

HASC June 14th, 2026

PLEASE ANNOUNCE AT MEETINGS:

***June HASC MEETS June 14th @ 1:30 Fellowship Hall at College Heights United Methodist Church 934
South Blvd. Lakeland FL 33803 Zoom ID: 886 6429 1453***

(Narcotics Anonymous is not affiliated with Zoom)

THE FOLLOWING POSITIONS ARE VACANT OR COMING VACANT IN JUNE

LIBRARIAN, ALT. LIBRARIAN, Alt Secretary

GROUP FEELINGS AND ANNIVERSARIES

- Surrender on Saturday: Picnic 9/12/26 10am to 3pm Speaker Vito 66 years
- Keep it Simple: Kevin C shares on 7 years 7/21/26
- Just For Thursdays: Sabrina H shares on 8 years 7/9/26
- Show Me dont tell me: Tammy S and Sebastian S share on 1 & 2 years 7/25/26.

Activities for July:

HACNA Christmas in July 7/18/26

Activities Canoe Trip 7/25/26

Motions to Groups 3

AGENDA FOR HASC MEETING July 12th 2026

- Open Serenity Prayer or Third Step Prayer:
- Monthly readings: 12 Traditions & 2nd Concept:
- **Request for new members and/or groups.**
- Open Forum
- Roll call ___ of 21 groups present.
- Secretary's report:
- Treasurer's report:
- Librarian's report:
- RCM report:
- Subcommittee reports:
 - H & I
 - Policy
 - Helpline
 - Public Relations
 - Activities
 - HACNA
 - FRCNA
 - Outreach
- GSR Coordinator Report
- Break
- Roll call ___ of 21 groups present:
- GSR Reports:
- Old business:
 - **26-40 Dopeless Hope Spot/War is Over:** Nominate Casey W for Vice Chair of HASC. **Purpose:** Spirit of Rotation.
 - **26-41 War is Over/ Show me dont tell me:** Nominate Doug B for RCM2. **Purpose:** To serve HASC, being supportive of our RCM1.
 - **26-42 GSR Coordinator/Just for Today:** Motion for a budget of \$273.00 for 2026-2027 GSR Coordinator Position. See Attached. **Purpose:** 7th & 3rd Tradition.
- New business:
- Request for New Membership to HASC
- Review of business of the day by Secretary.
- Closing prayer.

Motion 26-44 will be the starting motion in July 2026

HASC MEETING June 14th, 2026

- Open meeting with the Third Step Prayer at 1:30 PM.
- Monthly readings: Ashley read the 12 Traditions. Cheryl read Concept 6
- **Request for new members and/or groups.**
- Open Forum: Open forum started at 1:40pm PM and ended at 1:47PM.
 - Katie brought up zoom again. Kira has the willingness
 - Angelo visited to bring a flyer and information about corrections.
- Roll Call: 16 of 20 groups present.
- Secretary's Report: Read and accepted.
- Treasurer's Report: Read and accepted.
- Librarian Report: No report given. Position is vacant.
- RCM Report: Read and accepted.
- Subcommittee reports:
 - H & I - Read and accepted.
 - Policy – Read and accepted.
 - Helpline – Read and accepted.
 - Public Relations- Read and accepted.
 - Activities - Read and accepted.
 - HACNA – Read and accepted.
 - FRCNAC – Read and accepted.
 - Outreach – vacant
 - GSR Coordinator- Read and accepted
- Break: 2:27 to 2:45
- Roll call 16 of 20 groups present.
- GSR reports – Read.
- Old Business:
 - **26-33 Show me don't tell me/The War is Over:** To submit Policys 2026-2027 proposed budget. Is same value as last year. We have not printed revised packet. We are not done. Budget is attached. **Purpose:** Concept 1, 5, 11. **16/0/0**
 - **26-34 Living Free/Dopeless Hope Spot:** To Nominate Billy F to be Chair of Outreach. **Purpose:** 4th Concept **16/0/0**
- New Business:
 - **26-35 H&I/Friday Night Candlelight:** Pay invoice 13466 to the Florida RSO in the amount of \$266.75. **Purpose:** 7th Tradition.
 - **26-36: GSR Coordinator/Just for Today:** Motion to pay the RSO in the amount of \$8.03 for 10 GSR basics. **Purpose:** 7th Tradition and 3rd Tradition.
 - **26-37: Activities/Dopeless Hope Spot:** Reimburse Kendra Clough \$21.40 for 25 flyers for Canoe Trip. **Purpose:** 7th Tradition

- **26-38: Activities/Dopeless Hope Spot:** Pay \$58.05 to Brenda Ray to reserve 6 canoes at Peace River. **Purpose:** 7th Tradition.
- **26-39: PR/Asking for Recovery:** To Pay Reliable Printing \$139.10 for meeting lists. **Purpose:** Pay the bill
- **26-40 Dopeless Hope Spot/War is Over:** Nominate Casey W for Vice Chair of HASC. **Purpose:** Spirit of Rotation.
- **26-41 War is Over/ Show me dont tell me:** Nominate Doug B for RCM2. **Purpose:** To serve HASC, being supportive of our RCM1.
- **26-42 GSR Coordinator/Just for Today:** Motion for a budget of \$273.00 for 2026-2027 GSR Coordinator Position. See Attached. **Purpose:** 7th & 3rd Tradition.
- **26-43 Activities/Dopeless Hope Spot:** \$320.47 to reserve lanes at Maple Lanes. **Purpose:** 7th Tradition.

Casey W Qualifications

I have 4 years clean

I have a working knowledge of the 12 and 12

I Have served for over a year at the HASC Level, I have served as a GSR and as Secretary. I have also been a panel leader and Librarian for H&I. I have a willingness to perform all the duties that is required.

Douglas Burdett

Qualifications for Nomination as RCM Alternate

845-665-1377

kato4u@msn.com

95 Iron Ln.
Haines City, FL 33844

Qualifications for the Service Position

- Over 16 years clean time, my clean date is 05/02/2010
- I have a working knowledge of the 12 Steps, 12 Traditions, 12 Concepts, and a knowledge of the Heartland Area Service policy
- Willingness to serve, I've been doing service for over 15 plus years without skipping a heart beat
- A passion to learn and to increase my skills in this position and NA as a whole
- I have a home group I attend regularly
- I have a Sponsor who has a Sponsor who has a Sponsor
- I've written on the Steps and currently working on them for the 4th round with my Sponsor.
- I've held every service position at the group level, GSR and several others at the Area level, and I've been an RCM I & RCM II in the ABCD region in NY
- I have the time, willingness, and financial ability; along with my wife's' blessing, to serve if elected
- I have neither stolen any NA funds nor supplies

There's more I could say but someone reminded me to "Just Zip It, Doug!"

If you have any questions, please reach out to me in person, phone, or email.

Thank you for your consideration in this position.

In Loving Service,

Doug Burdett

Here is the 1st budget for the GSR Coordinator Position for 2026-2027:

13 Heartland Area Service Committee Policy and Procedure packets + 136.00

13 A Guide to Local Services in NA + 112.00

13 The group booklet + 15.00

13 GSR Basics + 10.00

***Total* = 273.00**

In loving service Michele L.

HASC Treasurer's Report for June 14, 2026

Statement ending balance for April

Outstanding Check total: 0

Starting balance for last month of May

\$ 6,560.89
- \$ 0.
= \$ 6,560.89

INCOME:

Group Donation(s): Cash: \$689.00 Cash App: \$410.00

Sub-Committee Donation(s): 0

Miscellaneous: 0

TOTAL INCOME:

\$ 1,099.00
+ \$ 0.
+ \$ 0.
= \$ 1,099.00

STARTING BALANCE AND INCOME:

Checks total from last month's motions: checks: \$94.15 debits: \$511.68

Beginning balance for this month of June

\$ 7,659.89
- \$ 605.83
= \$ 7,054.06 ✓

Current checkbook balance:

Current rents and reserves**:

TOTAL AFTER EXPENSES:

MONTHLY OPERATING EXPENSE:

DONATION TO REGION (IF OVER):

\$ 7,054.06 ✓
- \$ 4,335.00
= \$ 2,719.06
- \$ (1,500.00)
= \$ 1,219.06

RESERVES AND RENTS:

HASC Prudent Reserve (\$1,500 p/month)

Activities reserve (\$1,400 p/year)

RCM Room reserve (\$375 p/month)

HASC & H&I rents (\$50 p/month - \$600 p/year-pay in June)

Policy rent (\$15 p/month - \$180 p/year-pay in June)

Activities rent (\$5 p/month - \$60 p/year-pay in June)

PR rent (\$10 p/month - \$120 p/year-paid every 6 mths)

TOTAL AMOUNT OF RESERVES AND RENTS**:

\$ 1,500.00
+ \$ 1,400.00
+ \$ 375.00
+ \$ 650.00
+ \$ 195.00
+ \$ 60.00
+ \$ 150.00
= \$ 4,335.00 ✓

Crystal will submit motion next month
to pay HASC/H&I rent.

In loving service,

Cheryl +
crystal



875-10-01-00 61844 U O C 001 30 S T 63 001
HASC INC
2222 S COMBEE RD
LAKELAND FL 33801-8004

Your account statement

For 05/29/2026

Contact us



Truist.com



(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 04/30/2026	\$6,560.89
Checks	- 94.15
Other withdrawals, debits and service charges	- 511.68
Deposits, credits and interest	+ 1,099.00
Your new balance as of 05/29/2026	= \$7,054.06

Checks

DATE	CHECK #	AMOUNT(\$)
05/04	1021	31.30 ✓
05/05	1022	62.85 ✓
Total checks		= \$ 94.15

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT(\$)
05/05	DEBIT CARD RECURRING PYMT ZOOM.COM 888-799-9 05-04 ZOOM.US CA 0928	33.98 ✓
05/07	DEBIT CARD PURCHASE IN *RELIABLE PRINT 05-06 863-6878500 FL 0928	139.10 ✓
05/19	DEBIT CARD PURCHASE ROSEN HOTELS CENTR 05-17 ORLANDO FL 0928	338.60 ✓
Total other withdrawals, debits and service charges		= \$511.68

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT(\$)
05/04	DEPOSIT	689.00 ✓
05/29	HASC Cash App NM02	410.00 ✓
Total deposits, credits and interest		= \$1,099.00

Delta SkyMiles® Debit Card program ending October 31, 2026

Truist and Delta are ending the Delta SkyMiles® Debit Card program on **October 31, 2026**.

If you currently have or previously had a Delta SkyMiles® Debit Card, this message serves as your notice that the program is ending.

Active Delta SkyMiles® Debit Card cardholders have been receiving communications about this transition and will continue to receive updates as needed.

PLEASE SEE NOTICE BELOW OF UPDATED TERMS OF SERVICE - FEE INCREASE FOR P2P BITCOIN CONVERSIONS ("RECEIVE AS BITCOIN") AND DEPRECATION OF THE PAPER MONEY DEPOSIT BENEFIT FOR ELIGIBLE CASH APP GREEN CUSTOMERS



May 2026

Cash App
1955 Broadway, Suite 600
Oakland, CA 94612

Hasc
3841 Hill Street
Lakeland, FL 33812

Balance on May 1

\$1.00

+

Change this month

\$16.00

=

Balance on May 31

\$17.00

Money In

+ \$426.00

Money Out

- \$410.00

Fees

\$0.00

H and I June Report

I. We opened the meeting at 12:00, 06/14/26, one member read the 12th traditions. Two members read two dos and two don'ts to hospitals and institution service.

II. We took roll call and met quorum.

III. We had a review of the previous month minutes by the secretary and updated the phone list.

IV. Report of expenditures

Literature order \$266.75

Literature year to date: \$266.75

Literature remaining budget \$1533.25

Literature total budget \$1800

V. Open forum

A. Persons NOT served being allowed to share at H and I panels and getting NA steps posted in Mary Lyons facility to include RASUW center for women

i. The group discussed the difference Hospitals and Institutions dos and don'ts provided by Hospitals and Institutions Handbook.

iii. H and I panel leader duties and responsibilities reviewed

B. CRC meeting opening in Avon Park

C. Literature in H and I meeting place needed

VI. Facility reports: 6 facilities and

26 meetings/ presentations were held by H and I during the month of May

VI. Old Business

A. Discussion held regarding how we can get trusted servants to join H and I

i. H and I chair provided flyer to be shared with home group members, see attached flyer for groups

B. The secretary discussed all members having access to H and I documents and using one centralized email for the committee.

i. More information will be forthcoming and the use of this email will be in addition to the secretary's email at first.

VII. New Business/election of new members

A. Terms ending for chair, no vice chair

B. Cindy voted by panel from Alt Librarian to Librarian

C. 3 new members attended for the first time

D. Qualifications read for Chair position and librarian

E. The H and I has notified administrators of the Mary Lyons center of the requirements of panel members to be brought in by panel leaders; H and I panel leaders were recommended to contact person NOT served and provide them with H and I committee meeting requirements to include zoom

H and I chair also requested that we be able to post NA steps tbd

VII. Ended with the Serenity prayer

The next meeting will be July 12, 2026

942 South Blvd Lakeland fl 33803 hybrid

The doors open at 11:15

Virtual code: 881 9330 0968

Policy Report

6/2/2026

In attendance (virtually) were Kyle C., Doug B., Bob C., and Teresa E. The Serenity Prayer was led by All Members. Concept of the Month was read by Doug B. and the Purpose of Policy was read by Kyle C.

Open Forum: According to the treasurers report we paid for our month last June. Would we consider moving to 1313 E. Main Street, Lakeland, 33801? This may be considerably cheaper for us.

Old Business: The ongoing Policy Package revision is coming to an end.

New Business: I will fill out a motion form for the rent to be paid and inform HASC policy will be changing location. We would ask PR to change our address on the webpage. Vote of acclamation or Chair to succeed himself for one more additional year.

Respectfully submitted,

Kyle C.

Motion

ARTICLE III. THE EXECUTIVE COMMITTEE & SUBCOMMITTEE CHAIRS

C. Each member of the HASC Executive Committee, HASC, Inc. Officers and Board Members, and Subcommittee Chairs may succeed in office. (Following normal nomination and election procedures.) No individual shall serve more than two (2) consecutive terms in the same position. (17-018)

Helpline Report

Godmorning....the committee met on May 26 at 6:30. We are still in need of volunteers for Phoneline. We lost 2 members and gained a new one. We are not in need of anything, however we are in need of volunteers who actually want to volunteer. Our next is June 23 at 6:30. Thank you for allowing me to be of service. I will be sending in a motion for my paycheck. Thank you very much.

And loving service, Donna

Date: 5/19/26

Time: 8:00pm

Open with:

Serenity prayer

3rd Step prayer

Readings: Tradition, Concept, etc.

Roll Call:

April B., Secretary

Bob C.

Welcome new members:

Introductions, Contact Information

Open forum:

Contact Reports:

New Non-NA affiliated contacts

- None made in May

Material Distribution:

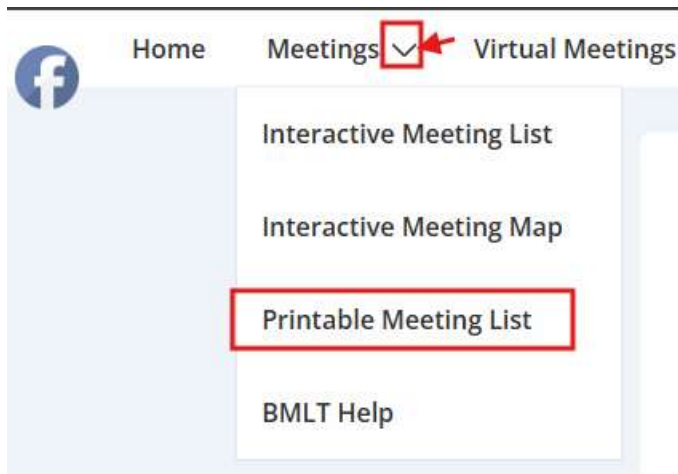
- Donna, MaryAnn, Roy C, Don F, George D and other members distributed May meeting lists.
 - If you are interested in volunteering to distribute meeting lists in your community, contact Donna W. at 863-430-3676. Text is best but if you call please leave a message. You don't have to be a member of PR to take some meeting lists for facilities in your community, we just need to be able to plan on how many to send with you so contacting me in advance of HASC is recommended so I can give you some to take with you. Ideally before the first of each month so I can include them in our printed meeting list order.
- Mailing meeting lists:
 - Groups that are unable to regularly attend HASC and need updated meeting lists can send a self-addressed, stamped envelope to me at home and I will send you 5 meeting lists back:
Donna Windsor
806 Slash Pine Dr.
Auburndale, FL 33823

#10 Letter sized is recommended so the meeting lists will fit, 5 meeting lists weighs 1.2oz so please use sufficient postage.

REMINDER TO ALL GROUPS THAT IF YOU ARE UNABLE TO COME TO HASC TO OBTAIN MEETING LISTS THEY CAN BE PRINTED DIRECTLY FROM WWW.NAFLHEARTLAND.ORG.

To do so follow 3 steps:

1. Click/tap the dropdown arrow next to meetings
2. Click/tap Printable Meeting List
3. Print on legal sized paper (8.5" X 14")



- Recycling old meeting lists
 - We asked at HASC for GSRs to bring back old meeting lists that were not current when coming to HASC so that we can correct and distribute to those in treatment at each HASC meeting, this also helps us to have an idea of what is not being used so we can streamline our orders to be prudent with NA funds.
- Meeting list updates: It the responsibility of each group on the meeting list to update the PR subcommittee when your listing needs to be removed or changed. The easiest way to do this to attend HASC but you can also contact Donna W. or any member of the PR subcommittee.
- We are asking each group on the meeting list to provide us with some contact information so that we can reach out if we need to find out about the group listing to make sure it is correct and maintain contact monthly. If we cannot confirm the details of the meeting with a member regularly, we run the risk of sending someone to a facility after hours with no one there. This creates a poor experience for a newcomer who may never speak to anyone and may not return if put in this position. Failure to keep in contact will result in being moved to the unpublished category until your meeting details can be confirmed. We would like to thank all the groups who contacted us and helped us ensure the meeting list is accurate.

Old Business:

Proposed Webpage Revisions:

- Defining the services we offer and updating the webpage to make this information available to NA members and the public:
 - To professionals, substance use treatment industry, community groups
 - To NA groups (or groups being formed) needing guidance
 - To facilities interested in NA services
 - To individuals interested in NA

Policy Review:

- Each member present was tasked with reviewing our PR policy only and making suggestions if they feel revisions are needed. Deferred to April meeting.

New Business:

- Bob and April voted to nominate Donna W. for a vote of acclimation to continue serving as the PR chair for the Heartland Area

Nominations to fill vacancies:

- Current vacancies include Web servant and Vice Chair

Closed with:

Serenity prayer

3rd Step prayer

Next meeting date: June 16th, 2026, 8pm Hybrid Zoom/In person

If you are interested in PR we would welcome you to join us.

Our volunteers typically serve the fellowship by:

- Distributing literature to facilities such as IPs and meeting lists
- Contacting and communicating with communities, professionals, and facilities who have questions or requests for information about NA and specifically the Heartland Area.
- Assisting groups and members who need to be added to the meeting list/removed from the meeting list/updated on the meeting list
- Setting up tables/booths at community events to share information about NA and answer questions
- Making presentations to professionals and facilities who request them to provide information and answer questions about NA and how the Heartland Area can be of service to them and their clients.

● Activities Secretary Report

Roll Call: Carly, Zack, Justin, Kim, Brenda, Sabrina (NM), Tim (NM), Jamie via Phone, Kendra via Phone

Kimberly read 12 traditions

Old Business

- New Format
- Sponsor breakfast
- Beach trip
- Canoe
- Bowling
- Homecoming
- Made 25 ~~flyers~~ Flyers

Reimburse Kendra for Flyers

We decided to reserve 6 canoes @ Peace River

Brenda will find out ~~when is the last day to add canoes?~~
When is the last day to add canoes?

Bowling Aug. 22 5-8pm 20:00 PP

● Take your Sponsor to Breakfast

- Started @ 9:00 AM Golden Corral, I counted about 40 people when I was on my way out. Wonderful turnout. No meeting, No 7th tradition.

Beach Trip

● Roughly 16 attendees. Meeting started @ 1:00 PM Fort Desoto Beach. Speaker was Tommy from another area, the theme was the highs & lows of recovery.

MEETING FORMAT FOR OUTREACH - TEMPLATE (DATE)

6/9/26
TIME 6:35

OPEN MEETING WITH MOMENT OF SILENCE FOLLOWED BY THE
SERENITY PRAYER

ROLL CALL: Deanna, Billy F. Brenda R.

OPEN FORUM: ~~once~~ ^{IF} Billy is voted in he need to
request a rent check for the rest of the year
Announce outreach sub community meeting on
every second tuesday @ 6 am

REVIEW OF MINUTES BY SECRETARY:

OLD BUSINESS: ~~Billy~~ still needs to contact Nick
and find out if we owe back rent
Check with crystal to see if we
paid rent & when

NEW BUSINESS: none

CLOSING PRAYER

We Meet 2nd Tuesday of the
month At 1313 E MAIN ST. At
6 o'clock.

NINE DOCUMENTS WITHIN ANONYMITY

Good afternoon new CSS's and returning CSS's. Thank you all for your service to your groups and NA as a whole. Please reach out to me with any questions or concerns you may have. My direct contact information is on the contact list.

I would like to spend a few minutes reading some excerpts from the how and why book of Narcotics Anonymous about our 4th tradition. We often hear it said in meetings how each group is Autonomous and sometimes I think we may forget the rest of this tradition which is except in matters affecting other groups or NA as a whole and what that really means to us. So, I pulled some pieces from the tradition that may give some understanding to this as it relates to our group Autonomy.

TRADITION FOUR "Each group should be autonomous, except in matters affecting other groups or NA as a whole."

Group autonomy gives groups the creative freedom to find individual ways to carry the message. NA is made up of a vastly diverse assortment of addicts joined together by the strength of their mutual commitment to recovery. We speak many different languages and live in differing cultures; one type of meeting will not appeal to every addict who comes to Narcotics Anonymous. In order to reach every addict who may need our help and support the recovery of every member, groups have the freedom to vary their format and other meeting characteristics. Each group has the freedom to pursue our primary purpose in the manner it feels will work best.

Sometimes it's hard to know what affects NA as a whole. The Fourth Tradition offers a way to balance the freedom of autonomy with our responsibility to preserve NA unity. We are challenged in Tradition Four to apply autonomy in ways that will enhance the growth and vitality of NA. Autonomy encourages groups to become strong and lively but also reminds them that they are a vital part of a greater whole: the Fellowship of Narcotics Anonymous. We consider our common welfare when we make decisions in our groups.

Since most groups are not directly connected with each other, we might think that whatever happens in our meetings has no effect on anyone else. When we consider who is affected by our group, we have to look at other groups, the addict yet to come, the newcomer, and the neighborhood in which we hold our meetings. We have an effect on other groups or NA as a whole if we're not recognizable as an NA meeting. It helps to remember what we needed to hear when we were new: hope for recovery from drug addiction. Addicts first coming to NA often look closely for differences, hoping that somehow they won't fit in. It's not difficult to alienate an addict. It's important to think about the message we send to newcomers in our meetings. Thoughtful consideration of our primary purpose may help ensure that meetings will be available for those addicts yet to come.

It's also important to consider how we're viewed by society. When NA meetings first began in many places, it was illegal for addicts to meet under any circumstances. Even where meetings are legal, the public often views groups of addicts with alarm. Until NA has established a good public reputation, it may be difficult for addicts to find meeting places. If our behavior as NA members is still destructive and selfish, we will once again have difficulty meeting openly. We help protect our reputation as a fellowship when we use our meeting facilities with respect, keeping them clean and in good repair. We should take care to act like good neighbors, conducting ourselves respectfully. Even something as simple as the name a group chooses may reflect on NA as a whole. If the public reputation of Narcotics Anonymous is somehow impaired, addicts may die.

Autonomy does not relieve groups of their obligation to observe and apply the spiritual principles embodied in the traditions. Careful consideration of the group's observation of the Fourth Tradition often takes the form of a group inventory, helping members gauge their success at carrying the message and reaching addicts in their neighborhood. At the same time, groups can examine their part in contributing to the unity of NA as a whole. The Fourth Tradition guides us away from self-centeredness by giving us the freedom to act responsibly as groups.

If we continue to look to the traditions for guidance, we are sure to continue the right path for our groups and NA as a whole. **I currently have 1 Heartland Area Service Committee Policy and Guidelines Package, 2 A Guide to local service, 2 The group Booklet and 10 GSR Basics.** ~~I have submitted the GSR Budget.~~

I have submitted the GSR Budget.

In loving service

Michele L. stellaml78@yahoo.com

HACNA XIX

presents



Christmas IN JULY

**A
FUNDRAISER!**

SATURDAY, JULY 18TH

CHICKEN DINNER \$15.00

(includes 1/2 chicken,
potato salad, string beans,
roll and drink)



DINNER
2:00 – 3:30 PM

1 SPEAKER
4:00 – 5:00 PM

WHITE ELEPHANT *Gift Exchange*

(Bring a wrapped gift \$10 or less
to participate)

Newcomers Donations Welcome



**DESSERTS
AND ADDITIONAL
DRINKS**

available for sale



ST ALBANS CHURCH
202 PONTOTOC ST.,
AUBURNDALE, FL 33823

CONTACT
Adrianne C.
610-207-0810

* Come for the food, stay for the fun, support the cause! *



HEARTLAND AREA OF NARCOTICS ANONYMOUS ACTIVITIES

Canoeing Trip

Meeting



DATE: JULY 25, 2026

TIME: 8:30 am (please arrive approximately b 8:15am)

LOCATION: UpRiver Adventures
4192 SW Adventure Way
Arcadia, FL 34266

COST: \$55.00 + tax for Canoe. Two people per canoe. (Approximately \$27.50
+ tax a person)

We will stop halfway through the canoe trip and eat lunch and have a meeting

BRING YOUR OWN TOWELS, LUNCH, DRINKS AND SNACKS

CALL/TEXT FOR MORE INFORMATION CARLY 863-326-8683

**"In recovery, our ideas of fun change. We are now free to enjoy the simple things
in life, like fellowship and living in harmony with nature."**

~Basic Text - More Will Be Revealed~

2025	Heartland Area	2026		2026		2026		2026		2026		2026		2026		2026		2026		2026		2026			
Roll Call		Jan		February		March		April		May		June		July		August		Sept		Oct		Nov		Dec	
1	Area Chair	1	1	1	1	1	1	1	1	1	1	1	1												
2	Area Vice Chair	1	1	v	v	v	v	v	v	v	v	v	v												
3	Secretary	1	1	1	1	1	1	1	1	1	1	1	1												
4	Alt. Secretary	v	v	1	1	1	1	1	1	1	1	1	1												
5	Treasurer	1	1	1	1	1	1	1	1	1	1	0	0												
6	Alt. Treasurer	1	0	1	1	1	1	1	1	1	1	1	1												
7	Librarian	v	v	v	v	v	v	v	v	v	v	v	v												
8	Alt. Librarian	v	v	v	v	v	v	v	v	v	v	v	v												
9	RCM	1	1	1	1	1	1	1	1	1	1	1	1												
10	RCM Alternate	1	0	0	0	1	1	1	1	1	1	1	1												
11	H & I	1	1	1	0	1	1	1	1	0	0	1	1												
12	Helpline	1	0	1	0	0	0	1	0	1	0	1	0												
13	Activities	1	1	1	1	1	1	1	1	0	0	1	1												
14	Policy	0	0	1	1	1	1	1	1	0	0	1	1												
15	PR	1	1	1	1	1	1	1	1	1	1	1	1												
16	HACNA	1	1	1	1	1	1	1	1	1	0	0	0												
17	GSR Coordinator	1	1	1	1	1	1	1	1	1	1	1	1												
20	Out Reach	1	0	0	0	0	0	0	v	v	v	v	v												
21	FRCNASC	1	0	1	1	1	1	1	1	1	1	0	0												
1	Asking for Recovery	1	1	0	0	1	1	1	1	1	1	1	1												
2	Clean Break @ Noon	1	1	1	1	1	1	1	1	1	1	1	1												
3	Dopeless Hope Spot	1	1	1	1	1	1	0	0	1	1	1	1												
4	Friday Night Candlelight	1	1	1	1	1	1	1	1	1	1	1	1												
5	Grow Or Go	1	1	1	1	1	1	0	0	1	1	1	1												
6	Just for Thursdays	1	1	1	1	0	0	1	1	1	1	1	1												
7	Just for Today	1	1	0	0	1	1	1	1	1	1	1	1												
8	Keep it Simple	1	1	1	1	1	1	1	1	1	1	1	1												
9	Living Free	1	1	1	1	1	1	1	1	1	1	1	1												
10	No Name Meeting	1	1	1	1	0	0	1	1	1	1	1	1												
11	Recovery In The Hills	1	1	1	1	1	1	1	1	1	1	1	1												
12	Show Me Don't Tell ME	0	0	1	1	1	1	1	1	1	1	1	1												
13	Take it Easy	1	1	1	1	1	1	1	1	1	1	0	0												
14	The Chosen Few	1	1	1	1	1	1	1	1	1	1	0	0												
15	The TiesThat Bind Us	0	0	1	1	1	1	1	1	1	1	1	1												
16	The War is Over	1	1	0	0	1	1	1	1	1	1	1	1												
17	She do Recover					1	1	1	1	1	1	1	1												
18	Surrender on Saturday									1	1	1	1												
19	Recovery in the Sticks	1	1	1	1	1	1	0	0	1	1	0	0												
20	Stepping out of the Problem	1	1	1	1	1	1	1	1	1	1	1	1												
21	Weekend Winddown	1	1	1	1	1	1	1	1	1	1	0	0												
TOTAL GROUPS		17	17	16	16	18	18	17	17	21	21	17	17	0	0	0	0	0	0	0	0	0	0	0	
1 PRESENT 0 ABSENT V VACANT																									
Quorum		Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	N	N	N	N	N	N	N	N	N	N	