

HASC February 8th, 2026

PLEASE ANNOUNCE AT MEETINGS:

***March HASC MEETS March 8th @ 1:30 Success House 943 South Blvd. Lakeland FL 33803 Zoom ID:
886 6429 1453***

(Narcotics Anonymous is not affiliated with Zoom)

THE FOLLOWING POSITIONS ARE VACANT OR COMING VACANT IN JUNE

LIBRARIAN, ALT. LIBRARIAN,

GROUP FEELINGS AND ANNIVERSARIES

- All announced anniversaries passed by the time i got these minutes out

Activities for March:

Sunset Meeting 3/22 @7pm

Take your sponsor to Breakfast 5/16

Beach trip June

Motions to Groups 0

AGENDA FOR HASC MEETING March 8th 2026

- Open Serenity Prayer or Third Step Prayer:
- Monthly readings: 12 Traditions & 2nd Concept:
- **Request for new members and/or groups.**
- Open Forum
- Roll call ___ of 18 groups present.
- Secretary's report:
- Treasurer's report:
- Librarian's report:
- RCM report:
- Subcommittee reports:
 - H & I
 - Policy
 - Helpline
 - Public Relations
 - Activities
 - HACNA
 - FRCNA
 - Outreach
- GSR Coordinator Report
- Break
- Roll call ___ of 18 groups present:
- GSR Reports:
- Old business:
- New business:
- Request for New Membership to HASC
- Review of business of the day by Secretary.
- Closing prayer.

Motion 26-13 will be the starting motion in March 2026

HASC MEETING February 8th, 2026

- Open meeting with the Serenity Prayer at 1:31 PM.
- Monthly readings: Lauren read the 12 Traditions. Reggie W read Concept 2.
- **Request for new members and/or groups.**
- Open Forum: Open forum started at 1:40pm PM and ended at 1:50PM.
 - Beacon hill fellowship hall meetings starting to meet back in regular meeting place this week.
 - I missed the rest of open forum due to addressing contact information with other members
- Roll Call: 14 of 18 groups present.
- Secretary's Report: Read and accepted.
- Treasurer's Report: Read and accepted.
- Librarian Report: No report given. Position is vacant.
- RCM Report: Read and accepted.
- Subcommittee reports:
 - H & I - Read and accepted.
 - Policy – Read and accepted.
 - Helpline – Read and accepted.
 - Public Relations- Read and accepted.
 - Activities - Read and accepted.
 - HACNA – Read and accepted.
 - FRCNAC – Read and accepted.
 - Outreach – Absent
 - GSR Coordinator- Read and accepted
- Break: 2:22 to 2:30
- Roll call 1 of 18 groups present.
- GSR reports – Read.
- Old Business:
 - **26-05 The War is Over/Just for Today:** To nominate Crystal M to serve as HASC Treasurer for another term. **Purpose:** To be consistent and to fulfill our obligations and fiscal Responsibilities. **14/0/0 PASSED**
 - **26-06 Just for Today/Asking for Recovery:** Donna W nomination for PR/PI Chair. Qualifications will be in the minutes and have been emailed to HASC Secretary. **Purpose:** To Fill a vacant position and serve HASC. **14/0/0 PASSED**
- New Business:
 - **26-07 Friday night Candlelight/Dopeless Hope Spot:** To pay for H&I Literature for the bill dated 2/3/26, invoice no.12752 from the Florida Regional Service office. The total amount is 138.24 **Purpose:** Tradition 5 & 9 **PASSED**
 - **26-08 Treasurer/Clean Break at Noon:** To pay RSO \$100.00 for inv 12652 for tax prep. Needed to stay under RSO umbrella for taxes & insurance related to HASC inc. **Purpose:** 7th Tradition **PASSED**
 - **26-09 Treasurer/Friday Night Candlelight:** To pay Reliable Printing via Debit: \$160.50 for Feb mtg lists (count 600) invoice 1309 **Purpose:** 7th Tradition **PASSED**

- **26-10 Treasurer/Friday Night Candlelight:** To pay Reliable Printing via Debit: \$214.24 for 8 car reports and 5 policy packs. Invoice 1276. **Purpose:** 7th Tradition **PASSED**
- **26-11 GSR Coordinator/Take it Easy:** Motion to pay the RSO in the amount of \$18.40 for literature provided to new GSR's at the area service. **Purpose:** 3rd and 7th Tradition **PASSED**
- **26-12 Just for Thursday/Clean Break at Noon:** Taylor F from Face to Face to attend RSC. **Purpose:** Further Learn of function and purpose of NA Structure. **PASSED**

HASC Treasurer's Report for February 8, 2026

Statement ending balance for December 25 \$ 7,147.97
 Outstanding Check total: 0 - \$ 0.
 Starting balance for last month of January 26 = \$ 7,147.97

INCOME:

Group Donation(s): Cash: \$402.77 Cash App: 321.21 \$ 723.98
 Sub-Committee Donation(s): 0 + \$ 0.
 Miscellaneous: 0 + \$ 0.
 TOTAL INCOME: = \$ 7871.95

STARTING BALANCE AND INCOME:

Checks total from last month's motions: checks: 1241.³¹ debits: 871.⁶⁸ - \$ 2085.99
 Beginning balance for this month of --- = \$ 5,785.96

Current checkbook balance: \$ 5,785.96
 Current rents and reserves**: - \$ 4,312.00 ←
 TOTAL AFTER EXPENSES: = \$ 1,473.96
 MONTHLY OPERATING EXPENSE: - \$ (1,500.00)
 DONATION TO REGION (IF OVER): = \$ (26.04)

RESERVES AND RENTS:

HASC Prudent Reserve (\$1,500 p/month) \$ 1,500.00
 Activities reserve (\$1,400 p/year) + \$ 947.00
 RCM Room reserve (\$375 p/month) + \$ 375.00
 HASC & H&I rents (\$50 p/month - \$600 p/year-pay in June) + \$ 450.00
 Policy rent (\$15 p/month - \$180 p/year-pay in June) + \$ 135.00
 Activities rent (\$5 p/month - \$60 p/year-pay in June) + \$ 45.00
 PR rent (\$10 p/month - \$120 p/year-paid every 6 mths) + \$ 110.00
 TOTAL AMOUNT OF RESERVES AND RENTS**: = \$ 3562.00
 Equipt-funds → + 750.00
4312.00 ←



075-10-01-00 61844 U O C 001 30 T 63 001
HASC INC
2222 S COMBEE RD
LAKELAND FL 33801-8004

Your account statement

For 01/30/2026

Contact us



Truist.com



(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 12/31/2025	\$7,147.97
Checks	- 1,214.31
Other withdrawals, debits and service charges	- 871.68
Deposits, credits and interest	+ 723.98
Your new balance as of 01/30/2026	= \$5,785.96 ✓

Checks

DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)
01/20	1011	740.97 ✓	01/14	1012	173.34 ✓	01/12	1013	300.00 ✓
Total checks								= \$1,214.31

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT(\$)
01/06	DEBIT CARD RECURRING PYMT ZOOM.COM 888-799-9 01-05 ZOOM.US CA 0928	33.98 ✓
01/13	DEBIT CARD PURCHASE IN *RELIABLE PRINT 01-12 863-6878500 FL 0928	160.50 ✓
01/20	DEBIT CARD PURCHASE ROSEN HOTELS CENTR 01-18 ORLANDO FL 0928	338.60 ✓
01/20	DEBIT CARD PURCHASE ROSEN HOTELS CENTR 01-18 ORLANDO FL 0928	338.60 ✓
Total other withdrawals, debits and service charges		= \$871.68

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT(\$)
01/12	COUNTER DEPOSIT	402.77 ✓
01/30	HASC Cash App V63B RICHARD ALLAN MORELL	321.21 ✓
Total deposits, credits and interest		= \$723.98



January 2026

Cash App
1955 Broadway, Suite 600
Oakland, CA 94612

Hasc
3841 Hill Street
Lakeland, FL 33812

Balance on Jan 1		Change this month		Balance on Jan 31
\$14.00	-	\$0.00	=	\$14.00

Money In		+ \$321.21
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Money Out		- \$321.21
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Fees		\$0.00
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H and I February Report

I. We opened the meeting at 12:02 one member read the 12th traditions two member members read two dos and two don'ts to hospitals and institution service.

II. We took rollcall and met quorum.

III. We had a review of the previous month minutes by the secretary and updated the phone list.

IV. Report of expenditures

Literature order \$138.24

Literature year to date: \$1205.41

Literature remaining budget \$594.49

Literature total budget \$1800

V. Open forum

H and I chair shared that White Sands meeting is being brought in by Funcoast. There is a contact that is willing to coordinate Sunday evenings if the group would like to.

A. A member requested clarification of whether or not H and I has regional boundaries. The H and I chair reviewed available policies and there is no policy regarding regional boundaries.

A member requested clarification for PDAC arrangements for an H and I presentation.

The H and I chair read the policy that states our primary policy is to carry the message to addicts who do not have access to regular NA meetings. (Detox, 28 day facilities, halfway houses, treatment facilities, correctional facilities, psychiatric facility)

Although the H and I chair sent correspondence to PDAC and has received no response

The H and I chair shared the policy with the member who requested clarification

VI. Facility reports

18 meetings were held by H and I last month

VI. Old Business

H and I has tabled the topic of creating a H and I panel through Banyan which is represented by Heartland H and I

VII. New Business/election of new members

White Sands meeting is being covered so there is no need at this time for Heartland H and I to also bring in a meeting. If a panel member would like to do so Sunday evening is available.

1 member was voted in and 1 person joined the meeting for the first time.

VII. Ended with a serenity prayer

The next meeting will be 3/8/

26

942 South Blvd Lakeland fl 33803 hybrid

The doors open at 11:15

Virtual code: 881 9330 0969

Policy Report

2/2/2026 @ 6:41pm

In attendance (virtually) were Kyle C., Doug B., Bob C., Scott W., and Teresa E. The Serenity Prayer was led by All Members. The Purpose of Policy was read by Bob C. The 12th Concept was read by Doug B.

Open Forum: Kyle and Doug both spaced out on our scheduled mid-month virtual meeting to catch up on our Policy revision.

Old Business: Nothing to discuss other than missing our mid-month attempt to get ahead on the revision.

New Business: We spent the entire subcommittee meeting revising the Policy. We plan to meet virtually on Monday February 16th to continue with revision.

Meeting adjourned 7:41*pm*. Closed with We version of Serenity Prayer

Respectfully submitted,

Kyle C.

HELPLINE REPORT

Godmorning,

We met on January 27, all were present. We discussed meeting in person. No one was interested so we will discuss further. No problems in answering or with any people calling with issues. Our next meeting will be on February 24 God willing. I am still looking for people who are interested in getting involved with the phone line. I had an addict whose phone broke this week so I'm on 2 days again.

Thank you for letting me serve this wonderful area your faithful servant.

**Donna Mannarelli
The Italian ball of fire**

1/20/26 Subcommittee Meeting Notes

Date: 1/20/26

Time: 8:06pm

Open with:

Serenity prayer

Readings: Tradition, Concept, etc.

12 traditions

Roll Call:

Bob C

Donna W

Jenna L

Welcome new members:

- Dane M.
- Andrew W.

Open forum:

- Reports on events that we attended this month.
 - Events
 - Voices of Recovery 2026 (Celebrate recovery event) 1/24/26
 - Brenda R. submitted a request for NA to be a part of this event
 - Due to limited volunteer availability we declined to attend
 - PSC Welcome back event:
 - Bob and Donna attended the Lakeland event on Jan 20th
 - Mary Ann and Donna will attend the WH event on Jan 28th (Bob joined us too)
 - Defining services, we offer and updating the webpage to make this information available to NA members and the public:
 - To professionals, substance use treatment industry, community groups
 - To groups (or groups being formed)
 - To Facilities Interested in NA services
 - Hawk Host will be due to be renewed at \$33.52 on 2/26/26, they will generate an invoice on 2/19. It's part of our budget so we will submit needed motion to pay the bill.
 - Go Daddy does not renew until 4/27/26, it auto renews so I will get with Crystal so that we can make sure the payment information they have is correct.
 - Bob C. asked the group to review our portion of the HASC Policy to make sure that our part is correct and we will review it in February.
- Reports on contacts we made:
 - New contacts
 - Talbot House Virginia Bermeo
- Reports on materials we distributed:

- MaryAnn continued to distribute meeting lists and business cards in December. In January, we agreed to the following game plan:
 - Donna and Jenna will manage distribution in the Winter Haven and Bartow to the facilities we serve
 - Mary Ann and April will manage the distribution in the Lakeland area facilities we serve
- Moving forward MaryAnn will not be distributing meeting lists, we will review as a group and divide the distribution. If you are interested in volunteering contact Donna W. at 863-430-3676. Text is best but if you call, please leave a message.

Old Business:

- Mailing meeting lists
 - Group conscience is that we could have meetings that are not regularly attending area send a self-addressed, stamped envelope and we would send 5 meeting lists back. We would not make this option available to the public to avoid having meeting lists go to meetings that do not carry a clear NA message.
 - Andy offered that he could include meeting lists with out-of-town literature orders to the RSO but would do so as a PR volunteer and not committing the RSO to this commitment.
- Recycle old meeting lists
 - We asked HASC for GSRs to bring back old meeting lists that were not current when coming to HASC at the November HASC meeting
 - Group conscience is that we will continue to ask groups to return unused meeting lists so they can be corrected and updated for distribution to addicts in treatment who may not have phone or internet access or privileges.
- Add the CAR report, event flyer, and other resources to the webpage to help GSRs and members at large know when to access the information
- Printer was closed from 12/25 to 1/4

New Business:

- Upcoming events that we want to do:
 - SyFy Bartow - Table
- Upcoming contacts we can make:
 - Polk State for other events
 - Pasco Area to confirm they are handling PR efforts since we include them in our area as well.
- Upcoming materials we plan to distribute: Meeting lists, business cards
- Nominations to fill vacancies: Chair, Vice Chair, etc.
 - Donna submitted her motion to volunteer to fill the chair vacancy in December to begin serving in January if the HASC votes in favor of her nomination. The committee supports the nomination which will be brought to area in January. Voting will take place in Feb HASC meeting.
 - Jenna will be volunteering with the subcommittee's support to fill the vacant vice chair position.
 - Andrew has expressed a willingness to become our web servant.

Closed with:

3rd Step prayer

Next meeting date: Feb 17, 2026, 8pm Hybrid Zoom/In person at 1313 E. Main St., Lakeland, FL

If you are interested in PR, we would be happy to have you join us.

Our volunteers typically serve the fellowship by:

- Distributing literature to facilities such as IPs and meeting lists
- Contacting and communicating with communities, professionals, and facilities who have questions or requests for information about NA and specifically the Heartland Area.
- Assisting groups and members who need to be added to the meeting list/removed from the meeting list/updated on the meeting list
- Setting up tables/booths at community events to share information about NA and answer questions
- Making presentations to professionals and facilities who request them to provide information and answer questions about NA and how the Heartland Area can be of service to them and their clients.

Activities February minutes

Attendees: Brenda, Dianna, Cassandra, Carly, Justin, Deanna, Billy, Tara, Kimberley, Kendra (by phone)

Meeting opened @6:39PM
Dianna read the traditions

Old business-
Discussion by all about camping event

Next 2 events are-
Sunset meeting March 22nd @7pm
Take your sponsor to breakfast May 16th 9am at Golden Corral

New business-

Picnic April 25th Lake Parker Park, we will all brainstorm about speakers

Discussion by all about expenses for picnic.

June's event will be the beach trip
Carly will create flyers for the march and April's event

Meeting closed @7:18pm

January HACNA Report, February HASC 2026

The steering subcommittee met January 17th 2026 @ 10:30am at 1313 E Main St, Lakeland, Florida 33805.

Discussed paying for the meeting space each time it is used.

Liability insurance - Danny E is looking into options and what we need as well as Experience Strength and Hope from other conventions and areas.

Treasurer Report: Current Balance at this time is \$4,552.04 + \$300.00 (cashbox). Scott W. Has indicated he will not be seeking re-election for treasurer for HACNA XIX. A motion was made to accept report, seconded and there were no objections.

Programming & Registration Committee:

Has not met since last steering committee meeting.

Hospitality & Entertainment Committee:

The first HACNA XIX Fundraiser will be on March 7th from 12-6pm at Peak Worship, 315 Granada St, Lakeland. It will be a Speaker Jam with 12 speakers and plenty of food options. Come out and support the Convention. The next committee meeting will be February 28th. Contact Adrienne C for more information.

Merchandise Committee:

Has not meet since last steering committee meeting.

Old Business:

Reviewed the Google Questionnaire and narrowed down topics. Went over feedback.

Policy met and has made additional recommendations. Next meeting is Feb 13th

Facility Locations:

Danny has had no response from Hilton Garden Inn

Melissa sent information for Margaritaville and amenities.

Need to reach out to Springhill again as well

Committee Transparency: HACNA is in need of the following trusted servants:
Treasurer, Secretary and Registration Chair

If anyone is interested in joining HACNA or any of the host committees; the times, days, and facilities where each committee meets is available at any time.

We will meet next on February 21st at 10:30am. 1313 E Main St Lakeland FL
33801

In loving service.

Brandy H



875-12-01-00 61832 0 C 001 30 50 004
HASC INC
DBA HACNA
PO BOX 2183
EATON PARK FL 33840-2183

Your account statement

For 01/30/2026

Contact us



Truist.com



(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING [REDACTED]

Account summary

Your previous balance as of 12/31/2025	\$4,552.04
Checks	- 0.00
Other withdrawals, debits and service charges	- 0.00
Deposits, credits and interest	+ 0.00
Your new balance as of 01/30/2026	= \$4,552.04

February 2026 GSR Coordinator Report

Good afternoon all new GSR's and returning GSR's. I would like to welcome any new GSR's to our Area. Please let me know if you are new so I can help you in any way. My direct contact information is on the contact list you will receive.

I want to start by saying I was super excited to see 3 new groups here last month and I hope we can offer you what your groups need from this Area.

Being a member of Narcotics Anonymous for many years and having spent most of my time in program doing some sort of service work, I have learned that practicing the twelve traditions has become even more important than ever. One that stands out during any group service is the 12th tradition. **Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.**

This can be especially challenging for some of us, myself included at times. I love how our literature helps to adjust my attitude and helps me see what I need to focus on in these times.

Here are a couple paragraphs from our literature on the 12th tradition from the book: **Guiding Principles The spirit of our Traditions.**

For most of us, anonymity begins as letting go. We set aside our prejudices and beliefs about each other to place principles before each other's personalities, in order to hear the message. Soon we learn that it's not just other people's personalities we set aside; it's our own. We cannot fully practice the Traditions without working the Steps, and Tradition Twelve drives us to the work. Setting principles before personalities means, first, that we must understand principles, and second, that we must be able to recognize and set aside the chatter in our heads about who we are, and who others are, that keeps us from hearing. When we learn to listen, we open ourselves to the possibility of empathy. What anonymity gives us is far greater than what it asks from us, although we may struggle sometimes with the surrender. Anonymity allows us to be human, and humane. When we are not defined by our success or failure we can let ourselves, and each other, off the hook. The anonymity

Tradition Twelve describes supports and explains our personal anonymity, but it's bigger than that. Our spiritual foundation is not a question of whether we know each other's last names; it's that we accept each other regardless of who we are and what we have done. Anonymity is the beginning of equality; we allow each other to be members, to recover in dignity, and to carry the message to the best of our ability. The Twelve Traditions describe a Fellowship that takes its collective guidance from spiritual principles rather than from individual personalities. That selflessness is what the Twelfth Tradition means by the word anonymity, and it is the spiritual foundation on which NA is built.

Let us all work on practicing these traditions in our Area Service Committee. You are all here doing an important role to help carry this life saving message to the Addict who still suffers, thank you all for your service. I currently have 2 Guide to Local Service.

In loving service,

Michele L.

My email is: stellaml78@yahoo.com

HACNA XIX PRESENTS

**SPEAKER
JAM
FUNDRAISER**

Saturday March 7th from 12-6pm

Variety of Food Options for Sale

Hot Dogs - Sausages - Hamburgers

Chips - Desserts - Vegan Options



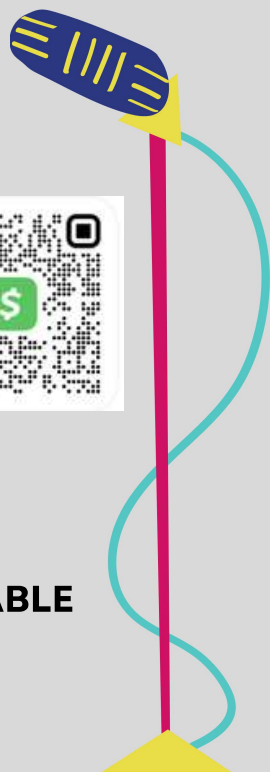
12 SPEAKERS



***Peak Worship Church
315 Granada St, Lakeland FL 33805***

NO ADDICT TURNED AWAY * NEWCOMER DONATIONS AVAILABLE**

**CONTACT ADRIANNE FOR MORE INFORMATION
610.207.0810**



2025	Heartland Area Roll Call	2026		2026		2026		2026		2026		2026		2026		2026		2026		2026	
		Jan	February	March	April	May	June	July	August	Sept	Oct	Nov	Dec								
1	Area Chair	1	1	1	1																
2	Area Vice Chair	1	1	v	v																
3	Secretary	1	1	1	1																
4	Alt. Secretary	v	v	1	1																
5	Treasurer	1	1	1	1																
6	Alt. Treasurer	1	0	1	1																
7	Librarian	v	v	v	v																
8	Alt. Librarian	v	v	v	v																
9	RCM	1	1	1	1																
10	RCM Alternate	1	0	0	0																
11	H & I	1	1	1	0																
12	Helpline	1	0	1	0																
13	Activities	1	1	1	1																
14	Policy	0	0	1	1																
15	PR	1	1	1	1																
16	HACNA	1	1	1	1																
17	GSR Coordinator	1	1	1	1																
20	Out Reach	1	0	0	0																
21	FRCNASC	1	0	1	1																
1	Asking for Recovery	1	1	0	0																
2	Clean Break @ Noon	1	1	1	1																
3	Dopeless Hope Spot	1	1	1	1																
4	Friday Night Candlelight	1	1	1	1																
5	Grow Or Go	1	1	1	1																
6	Just for Thursdays	1	1	1	1																
7	Just for Today	1	1	0	0																
8	Keep it Simple	1	1	1	1																
9	Living Free	1	1	1	1																
10	No Name Meeting	1	1	1	1																
11	Recovery In The Hills	1	1	1	1																
12	Show Me Don't Tell ME	0	0	1	1																
13	Take it Easy	1	1	1	1																
14	The Chosen Few	1	1	1	1																
15	The TiesThat Bind Us	0	0	1	1																
16	The Virtual Few	1	1	0	0																
17	The War is Over	1	1	0	0																
18	Weekend Winddown	1	1	1	1																
TOTAL GROUPS		16	16	14	14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
1 PRESENT 0 ABSENT V VACANT																					
Quorum		Y	Y	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

TRC 1
Stepping out of the probl 1
Solutions 1