

HASC July 12th, 2026

PLEASE ANNOUNCE AT MEETINGS:

**June HASC MEETS August 9th @ 1:30 Fellowship Hall at College Heights United Methodist Church 934
South Blvd. Lakeland FL 33803 Zoom ID: 886 6429 1453**

(Narcotics Anonymous is not affiliated with Zoom)

THE FOLLOWING POSITIONS ARE VACANT OR COMING VACANT IN JUNE

LIBRARIAN, ALT. LIBRARIAN, Alt Secretary

GROUP FEELINGS AND ANNIVERSARIES

- Weekend Winddown: Jonah P. shares on 1 Year 7/19/26 & Justice C. shares 1 Year 7/26/26
- Keep it Simple: Kevin C shares 7 Years 7/21/26
- The War is Over: George D. shares on 27 years 7/31/26
- Show Me dont tell me: Tammy S and Sebastian S share on 1 & 2 years 7/25/26, Donna R. shares on 41 years 8/15/26, Sue P. shares on 15 years 9/12/26, David D shares on 1 year 9/19/26
- Recovery in the Hill: Kevin shares on 21 years 7/26/26
- Asking for recovery: Dez S. sharing on 9 years 7/23/26 & Natalie A. sharing on 5 years 8/6/26

Activities for July & August :

Activities Canoe Trip 7/25/26

UpRiver Adventures

4192 SW Adventure way

Arcadia FL 34266

Activities Bowling 8/22/26

Maple lanes

4318 US Hwy 98 N. Lakeland FL 33809

AGENDA FOR HASC MEETING Aug 9th 2026

- Open Serenity Prayer or Third Step Prayer:
- Monthly readings: 12 Traditions & 7th Concept:
- **Request for new members and/or groups.**
- Open Forum
- Roll call ____ of 21 groups present.
- Secretary's report:
- Treasurer's report:
- Librarian's report:
- RCM report:
- Subcommittee reports:
 - H & I-
 - Policy-
 - Helpline-
 - Public Relations-
 - Activities -
 - HACNA -
 - FRCNA -
 - Outreach -
- GSR Coordinator Report-
- Break
- Roll call ____ of 21 groups present:
- GSR Reports:
- Old business:
- New business:
- Request for New Membership to HASC
- Review of business of the day by Secretary.
- Closing prayer.

Motion 26-50 will be the starting motion in Aug. 2026

HASC MEETING July 12, 2026

- Open meeting with the Third Step Prayer at 1:30 PM.
- Monthly readings: Kyle C. read the 12 Traditions. George D. read Concept 6
- **Request for new members and/or groups.**
- Open Forum: Open forum started at 1:40pm PM and ended at 1:47PM.
 - Shahid brought up discussion on chanting in meetings.
- Roll Call: 16 of 21 groups present.
- Secretary's Report: Read and accepted.
- Treasurer's Report: Read and accepted.
- Librarian Report: No report given. The position is vacant.
- RCM Report: Read and accepted.
- Subcommittee reports:
 - H & I - Read and accepted.
 - Policy – Read and accepted.
 - Helpline – No report
 - Public Relations- Read and accepted.
 - Activities - Read and accepted.
 - HACNA – Read and accepted.
 - FRCNAC – Read and accepted.
 - Outreach – Read and accepted
 - GSR Coordinator- Read and accepted
- Break: 2:30 to 2:45
- Roll call 16 of 21 groups present.
- GSR reports – Read.
- Old Business:
 - **26-40 Dopeless Hope Spot/War is Over:** Nominate Casey W for Vice Chair of HASC. **Purpose:** Spirit of Rotation. 16/0/0 Pass
 - **26-41 War is Over/ Show me dont tell me:** Nominate Doug B for RCM2. **Purpose:** To serve HASC, being supportive of our RCM1. 16/0/0 Pass
 - **26-42 GSR Coordinator/Just for Today:** Motion for a budget of \$273.00 for 2026-2027 GSR Coordinator Position. See Attached. **Purpose:** 7th & 3rd Tradition. 16/0/0 Pass
- New Business:
 - **26-44 PR/Clean break at noon:** Motion to pay Reliable Printer \$139.10 for July meeting list. **Purpose:** 7th tradition- paying the bill. **Passed**
 - **26-45 GSR Coordinator/ Recovery in the hills:** Motion to pay RSO in the amount of \$3.69 for literature 3 of the Group Booklets. **Purpose:** 7th Tradition & 3rd Tradition. **Passed**
 - **26-46 Treasurer/ Serenity on Sunday:** Motion to send \$1,315.20 to FL Region Service committee. **Purpose:** To ensure proper fund flow to the next level of service. **Passed**
 - **26-47 Treasurer/ Just for Thursdays:** Motion to pay First Presbyterian Church in the amount of \$600.00 for room rent for June 1st 2026 thru May 31st. 2027. (\$400= HASC & \$200= H&I). **Purpose:** 7th Tradition- to be fully self-supporting. **Passed**

- **26-48 Policy Chair/ The War is over:** Motion to pay rent for policy for the year \$10 a month x12= \$120.00. **Purpose:** 7th Tradition. Have a location so inquiring members may meet this subcommittee in person. **Passed**
- **26-49 H&I/ She Do Recover:** Motion to make check payable to the RSO in the amount of \$188.16 for H&I literature order. **Purpose:** 7th Tradition. **Passed**

HASC Treasurer's Report for July 12, 2026

Statement ending balance for May

Outstanding Check total: 0

Starting balance for last month of June

\$ 7054.06
\$ 0
= \$ 7054.06

INCOME:

Group Donation(s): Cash: \$767.00 Cash App: \$232.00

Sub-Committee Donation(s): 0

Miscellaneous: 0

TOTAL INCOME:

\$ 999.00
+ \$ 0
+ \$ 0
= \$ 999.00

STARTING BALANCE AND INCOME:

Checks total from last month's motions: checks: \$674.70 debits: \$173.08

Beginning balance for this month of July

\$ 8053.06
- \$ 847.78
= \$ 7205.28

Current checkbook balance:

Current rents and reserves**:

TOTAL AFTER EXPENSES:

MONTHLY OPERATING EXPENSE:

DONATION TO REGION (IF OVER):

\$ 7205.28
- \$ 4390.08
= \$ 2815.20
- \$ (1,500.00)
= \$ 1,315.20

RESERVES AND RENTS:

HASC Prudent Reserve (\$1,500 p/month)

Activities reserve (\$1,400 p/year)

RCM Room reserve (\$375 p/month)

HASC & H&I rents (\$50 p/month - \$600 p/year-pay in June)*

Policy rent (\$15 p/month - \$180 p/year-pay in June)*

Activities rent (\$5 p/month - \$60 p/year-pay in June)*

PR rent (\$10 p/month - \$120 p/year-paid every 6 mths)*

TOTAL AMOUNT OF RESERVES AND RENTS**:

\$ 1,500.00
+ \$ 1,000.08
+ \$ 750.00
+ \$ 700.00
+ \$ 210.00
+ \$ 70.00
+ \$ 160.00
= \$ 4390.08

Thank you, Cheryl!
you did great
~

ILS,
Crystal M.



875-10-01-00 61844 U O C 001 30 S T 63 001
HASC INC
2222 S COMBEE RD
LAKELAND FL 33801-8004

Your account statement

For 06/30/2026

Contact us



Truist.com



(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 05/29/2026	\$7,054.06
Checks	- 653.30
Other withdrawals, debits and service charges	- 173.08
Deposits, credits and interest	+ 999.00
Your new balance as of 06/30/2026	= \$7,226.68 ✓

Check book = 7205.28
adj. ck + 21.40
7226.68

Checks

DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)
06/17	1024	58.05 ✓	06/15	1026	8.03 ✓	06/17	1027	320.47 ✓
06/15	1025	266.75 ✓						
Total checks								= \$653.30

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT(\$)
06/04	DEBIT CARD RECURRING PYMT ZOOM.COM 888-799-9 06-03 ZOOM.US CA 0928	33.98 ✓
06/26	DEBIT CARD PURCHASE IN *RELIABLE PRINT 06-25 863-6878500 FL 0928	139.10 ✓
Total other withdrawals, debits and service charges		= \$173.08

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT(\$)
06/16	DEPOSIT	767.00 ✓
06/30	HASC Cash App AR8G	232.00 ✓
Total deposits, credits and interest		= \$999.00



June 2026

Cash App
1955 Broadway, Suite 600
Oakland, CA 94612

Hasc
3841 Hill Street
Lakeland, FL 33812

Balance on Jun 1

\$17.00

Change this month

\$12.00

Balance on Jun 30

\$5.00

Money In

+ \$220.00

Money Out

- \$232.00

Fees

\$0.00

H and I July Report

I. We opened the meeting at 12:15, 07/12/26, one member read the 12th traditions. Two members read two dos and two don'ts to hospitals and institution service.

II. We took roll call and met quorum.

III. We had a review of the previous month minutes by the secretary and updated the phone list.

IV. Report of expenditures

Literature order \$188.16

Literature year to date: \$454.91

Literature remaining budget \$1445.09

Literature total budget \$1800

V. Open forum

A. Bartow Detox needs help, H and I needs help

B. We discussed ways to get new members

VI. Facility reports: 6 facilities and

19 meetings/ presentations were held by H and I during the month of June

VI. Old Business

A. Discussion held regarding how we can get trusted servants to join H and I.

i. We will meet @ 11:30 before next H and I

and also set up via zoom to plan learning day

i. Please share the attached flyer with your homegroup members

B. Posting NA 12 steps and 12 traditions at Mary Lyons center

i. Chair asked Donna for 2 copies

C. Chair has communicated with activities regarding H and I presenting at Celebration

VII. New Business/election of new members

A. 1 new members attended for the first time

VII. Ended with the 3 step prayer

The next meeting will be August 9, 2026

942 South Blvd Lakeland fl 33803 hybrid

The doors open at 11:15

Virtual code: 881 9330 0968

Policy Report

7/6/2026

In attendance (virtually) were Kyle C., Doug B., Bob C., and Teresa E. We suspended normal opening procedures in the interest of time management.

Open Forum: N/A

Old Business: The ongoing Policy Package revision is coming to an end. Thirteen (13) pages remain for us to address. Afterwards, we will adjust the “Table of Contents” to reflect the revision.

New Business: Put new motion in for rent at new location. Put new motion in to have our rent paid by the treasurer. We will need Public Relations Chair to change our address on our website to the following:

1313 Main Street Lakeland FL, 33801

Respectfully submitted,

Kyle C.

Date: 6/16/26

Time: 8:00pm

Open with:

3rd Step prayer

Readings: Tradition, Concept, etc.

12 Traditions

Roll Call:

April B., Secretary – excused absent

Donna W., Chair - attended

Bob C. - attended

Jenna - excused absent

Dane - excused absent

Welcome new members:

Introductions, Contact Information

None

Open forum:

April and Jenna requested we consider changing the meeting day and/or time.

Contact Reports:

New Non-NA affiliated contacts

Material Distribution:

- Donna, MaryAnn, Roy C, Don F, George D and other members distributed June meeting lists.
 - If you are interested in volunteering to distribute meeting lists in your community, contact Donna W. at 863-430-3676. Text is best but if you call please leave a message. You don't have to be a member of PR to take some meeting lists for facilities in your community, we just need to be able to plan

on how many to send with you so contacting me in advance of HASC is recommended so I can give you some to take with you. Ideally before the first of each month so I can include them in our printed meeting list order.

- Mailing meeting lists:
 - Groups that are unable to regularly attend HASC and need updated meeting lists can send a self-addressed, stamped envelope to me at home and I will send you 5 meeting lists back:

Donna Windsor

806 Slash Pine Dr.

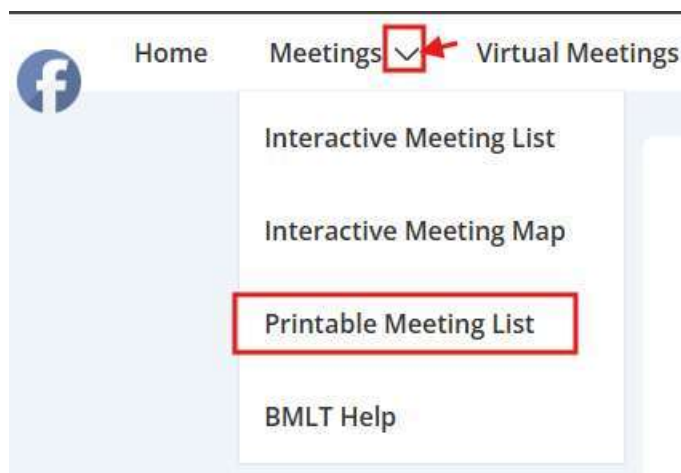
Auburndale, FL 33823

#10 Letter sized is recommended so the meeting lists will fit, 5 meeting lists weighs 1.2oz so please use sufficient postage.

REMINDER TO ALL GROUPS THAT IF YOU ARE UNABLE TO COME TO HASC TO OBTAIN MEETING LISTS THEY CAN BE PRINTED DIRECTLY FROM WWW.NAFLHEARTLAND.ORG.

To do so follow 3 steps:

- 1. Click/tap the dropdown arrow next to meetings**
- 2. Click/tap Printable Meeting List**
- 3. Print on legal sized paper (8.5" X 14")**



- Recycling old meeting lists
 - We asked at HASC for GSRs to bring back old meeting lists that were not current when coming to HASC so that we can correct and distribute to those in treatment at each HASC meeting, this also helps us to have an idea of what is not being used so we can streamline our orders to be prudent with NA funds.
- Meeting list updates: It the responsibility of each group on the meeting list to update the PR subcommittee when your listing needs to be removed or changed. The easiest way to do this to attend HASC but you can also contact Donna W. or any member of the PR subcommittee.
- We are asking each group on the meeting list to provide the PR chair and/or team with some contact information so that we can reach out if we need to find out about the group listing to make sure it is correct and maintain contact monthly. If we cannot confirm the details of the meeting with a member regularly we run the risk of sending someone to a facility after hours with no one there. This creates a poor experience for a newcomer who may never speak to anyone and may not return if put in this position. Failure to keep in contact will result in being moved to the unpublished category until your meeting details can be confirmed. We would like to thank all the groups who contacted us and helped us ensure the meeting list accuracy.

Old Business:

Proposed Webpage Revisions:

- Defining services we offer and updating the webpage to make this information available to NA members and the public:
 - To professionals, substance use treatment industry, community groups
 - To NA groups (or groups being formed) needing guidance
 - To facilities interested in NA services
 - To individuals interested NA

Policy Review:

- Each member present was tasked with reviewing our PR policy only and making suggestions if they feel revisions are needed. Deferred to April meeting.

New Business:

- Bob C. and Donna W. voted to maintain the current meeting time and hybrid set up.
- We adopted a PR interest survey to help new members determine if PR was right for them and help us determine how we can most effectively put them to work.

Nominations to fill vacancies:

- Current vacancies include: Web servant, Vice Chair

Closed with:

Serenity prayer

Next meeting date: July 21st, 2026, 8pm Hybrid Zoom/In person

If you are interested in PR we would love for you to join us.

Our volunteers typically serve the fellowship by:

- Distributing literature to facilities such as IPs and meeting lists
- Contacting and communicating with communities, professionals, and facilities who have questions or requests for information about NA and specifically the Heartland Area.
- Assisting groups and members who need to be added to the meeting list/removed from the meeting list/updated on the meeting list
- Setting up tables/booths at community events to share information about NA and answer questions
- Making presentations to professionals and facilities who request them to provide information and answer questions about NA and how the Heartland Area can be of service to them and their clients.

07/07/2020

Meeting Started at 6:30

Kendra, Jaimie, Kimberly, Brenda

Old Business + New Business

- Canoe trip on 07/25 will start @ 9 - we have 10 canoes reserved
- We voted to have DJ matt for the Homecoming/Celebration
- Kimberly has the willingness to be secretary
- Kendra has the willingness to be acting vice chair (Brenda + Kendra discussed voting officially next month)
- We discussed the activities book remaining in meeting place
- Since vice-chair has to have a min of 1 yr w/ activities, Kimberly has the willingness to be vice-chair + step up to chair in 6 months
- flyers to canoe trip + bowling will be available @ area on 07/12
- Kimberly will ask for emails to send flyers @ Area, Carly is unable to attend -

These minutes shall be emailed to Casey once turned in

June HACNA Report, July HASC 2026

The steering subcommittee met on June 26th, 2026 at 1313 E Main Street, Lakeland, FL 33801. 6 members present, 5 voting members, 1 new.

Treasurer Report

The current bank balance as of Sunday, July 12th, 2026, is **\$6223.64**. Bank statement attached.

Merchandise Report

A flyer is being made to promote participation for artwork submissions for our merchandise and will be shared on social media and to homegroups very soon. Our theme is "From The Heart" and we can't wait to see what you all have for us. The limitations and guidelines for artwork are as follows:

1. 3 colors or less preferred
2. AI generated pictures strongly discouraged
3. All submissions submitted to hacnasub2022@gmail.com by or before September 24th, 2026

Hospitality & Entertainment Report

The Chicken Dinner, Christmas in July fundraiser is this upcoming Saturday, July 18th from 1pm to 6pm at 202 Pontotoc St, Auburndale, FL 33823, St. Albans Church. The deadline to purchase your chicken dinner is this Friday, July 17th. The chicken dinners include a half chicken, homemade potato salad, string beans, a roll and a drink. Desserts and extra drinks will be for sale at \$1 each. We will only be buying a handful of extra chickens so if you do not pay for your dinner in advance, there is no guarantee you will get a plate. Following the dinner we will be having a speaker and then our Christmas in July gift exchange! A gift of \$20 or less is suggested. There will be some extra gifts for anyone who couldn't afford to participate. Its always a blast and we can't wait to eat some great food and celebrate with recovery with you all!

Housekeeping

We have officially moved our meeting from the 3rd Saturday of every month at 10:30am to the last Friday of every month to 6pm. The webservant has been notified and changes have been submitted. We have also nominated and elected Casey W. to be our treasurer. Our merchandise chair position is vacant as well as our vice treasurer position.

The next HACNA steering meeting will be July 31st at 6pm at 1313 E Main St, Lakeland, FL 33801

Bank Statement 06/30/2026

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 05/29/2026	\$6,223.64
Checks	- 0.00
Other withdrawals, debits and service charges	- 0.00
Deposits, credits and interest	+ 0.00
Your new balance as of 06/30/2026	= \$6,223.64



875-12-01-00 61832 0 C 001 30 S 66 002
HASC INC
DBA HACNA
PO BOX 2183
EATON PARK FL 33840-2183

Your account statement
For 06/30/2026

Contact us



Truist.com



(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING

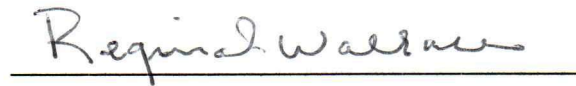
Account summary

Your previous balance as of 05/29/2026	\$6,223.64
Checks	- 0.00
Other withdrawals, debits and service charges	- 0.00
Deposits, credits and interest	+ 0.00
Your new balance as of 06/30/2026	= \$6,223.64

The consensus is that the merchandise operation at FRCNA 44 went well. T-shirt sales were not as expected but other items sold well. Dennis J from the Greater Orlando Area is expected to be appointed as Merchandise Chair for next year. The committee thanked Marcia C for her years of service and guidance. Most of this year's sub-committee members have committed to returning next year.

The theme for FRCNA 45 is "No Matter What". The convention will be held from Thursday, 7/1/27 through Sunday, 7/4/27 at the Rosen Centre (9840 International Drive, Orlando, FL).

In Loving Service,

A handwritten signature in cursive script, reading "Reggie W", is written above a horizontal line.

Reggie W

OUT REACH

We met on June 9th.
Went over the meetings
we were going to attend.

June 18th we attended Recovery
in the hills. Everything is good.
They do attend Area. AND the
meeting was very nice.

June 27th

We attended SM CLEAN Break
At 2. They had a very nice
turn out that day. With one
of the woman's Recovery houses
in Attendance which boosted the
Attendance up.

We meet AGAIN 7-14-2020
At 1313 MAIN Street At 6 o'clock.

JULY 2026 GSR COORDINATOR REPORT

Good afternoon to all new and returning GSR's. Please feel free to reach out to me if you have any questions or concerns. My contact information is on the contact sheet in the minutes.

Today I wanted to focus on how each one of us were taught our positions that we have taken on in Narcotics Anonymous. I especially wanted to focus on how you felt you were trained for the position or positions. I feel that we tend to hear people share that they felt that they were really thrown into a position without any or very little training. I really feel this can be a disservice for anyone who wants to take on a new position. I know that I can only focus on how I choose to help the next person for a position. I want to always remember what it was like for me in the beginning of my service journey and how I can work on improving it for others. If we can all play our part with this, we can make a big difference in how people perceive service in NA. As always, going back to our literature will teach us what to do. Thank you all for what you do.

Here is a paragraph from our pamphlet **Principles & Leadership in NA Service**.

Supporting Those Who Serve When we choose trusted servants, we share in the responsibility for the job those trusted servants perform. As a service body, we must be willing to honestly assess members we select for leadership positions, and equip them with the tools and support they need to be successful in their roles. An ideal way to begin this is through proper orientation and mentoring. Wherever possible, we should strive to guide members into learning positions, such as vice or alternate roles, to allow for on-the-job training. Sometimes we overlook this opportunity and simply ask alternates to be willing to show up in the absence of their counterparts, missing the chance to provide them with valuable knowledge and guidance. There are many ways we can help alternates make more productive use of their time. We can provide them with relevant service handbooks and guidelines or policies, as well as any locally-developed resources, and encourage them to study those resources. The current trusted servant can provide guidance for the alternate the way a sponsor works with a sponsee.

They may choose to meet together between committee meetings to share experience, strength, and hope. However it is done, the task of mentorship is as much a part of any given position as any other aspect of the work. It is important that we select leaders who can commit to helping those who follow them, and that we remember that leadership development is an organic process and cannot necessarily be forced. In time, these efforts will become our system for encouraging the spirit of leadership in trusted servants, rather than relying solely on the “natural leaders” among us. Cultivating leadership in NA is not limited to those who hold formal service positions. In some cases, sponsors who are unable to take positions themselves work hard to guide sponsees into service. In other cases, members with abundant knowledge or experience make themselves available as resources to trusted servants. Even for those who currently hold a title, leadership is not about position, it is about action. We must choose leaders who look beyond the tasks at hand to see a bigger picture. Effective leaders can help us not only to carry out our services effectively, but also to make lasting improvements so that we can better carry our message of hope to still-suffering addicts

I currently have 7 GSR basics, 1 A Guide to Local Services 1The Group Booklet.

In loving service,

Michele L.



HEARTLAND AREA OF NARCOTICS ANONYMOUS ACTIVITIES

Canoeing Trip

Meeting



DATE: JULY 25, 2026

TIME: 8:30 am (please arrive approximately b 8:15am)

LOCATION: UpRiver Adventures
4192 SW Adventure Way
Arcadia, FL 34266

COST: \$55.00 + tax for Canoe. Two people per canoe. (Approximately \$27.50
+ tax a person)

We will stop halfway through the canoe trip and eat lunch and have a meeting

BRING YOUR OWN TOWELS, LUNCH, DRINKS AND SNACKS

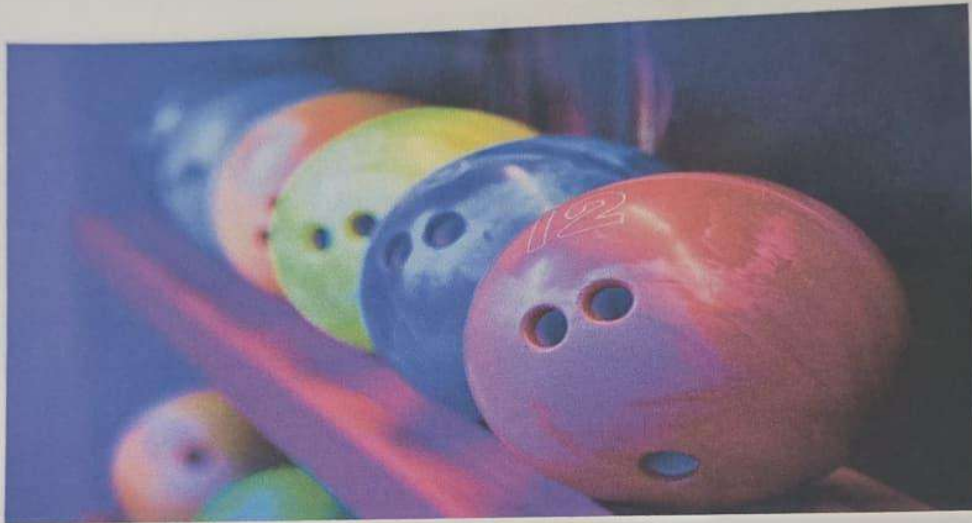
CALL/TEXT FOR MORE INFORMATION CARLY 863-326-8683

"In recovery, our ideas of fun change. We are now free to enjoy the simple things
in life, like fellowship and living in harmony with nature."

~Basic Text - More Will Be Revealed~



HEARTLAND AREA OF NARCOTICS ANONYMOUS ACTIVITIES
BOWLING



DATE: August 22, 2026

TIME: 5:00-8:00 pm

LOCATION: Maple Lanes Lakeland
4318 US HWY 98 North
Lakeland, FL 33809

COST: \$25 per person (check in with an activities member at the lanes)

3 Hours of Bowling, Shoes and soda included

CALL/TEXT FOR MORE INFORMATION CARLY 863-326-8683

**"Sometimes an outside event starts the ball rolling...Once we have been through this
feeling and survived it clean, we know it won't last forever"**

~Living Clean- Growing Pains~

HEARTLAND

AREA HOSPITALS
AND INSTITUTIONS

CARRY THE MESSAGE

“Having had a spiritual awakening
As a result of these steps
We tried to carry this message
to addicts

YOU HAVE A STORY
SOMEONE NEEDS TO HEAR



Our message
of hope can
change lives.

Be part of
the solution.
Be the reason
someone finds
recovery.



2ND SUNDAY OF EACH MONTH
FROM 12-1

AND GET YOURSELF A

SERVICE COMMITMENT

A photograph of a watercolor palette with various colors (yellow, green, blue, red) and a piece of paper with a watercolor wash in shades of pink, orange, and yellow. The background is a light-colored wooden surface.

HACNA XIX FROM THE HEART

Needs Art

**Submit to
HACNASUB2022@gmail.com
NO AI Generated Art
Please Keep to Under 5 Colors**

**Deadline September 23
Contact Danny E (863) 605-6597
or Brandy H (616) 901-3134
for More Information**

2025	Heartland Area Roll Call	2026 Jan	2026 February	2026 March	2026 April	2026 May	2026 June	2026 July	2026 August	2026 Sept	2026 Oct	2026 Nov	2026 Dec
1	Area Chair	1	1	1	1	1	1	1					
2	Area Vice Chair	1	1	1	1	1	1	1					
3	Secretary	1	1	1	1	1	1	1					
4	Alt. Secretary	1	1	1	1	1	1	1					
5	Treasurer	1	1	1	1	1	1	1					
6	Alt. Treasurer	1	1	1	1	1	1	1					
7	Librarian	1	1	1	1	1	1	1					
8	Alt. Librarian	1	1	1	1	1	1	1					
9	RCM	1	1	1	1	1	1	1					
10	RCM Alternate	1	1	1	1	1	1	1					
11	H & I	1	1	1	1	1	1	1					
12	Helpline	1	1	1	1	1	1	1					
13	Activities	1	1	1	1	1	1	1					
14	Policy	1	1	1	1	1	1	1					
15	PR	1	1	1	1	1	1	1					
16	HACNA	1	1	1	1	1	1	1					
17	GSR Coordinator	1	1	1	1	1	1	1					
20	Out Reach	1	1	1	1	1	1	1					
21	FRCNASC	1	1	1	1	1	1	1					
1	Asking for Recovery	1	1	1	1	1	1	1					
2	Clean Break @ Noon	1	1	1	1	1	1	1					
3	Dopeless Hope Spot	1	1	1	1	1	1	1					
4	Friday Night Candlelight	1	1	1	1	1	1	1					
5	Grow Or Go	1	1	1	1	1	1	1					
6	Just for Thursdays	1	1	1	1	1	1	1					
7	Just for Today	1	1	1	1	1	1	1					
8	Keep it Simple	1	1	1	1	1	1	1					
9	Living Free	1	1	1	1	1	1	1					
10	No Name Meeting	1	1	1	1	1	1	1					
11	Recovery In The Hills	1	1	1	1	1	1	1					
12	Show Me Don't Tell ME	1	1	1	1	1	1	1					
13	Take it Easy	1	1	1	1	1	1	1					
14	The Chosen Few	1	1	1	1	1	1	1					
15	The Ties That Bind Us	1	1	1	1	1	1	1					
16	The War is Over	1	1	1	1	1	1	1					
17	She do Recover	1	1	1	1	1	1	1					
18	Surrender on Saturday	1	1	1	1	1	1	1					
19	Recovery in the Sticks	1	1	1	1	1	1	1					
20	Stepping out of the Problem	1	1	1	1	1	1	1					
21	Weekend Winddown	1	1	1	1	1	1	1					
17	TOTAL GROUPS	17	16	16	17	21	17	16	16	0	0	0	0
1	PRESENT 0 ABSENT V VACANT	1	1	1	1	1	1	1	1	1	1	1	1
	Quorum	Y	Y	Y	Y	Y	Y	Y	Y	N	N	N	N

Serenity on Sunday

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HEARTLAND AREA CONTACT SHEET

Position	Name	Phone	Address	Email Address	Pref
Chairperson	James F.			daddyfreeman74@gmail.com	B *
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Alt. Secretary	VACANT				
Treasurer	Crystal M	863-440-4411		whcystal77@yahoo.com	E
Alt. Treasurer	Cheryl B	863-255-2396		cheryl_bauman@aol.com	
Librarian	VACANT				
Alt. Librarian	VACANT				
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RCM Alt.	Doug	845-665-1377		kato4u@msn.com	B *
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Never Alone - Lkld					
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Please Make changes on the back of the sheet.					