.



875-10-01-00 61844 U D C 001 30 1 63 001
HASC INC
2222 S COMBEE RD
LAKELAND FL 33801-8004

Your account statement

For 10/31/2025

Contact us



Truist.com



(844) 4TRUIST or
(844) 487-8478

The federal government will stop sending paper checks after September 30, 2025, except in limited cases. Federal benefit payments are required to be made electronically. Switch your federal benefit payments to direct deposit to avoid delays: <https://godirect.gov> or call 800-967-6857 (Mon-Fri, 9 AM-7 PM ET).

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 09/30/2025	\$6,949.50
Checks	- 0.00
Other withdrawals, debits and service charges	- 253.33
Deposits, credits and interest	+ 1,407.41
Your new balance as of 10/31/2025	= \$8,103.58 ✓

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT(\$)
10/06	DEBIT CARD RECURRING PYMT ZOOM.COM 888-799-9 10-03 ZOOM.US CA 0928	33.98 ✓
10/27	DEBIT CARD PURCHASE IN *RELIABLE PRINT 10-17 863-6878500 FL 0928	85.60 ✓
10/27	DEBIT CARD PURCHASE IN *RELIABLE PRINT 10-17 863-6878500 FL 0928	133.75 ✓
Total other withdrawals, debits and service charges		= \$253.33

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT(\$)
10/14	COUNTER DEPOSIT	632.41 ✓
10/31	HASC Cash App ACSY RICHARD ALLAN MORELL	775.00 ✓
Total deposits, credits and interest		= \$1,407.41

Important: Fee Changes. Truist has completed an annual review of wholesale payment services pricing. As of January 1, 2026, fees will change for some treasury and payment services, including changes to depository, payment and select digital services. Additional detail will be available in your next statement.

Treasurer Sign Up Sheet for October 12, 2025

Treasurer Sign Up Sheet for October 12, 2025

[illegible]



October 2025

Cash App
1955 Broadway, Suite 600
Oakland, CA 94612

Hasc
3841 Hill Street
Lakeland, FL 33812

Balance on Oct 1		Change this month		Balance on Oct 31
\$10.00	+	\$18.00	=	\$28.00

Money In

+ \$793.00

Money Out

- \$775.00

Fees

\$0.00

H and I November Report

I. We opened the meeting at 12 o'clock one member read the 12th traditions two member members read two dos and two don'ts to hospitals and institution service.

II. We took rollcall and met quorum.

III. We had a review of the previous month minutes by the secretary and updated the phone list.

IV. Report of expenditures

Literature order \$169.38

Literature year to date: \$747.24

Literature remaining budget \$1052.76

Literature total budget \$1800

V. Open forum

Discussed the ability of members to be able to sponsor facility participants. To be brought up at the regional conference call.

VI. Old Business

Additional meeting at White Sands

VII. New Business/election of new members

No new members or new business

VII. Ended with a serenity prayer

The next meeting will be 12/14/25

942 South Blvd Lakeland fl 33803 hybrid

The doors open at 11:15

Virtual code: 881 9330 0969

Policy Report

11/3/2025 @ 6:45pm

In attendance were Kyle C., Bob C., Scott W., Doug B., and Teresa E. The Serenity Prayer was led by All Members, the 10th Concept was read by Kyle C., and the Purpose of Policy was read by Bob C.

Open Forum: we discussed the Policy Chair role within the open forum portion of HASC.

Old Business: We discussed the remaining assignments for each member with regards to the 3-year revision of Policy. We scheduled 2 additional (virtual) days and times to meet in November which would expedite the revision.

New Business: we discussed getting our Policy to an updated base and how we would articulate to HASC the expectations of updating Policy. This is planned for the first of the year.

Meeting adjourned 7:45pm. Closed with We version of Serenity Prayer

Respectfully submitted,

Kyle C.

Helpline met on October 28 at 6:30. Only 3 people showed up to the meeting. I sent out reminders that morning and still only 3 people showed up. We had 21 calls and 9 were missed however they get called back because their phone numbers are captured on our text messages. I am currently holding 2 days and backup for Sunday. I am not sure if I will be extending my position. In loving service,

Date: 10/21/25

Time: 8:06pm

Open with:

Serenity prayer

Readings: Tradition, Concept, etc.

Roll Call:

April, Secretary
Bob, acting Chair
Donna
Jenna
Maryann

Welcome new members:

- No new members

Open forum:

- Reports on events that we attended this month.
 - We had a table for NA at the Intergalactic Flea market in Auburndale, and had some interesting interactions, supplied business cards, meeting lists, and a Money Matters in NA IP to various visitors to our table.
 - We discussed whether it was a good idea to make Narcan available at our tables when we have tabling events. Bob will be reaching out to the region and world to see what NA's official position is on the matter and the rest of us will review the IP(s) that cover medical interventions such as Narcan. We will continue to discuss this at our next meeting.
 - We also agreed that when we are at an event such as this that we should let the helpline know so that if they receive calls from anyone following up, they have a point of contact to provide to the caller. We did this for the IG Flea market, and it seemed to work fine. Helpline was willing to accommodate our request.
- Donna will create a draft of two one-page flyers for the group to review and approve for distribution
 - One flyer for service changes to provide to the groups at HASC to notify the area of Subcommittee meeting times and details, since some have changed recently.

- One flyer for public information comparing and contrasting the differences of what NA is and what NA is not
- Reports on contacts we made:
 - Brenda had shared a follow-up contact she received from the Supervisor of Behavioral Health Program at BayCare/Winter Haven Hospital. Donna sent a follow-up email to continue this connection. Brenda did as well.
- Reports on materials we distributed: MaryAnn continues to distribute meeting lists and business cards; we are reviewing how many we need to ensure we are being prudent with NA funds.
 - We had some discussion, which is a continuation of the discussion we had about how business cards can help us reduce the cost of meeting lists to the HASC. The business cards are a much lower cost, they stay current for a longer period of time since they direct users to the online resources, which are updated in real time, and they provide 2 alternatives for individuals who do not have access to reliable internet. MaryAnn shared that the facilities she provides meeting lists to find the meeting list as a better option for their purposes.
 - We also discussed asking the groups to return unused meeting lists so that we can repurpose them to facilities. Donna will bring this up at HASC in November.

Old Business:

- No old business was discussed

New Business:

- Upcoming events that we want to do:
 - Individual members of the PR subcommittee will be at HACNA but we are not prepared to have a table this year, we will plan on having tables at future NA gatherings.
- Upcoming contacts we can make: TBD
- Upcoming materials we plan to distribute: TBD
- Nominations to fill vacancies: Chair, Vice Chair, etc.
 - Donna will be submitting her formal motion to volunteer to fill the chair vacancy in December to begin serving in January if the HASC votes in favor of her nomination. This will create a web servant vacancy that Donna will provide her contingency plan with her Qualifications.
 - Jenna will be submitting her motion to volunteer to fill the vacancy for the Vice-chair position at the same time.

Closed with:

Serenity prayer

Next meeting date: November 18th, 8pm Hybrid Zoom/In person

Activities Nov. 2025

We did not meet this month. Our next event will be the New Years eve bonfire.

Sorry I could not be there in person.

I would like to announce that I will be stepping down from activities chair, I have been in this position for 2 years and in spirit of rotation Carly will be putting in her nomination for chair next month, while I will be putting in my nomination for Alt. Secretary.

In Loving Service

Ashley F

October HACNA Report, November HASC 2025

First of all, we want to congratulate the Heartland Area on an incredible convention! Yes, a committee coordinated and organized it but this is our area, this is our fellowship, and this was our convention. Thank you all!

Our convention was held from Friday, October 24th through Sunday, October 26th at the Springhill Suites by Marriott in downtown Lakeland, Florida. Below is a detailed inventory of total profits and losses from the convention and preceding year as well as total registrations.

Full Weekend Registrations: 97(\$4,680)	Hotel: \$6,602.98
One Day Registrations: 80(\$2,240)	Hospitality Room: \$1,055.24
Total Registrations: 177	Programming: \$1,363.23
Newcomer Donations: 22(\$330)	Registration/Merch: \$3,811.49
T-Shirts: 101(\$2,185)	Website/Square Fees: \$494.88
Coffee Mugs: 36(\$340)	Member reimbursement/rent: \$891.87
Speaker Recording Sales: 42(\$396)	Total: \$14,219.69
Merchandise Vendor Cut %: \$200	
HACNA XVIII Banner Auction: \$350	
H&E Donations from Convention: \$76.11	
H&E Fundraisers: \$4,383.28	
Total: \$15,180.39	

\$960.70 is our total profit from start to finish, not including the seed money we began this 2 year process with from the last convention.

Our current bank balance and seed money as of 11/9/25 is \$4,545.97 plus \$300 we keep in the cash box for change at events.

There were **190** total attendees and **34** newcomers in attendance. We had 3 different treatment centers and multiple recovery houses attend as well. We gave away basic texts to every newcomer and the message of Narcotics Anonymous was carried loud and clear.

Thank you again to any and everyone who has supported or helped in anyway to put this convention on or be of service to this endeavor.

Please feel free to share with us your experience of the convention and express what you liked and what you didn't like!

Our next steering committee meeting will be **Saturday, November 22nd at 1030am at 1313 E Main St, Lakeland, FL 33801** and we will be electing members for service within the subcommittee at this meeting. If you want to be a part of HACNA, we'll see you there!

GRS COORDINATOR REPORT FOR NOVEMBER 9TH HASC MEETING

Good afternoon to all the new GSR's and returning GSR's I want to thank you for your service to the newcomer, your homegroup and to this Area service body. All that we do here today is to fulfill our primary purpose which is to carry this message to the addict who still suffers.

Today I would like to focus on Service within the NA program, mainly on how we can attract others to be inspired to get involved. One of the ways I have found is to stay positive when talking about service and always keep the focus on myself and how service has helped my recovery in all the areas of my life. Sometimes we may not realize where service has changed us. I know for myself it has helped me be a much better employee. I have been able to at more times than not let go of my way or the highway "mentality and learn to be more of a team player. Just the idea of wanting to be of service to others is one of the biggest gifts of getting involved. Also, when I am involved in service, I feel a part of something. I am sure we could all think of the many ways in which service has enhanced our lives and the lives of others, in and out of the rooms. When we are talking about Area or other positions that need help, we may want to consider focusing on these areas so to let others know what they can expect to gain from giving back to this wonderful program. I believe when I share these gifts that I have received by doing service work for this fellowship I am spreading hope.

I have also learned that if I am unhappy with the way I think a service position is being done, I best not criticize that person or group of people unless I am willing to step up to help. I am either part of the problem or part of the solution. Also, I know that this program is not a you and them but a **we** program. One of the best parts of the NA program is that we do not have anyone who governs us but with this comes the responsibility of us all to do our part to the best of our abilities.

(continued)

This is a paragraph in the introduction to **THE GUIDE TO LOCAL SERVICE:**

There is only one requirement for NA membership, "a desire to stop using," but there are many benefits. One of these benefits is the privilege of service. We who have the disease of addiction spent years of our lives locked up in ourselves. We were cut off from the warmth and fellowship of other human beings; our lives revolved almost exclusively around "getting and using and finding ways and means to get more." The love that connects one person to another to the next, the selfless service that feeds and houses and clothes and warms and nurtures humankind-of that love, of that selfless service we had no part. That's why it's such a privilege in our recovery to be able to serve others, for we come to know ourselves only in looking beyond ourselves and we keep what we have only by giving it away. By empathizing with other members, by learning to appreciate their needs, by placing them ahead of our own-by these things we learn to love others, and in so doing we learn to love ourselves. The service we do in our recovery is many things. We take a more active role in our everyday lives, serving others as better friends, better family members, better workers, and better citizens. When we find an NA meeting where we feel at home and NA friends with whom we identify, we've found a home group, a base for our own recovery and a place where we can serve other addicts by sharing our recovery with them. The time, the experience, the empathy we offer others in our home group we extend even further to those we serve in NA sponsorship. All these ways of serving others demonstrate the spiritual awakening of our Twelfth Step, evidenced in our efforts "to carry this message to addicts and to practice these principles in all our affairs." This guidebook describes additional ways recovering addicts can be of service in Narcotics Anonymous. Our hope is that A Guide to Local Services in NA will serve as a portal to new paths of service for many, many NA members.

In loving service, Michele L. My Contact information is on the contact list with the minutes. Email: stellaml78@yahoo.com Please contact me with any questions or concerns.

I will not be present for the Area meeting in Dec. I will send a report to the Secretary.

I presently have on hand: [Heartland Area Service Committee Policy and Procedure Packet, Guide to Local Service and Group](#)

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