

HASC December 14th, 2025

PLEASE ANNOUNCE AT MEETINGS:

January HASC MEETS January 11th @ 1:30 Success House 943 South Blvd. Lakeland FL 33803 Zoom

ID: 886 6429 1453

(Narcotics Anonymous is not affiliated with Zoom)

THE FOLLOWING POSITIONS ARE VACANT OR COMING VACANT IN JUNE ALT.

SECRETARY, LIBRARIAN, ALT. LIBRARIAN, P.R. CHAIR.

GROUP FEELINGS AND ANNIVERSARIES

- **No Name Meeting:** Terry S shares on 13 years 12/29
- **Chosen Few:** Will R shares on 3 years 1/14
- **Weekend Wind Down:** Brian R shares on 1 year 12/28/25

Activities for January:

New Years Bonfire 12/31

3 Motions to Groups

AGENDA FOR HASC MEETING January 2025

- Open Serenity Prayer or Third Step Prayer:
- Monthly readings: 12 Traditions & 2nd Concept:
- **Request for new members and/or groups.**
- Open Forum
- Roll call ___ of 19 groups present.
- Secretary's report:
- Treasurer's report:
- Librarian's report:
- RCM report:
- Subcommittee reports:
 - H & I
 - Policy
 - Helpline
 - Public Relations
 - Activities
 - HACNA
 - FRCNA
 - Outreach
- GSR Coordinator Report
- Break
- Roll call ___ of 19 groups present:
- GSR Reports:
- Old business:
 - **25-178 The War is Over/Just for Today:** Nominate Cheryl B as Alternate Treasurer for HASC. Qualifications attached. **Purpose:** To Fulfill position. Tradition 8. **TO GROUPS**
 - **25-179 Dopeless Hope Spot/The War is Over:** Nominate Ashley F for Alternate Secretary. **Purpose:** Spirit of Rotation. 9th Concept. **TO GROUPS**
 - **25-180 Activities/Friday Night Candlelight:** Nominate Carly as Activities Chair. **Purpose:** Spirit of Rotation. **TO GROUPS**
- New business:
- Request for New Membership to HASC
- Review of business of the day by Secretary.
- Closing prayer.

Motion 25-181 will be the starting motion in January 2025

HASC MEETING December 14th, 2025

- Open meeting with the Serenity Prayer at 1:30 PM.
- Monthly readings: James read the 12 Traditions. Billy read Concept 12.
- **Request for new members and/or groups.**
- Open Forum: Open forum started at 1:40pm PM and ended at 1:43PM.
 - Merle new alternate GSR for clean break at noon is Roy C
 - JAN 12 new meeting in winterhaven on mondays and wednesdays from 9am to 10:30. Flyer attached.
- Roll Call: 15 of 19 groups present.
- Secretary's Report: Read and accepted.
- Treasurer's Report: Read and accepted.
- Librarian Report: No report given. Position is vacant.
- RCM Report: Read and accepted.
- Subcommittee reports:
 - H & I - Read and accepted.
 - Policy – Read and accepted.
 - Helpline – Read and accepted.
 - Public Relations- Read and accepted.
 - Activities - Read and accepted.
 - HACNA – Read and accepted.
 - FRCNAC – Read and accepted.
 - Outreach – Read and accepted
- Break: 2:49 to 3:05
- Roll call 15 of 19 groups present.
- GSR reports – Read.
- Old Business:
 - **25-172 Keep it Simple/The virtual few:** Create a budget to allow the TRC to facilitate zoom/virtual meetings. Projector: \$350.00 Speaker and Microphone: \$130.00 Web Cam \$30.00 Ext Cord \$20.00 Cables \$20.00 Projector Screen: \$40.00 Total \$590+tax +shipping and to allow for price differences since quote in April. Total req budget \$750.00
Purpose: 7th Tradition **PASSED 12/1/2**
 - **25-173 Get a Grip/The Virtual Few:** Nominate Katie R for the TRC position. To fill the position for a term until regular election in August. **Purpose** 5th concept **PASSED 12/1/2**
- New Business:
 - **25-174 No Name Meeting/Virtual Few:** For Taylor F. to stay in the Woman's room for Region. **Purpose:** To gain experience of higher levels of service. **PASSED 15/0/0**
 - **25-175 Treasurer/Just for Today:** To Pay Reliable Printing \$294.25 for inv 1251 Nov. Mtg lists(500) and inv 1271 Dec mtg lists (600). Already paid via Debit. Invoices and receipts attached. **Purpose:** 7th Tradition. **PASSED 15/0/0**
 - **25-176 H&I/No Name Meeting:** To pay invoice # 12383 in the amount of \$146.59 to the FLRSO for Decembers Literature Order. **Purpose:** 7th Tradition **PASSED 15/0/0**
 - **25-177 Activities/Friday Night Candlelight:** Activities is motioning for \$200 for food and plates for New Years Eve Campfire. **Purpose:** 7th Tradition **PASSED 15/0/0**

- **25-178 The War is Over/Just for Today:** Nominate Cheryl B as Alternate Treasurer for HASC. Qualifications attached. **Purpose:** To Fulfill position. Tradition 8. **TO GROUPS**
- **25-179 Dopeless Hope Spot/The War is Over:** Nominate Ashley F for Alternate Secretary. **Purpose:** Spirit of Rotation. 9th Concept. **TO GROUPS**
- **25-180 Activities/Friday Night Candlelight:** Nominate Carly as Activities Chair. **Purpose:** Spirit of Rotation. **TO GROUPS**

My name is Cheryl B. and I am an addict. My clean date is March 7, 2014. I have a sponsor who has a sponsor, and we all believe in and work the 12 steps and 12 traditions of Narcotics Anonymous. I moved to the Heartland area from the greater Orlando area in 2020 and have been an active member of my homegroup, Solutions, ever since. I have completed the following service positions in my homegroup: GSR, Treasurer, and supplies. I have never stolen NA funds and I have the willingness to serve as the Heartland Area's Alternate Treasurer for the next year with the expectation to serve as the Treasurer thereafter. For these reasons I believe I am qualified to be the Heartland Area's Alternate Treasurer.

THANK YOU.

-Cheryl B.

My name is Ashley and I am an addict,

My clean date is 11/14/2019 I have 6 yrs clean

I am the operation manager for an office, I am the secretary of my home group and I can be organized!

I can work closely with the secretary, so I can help in always needed for the position.

I have a working knowledge of the 12 steps and the 12 traditions, and knowledge of the Heartland ASC Policy. I have a sponsor that has a sponsor and so on.

I have been involved in NA service at the homegroup level since I got clean and in Area service for at least 5 years.

In Loving Service,

Ashley F.

Carly C for Activities Chair Qualifications

I have a sponsor who has a sponsor. I am step 4 out of the 12 steps. I was the GSR for the Dopeless Hope Spot for a full term. I have never quit a commitment in NA without fulfilling my term. I have been in activities for a year and a half and am actively the vice chair. I have no fraud or theft charges. I also have the willingness.

Thank you for allowing me to attend Region the weekend of 11-14 through 11-16. Being as I don't have a service commitment there, I am grateful to be able to go and be apart of the fellowship development and participate.

There was one topic brought to the floor by Spacecoast that caught my attention. It was GSR's not doing there job. Whether they don't exactly know how to by lack of experience or just not efficiently. Being as I am the GSR for the No Name Meeting, it grabbed my attention to want to learn more about my service commitment and to make sure I am doing what I am suppose to be and to be open on how I can be better.

Thank you for allowing me to be apart of Region and I hope I can continue attending because it's a great experience and I get a lot out of it.

In loving Service,
Taylor F.

HASC Treasurer's Report for December 14, 2026

Statement ending balance for October
 Outstanding Check total: 0
 Starting balance for last month of November

\$ 8103.58
\$ 0
\$ 8103.58

INCOME:

Group Donation(s): Cash: 553.30 Cash App: 358.45
 Sub-Committee Donation(s): 0
 Miscellaneous: 0
 TOTAL INCOME:

\$ 911.65
\$ 0
\$ 0
\$ 911.65

STARTING BALANCE AND INCOME:

Checks total from last month's motions: checks: 1,872.96 debits: 688.46
 Beginning balance for this month of December

\$ 9015.23
\$ 2,561.42
\$ 6,453.81

Current checkbook balance:

\$ 6,453.81
\$ 4,105.00
\$ 1,848.81
\$ (1,500.00)
\$ 348.81

Current rents and reserves**:

TOTAL AFTER EXPENSES:

MONTHLY OPERATING EXPENSE:

DONATION TO REGION (IF OVER):

RESERVES AND RENTS:

HASC Prudent Reserve (\$1,500 p/month)
 Activities reserve (\$1,400 p/year)
 RCM Room reserve (\$375 p/month)
 HASC & H&I rents (\$50 p/month - \$600 p/year-pay in June)
 Policy rent (\$15 p/month - \$180 p/year-pay in June)
 Activities rent (\$5 p/month - \$60 p/year-pay in June)
 PR rent (\$10 p/month - \$120 p/year-paid every 6 mths)
 TOTAL AMOUNT OF RESERVES AND RENTS**:

\$ 1,500.00
\$ 1,400.00
\$ 375.00
\$ 350.00
\$ 105.00
\$ 35.00
\$ 90.00
\$ 3,855.00

General fund (Expt) + 750.00
4,605.00



85310-01-00 61844 U 0 C 001 30 T 63 001
HASC INC
2222 S COMBEE RD
LAKELAND FL 33801-8004

Your account statement For 11/28/2025

Contact us



(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 10/31/2025	\$8,103.58
Checks	- 1,872.96
Other withdrawals, debits and service charges	- 688.46
Deposits, credits and interest	+ 911.65
Your new balance as of 11/28/2025	= \$6,453.81 ✓

Checks

DATE	CHECK #	AMOUNT(\$)
11/17	1007	169.38 ✓
11/20	1008	1,703.58 ✓
Total checks		= \$ 1,872.96

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT(\$)
11/04	DEBIT CARD RECURRING PYMT ZOOM.COM 888-799-911-03 ZOOM.US CA 0928	33.98 ✓
11/18	DEBIT CARD PURCHASE ROSEN HOTELS CENTR 11-16 ORLANDO FL 0928	327.24 ✓
11/18	DEBIT CARD PURCHASE ROSEN HOTELS CENTR 11-16 ORLANDO FL 0928	327.24 ✓
Total other withdrawals, debits and service charges		= \$688.46

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT(\$)
11/10	COUNTER DEPOSIT	553.20 ✓
11/28	HASC Cash App 7X6K RICHARD ALLAN MORELL	358.45 ✓
Total deposits, credits and interest		= \$911.65

Important: Fee Changes. Truist has completed an annual review of wholesale payment services pricing. As of January 1, 2026, fees will change for some treasury and payment services, including changes to depository, payment and select digital services. Visit www.truist.com/pricingchanges for a full list of impacted services.

Treasurer Sign Up Sheet for

November 9, 2005



November 2025

Cash App
1955 Broadway, Suite 600
Oakland, CA 94612

Hasc
3841 Hill Street
Lakeland, FL 33812

Balance on Nov 1

\$28.00

Change this month

\$30.00

Balance on Nov 30

\$58.00

Money In

+ \$388.45

Money Out

- \$358.45

Fees

\$0.00

H and I December Report

I. We opened the meeting at 12 o'clock one member read the 12th traditions two member members read two dos and two don'ts to hospitals and institution service.

II. We took rollcall and met quorum.

III. We had a review of the previous month minutes by the secretary and updated the phone list.

IV. Report of expenditures

Literature order \$146.59

Literature year to date: \$893.83

Literature remaining budget \$906.17

Literature total budget \$1800

V. Open forum

Secretary's term ending next month. We reviewed secretary's duties and requirements.

Share at meetings that H and I needs trusted servants

Jail orientation and the process to reserve seats for H and I members was reviewed

A member of H and I stated the Polk County drug court desires a meeting to be brought in

A member of H and I requested a copy of the H and I procedures (process to obtain paper copy via RSO explained and digital link sent by H and I

VI. Facility reports

28 meetings were held by H and I last month

VI. Old Business

No contact was made from Banyan to H and I chair, pending communication with H and I member

VII. New Business/election of new members

2 new members voted in and 2 new panel leaders were voted in

Alt secretary voted in to be acclimated into the position by current secretary

Chair received contact info from possible request for meeting for drug court

VII. Ended with a serenity prayer

The next meeting will be 1/11/26

942 South Blvd Lakeland fl 33803 hybrid

The doors open at 11:15

Virtual code: 881 9330 0969

Policy Report

12/1/2025 @ 6:45pm

In attendance (virtually) were Kyle C., Scott W., Doug B., and Teresa E. The Serenity Prayer was led by All Members, the 12th Concept was read by Doug B., and the Purpose of Policy was read by Kyle C. Bob C. eventually logged in.

Open Forum: We discussed the Starter Kit, it's approved inclusion into the Policy Packet, and how to properly place and format. We also discussed the Technology Resource Coordinator (TRC), it's approved inclusion into the Policy Packet, and how to properly place and format.

New Business: We manually input Starter Kit information into Policy (track notes). We made notation of where to input the TRC policy information within Policy Packet. Doug B. offered to clean up the typed, marked, and handwritten, uploaded within the October HASC minutes. He offered to send it to our secretary to be added to the Policy (track notes) after our subcommittee meeting.

Meeting adjourned 8:00pm. Closed with We version of Serenity Prayer

Respectfully submitted,

Kyle C.

HELPLINE REPORT

We opened meeting with serenity prayer read purpose. 5 attendees one new attending 1st meeting will added on next meeting.....discussed getting orientation package and community numbers off gmail drive or having everyone have access., and updating 12 step list, closed with 3rd step

I'll try and make it not sure yet....

We had 18 calls, 75 meeting SMS lookups, and 36 meeting lookups.

Next meeting is December 23 on zoom. We will be discussing meeting in person starting in February.

In loving service,

Donna Mannarelli

Date: 11/18/25

Time: 8:06pm

Open with:

3rd Step prayer

Readings: Tradition, Concept, etc.

Roll Call:

April, Secretary
Bob, acting Chair
Donna
Mary Ann

Welcome new members:

- No new members

Open forum:

- Reports on events that we attended this month.
 - No events this month
- Donna created a draft of a one page flyers for the group to review and approve for distribution
 - One flyer for public information comparing and contrasting the differences of what NA is and what NA is not
- Reports on contacts we made:
 - No new contacts made
- Reports on materials we distributed:
 - MaryAnn continues to distribute meeting lists and business cards, we are reviewing how many we need to ensure we are being prudent with NA funds.
 - We had some discussion which is a continuation of the discussion we have had about how business cards can help us reduce the cost of meeting lists to the HASC. The business cards are a much lower cost, they stay current for a longer period of time since they direct users to the online resources which are updated in real time and they provide 2 alternatives for individuals who do not have access to reliable internet. MaryAnn shared that the facilities she provides meeting lists to do find the meeting list as a better option for their purposes.

- We also discussed asking the groups to return unused meeting lists so that we can repurpose them to facilities. Donna will bring this up at HASC in December.

Old Business:

- Old business discussion focused on our findings on the possibility of whether we should consider having Narcan at our table when we attend tabling events. Our group conscience was not to pursue it for a variety of reasons including but not limited to:
 - Being prudent with NA funds and declining outside contributions (not accepting it as a donation or purchasing it)
 - NA is a program of complete abstinence and distributing Narcan might be construed as a departure from that core principle.
 - NA has no opinion on outside issues
 - Providing any medication to assist with substance use disorders/addiction however well-intentioned is better left to the professionals and NA shall remain forever non professional

New Business:

- Upcoming events that we want to do: TBD
- Upcoming contacts we can make: TBD
- Upcoming materials we plan to distribute: TBD
- Nominations to fill vacancies: Chair, Vice Chair, etc.
 - Donna will be submitting her formal motion to volunteer to fill the chair vacancy in December to begin serving in January if the HASC votes in favor of her nomination. This will create a web servant vacancy that Donna will provide her contingency plan with her Qualifications.
 - Jenna will be submitting her motion to volunteer to fill the vacancy for the Vice-chair position at the same time.

Closed with:

Serenity prayer

Next meeting date: December 16th, 8pm Hybrid Zoom/In person

December Activities minutes

Open meeting @ 6:35pm

Dianna T read the traditions

Attendees: Kimberly, Dianna, Brenda, Ashley, Billy, Kendra, Carly (by phone), Tara, Wade

OPEN FORUM

Carly will be able to go to Area, she will have her qualifications with her to present to Area

NYE, bonfire at James and Ashley's house, old location is no longer an option

6:30-10:30

Meeting at 7:30-8:30, speaker meeting from 9-10

Taylor F, Mark K are the members we will ask to speak

We will serve hot dogs, sausages, chips, drinks, hot chocolate

Ashley will make a flyer

We may need plates and cups for the NYE event, will motion for \$200 for food and supplies

Peace River camping- lots of fun, Ashley wants the camping to continue after she leaves the chair position

Vern made a sign to put on the side of the road to direct traffic towards events

Event ideas: roller skating

Close meeting @7:24

November HACNA Report, December HASC 2025

The steering committee met on Saturday, November 22nd at 1030am at 1313 E Main St, Lakeland, FL. This was our first steering committee meeting following the convention which enabled any NA member who attended to instantly become a voting member. This was also our formative meeting where members were nominated and elected for host committee chairs and executive committee members within the steering committee.

Brandy H. retained her position as Vice Chair

Howard W. stepped down as H&E Chair

Adrienne C. was nominated and elected to be H&E Chair

Casey W. stepped down as Secretary and was nominated and elected to Merchandise Chair

Melissa P. retained her position as Programming Chair

Scott W. retained his position as Treasurer

At this meeting we decided to separate Programming and Registration back into two host committees and combine Recording and Merchandise together.

We decided to put a questionnaire out to get a pulse on the fellowship's experience at the convention and to assist us with next convention's theme. Below is a link for the questionnaire. Give us your theme ideas!

[HACNA 18 Questionnaire!](#)

We are aiming to have our first fundraiser in February coordinating with Activities to avoid scheduling conflicts.

We discussed what to do with the profit from HACNA 18 and decided to put it towards our next convention.

The current HACNA bank balance as of 12/14/25 is: **\$4,552.04**

Bank Statement attached

Our next steering committee meeting will be **Saturday, December 20th at 1030am at 1313 E Main St, Lakeland, FL 33801**

■ TRUIST SIMPLE BUSINESS CHECKING 1

Account summary

Your previous balance as of 10/31/2025	\$4,874.74
Checks	- 338.77
Other withdrawals, debits and service charges	- 3.93
Deposits, credits and interest	+ 20.00
Your new balance as of 11/28/2025	= \$4,552.04

Checks

DATE	CHECK #	AMOUNT (\$)
11/03	161	338.77
Total checks		= \$ 338.77

BONFIRE

Road Trip Meeting

Friday Night Fire

300 Medical center way

07 *Sebring FL 33870*

Nov

08

Pm

Go through “Do Not Enter’ sign
on entering grove





NEW NARCOTICS ANONYMOUS MEETING

MISSION POSSIBLE



Location:

The Mission of Winter Haven
180 E. Central Ave.
Winter Haven, Florida



Days & Times:

Mondays and Wednesdays
9:00 AM – 10:30 AM



Start Date:

January 12, 2026



Online Access:

Meeting ID: 436 495 1567

Passcode: NAI0U1

- Open discussion format
- Non-smoking facility
- The building is wheelchair accessible,
but the meeting room on the 2nd floor is not
- Hybrid meeting

"Mission Possible – Recovery is Possible"

2025	Heartland Area Roll Call	2025		2025		2025		2025		2025		2025		2025		2025		2025	
		Jan	February	March	April	May	June	July	August	Sept	Oct	Nov	Dec						
1	Area Chair	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
2	Area Vice Chair	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
3	Secretary	V	V	1	1	1	1	1	0	0	1	1	1	1	1	0	0	1	1
4	Alt. Secretary	1	1	1	1	0	0	1	1	1	1	1	1	V	V	V	v	v	v
5	Treasurer	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0
6	Alt. Treasurer	V	V	1	1	1	1	1	0	0	0	0	1	1	1	0	0	1	1
7	Librarian	V	V	v	v	v	v	v	v	v	v	v	v	V	V	V	v	v	v
8	Alt. Librarian	V	V	v	v	v	v	v	v	v	v	v	v	V	V	V	v	v	v
9	RCM	1	1	1	1	1	1	1	1	1	1	1	1	1	0	0	0	1	1
10	RCM Alternate	1	1	1	0	1	1	1	1	1	1	1	1	1	1	1	0	1	1
11	H & I	1	0	1	0	1	1	1	1	1	1	0	1	0	1	1	1	1	1
12	Helpline	V	V	1	1	1	1	1	0	0	1	0	1	1	1	1	1	0	1
13	Activities	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
14	Policy	1	1	1	1	1	1	1	0	0	1	1	1	1	0	0	1	1	1
15	PR	V	V	v	v	v	1	1	0	0	1	1	0	0	0	0	V	V	1
16	HACNA	1	1	1	1	1	1	1	1	1	1	1	1	1	0	1	1	1	0
17	GSR Coordinator	1	1	1	1	1	1	1	0	1	1	1	1	1	1	1	1	1	0
20	Out Reach	1	1	1	1	1	1	1	1	1	0	0	0	0	1	0	0	0	1
21	FRCNASC	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
1	Asking for Recovery	1	1	1	1	1	1	0	1	1	0	1	1	1	1	1	1	1	0
2	Clean Break @ Noon	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
3	Dopeless Hope Spot	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
5	Friday Night Candlelight	1	1	1	1	1	1	1	1	1	1	1	1	1	0	0	1	1	1
6	Get A Grip	1	1	1	1	1	1	1	1	0	0	1	1	1	1	0	1	1	0
7	Grow Or Go	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
8	Just for Thursdays	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0	1	1
9	Just for Today	1	1	1	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1
10	Keep it Simple	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
11	Living Free	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0
12	No Name Meeting	1	1	1	1	1	1	1	1	1	0	1	1	1	1	1	1	1	1
14	Recovery In The Hills	1	1	1	1	1	1	1	0	1	1	1	1	1	1	1	0	1	1
16	Show Me Don't Tell ME	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1
17	Take it Easy	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1	0
18	The Chosen Few	1	1	1	1	1	0	1	1	1	0	0	0	1	0	0	1	1	0
19	The TiesThat Bind Us	1	0	1	1	1	0	1	1	0	0	1	1	1	1	1	1	1	0
20	The Virtual Few	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
21	The War is Over	1	1	1	1	1	1	1	1	1	0	0	1	1	1	0	0	1	1
22	Weekend Winddown	1	1	1	1	1	1	1	1	1	0	1	0	1	1	1	1	1	1
TOTAL GROUPS		18	16	17	17	18	16	16	16	13	17	16	19	19	18	16	17	17	15
1 PRESENT 0 ABSENT V VACANT																			
Quorum																			