HASC Sept 13th, 2026

PLEASE ANNOUNCE AT MEETINGS:
June HASC MEETS August 9th @ 1:30 Fellowship Hall at College Heights United Methodist Church 934 South Blvd. Lakeland FL 33803 Zoom ID: 886 6429 1453
(Narcotics Anonymous is not affiliated with Zoom)
THE FOLLOWING POSITIONS ARE VACANT OR COMING VACANT IN October
LIBRARIAN, ALT. LIBRARIAN, Alt Secretary, H&I Chair, H&I Vice chair

---

GROUP FEELINGS AND ANNIVERSARIES

- Living Free: Billy F. shares on 6 yrs 9/20/26
- Show Me Don't tell me: David D shares on 1 year 9/19/26, Paul R. shares on 51yrs & Steve R. shares on 37yrs 10/17/26
- Another look at the villa- Lincon C. shares on 26yrs on 9/25/26
- Keep it Simple- Janie M. is sharing on 1 yr on 10/20/26

Activities for September:

Activities 40th Area Celebration

Sept. 19th 5pm-10pm @ Peak Worship

Flyer in back.

HomeGroup Activities:

* Friday Night Candlelight- Dwayne from Orlando Area will be sharing his ESH on Sept.18th

*Serenity on Sunday- Paul S. from Bay Area will be sharing his ESH on Sept. 27th

*Ties that bind us- 4th anniversary is Sept. 26th, doors open at 5:30 and meeting starts at 6:30 food, fun and fellowship.

Motions to Groups 0

AGENDA FOR HASC MEETING Oct. 11th 2026

- Open Serenity Prayer or Third Step Prayer:
- Monthly readings: 12 Traditions & 7th Concept:
- **Request for new members and/or groups.**
- Open Forum
- Roll call ___ of 21 groups present.
- Secretary's report:
- Treasurer's report:
- Librarian's report:
- RCM report:
- Pass the basket
- Subcommittee reports:
  - H & I-
  - Policy-
  - Helpline-
  - Public Relations-
  - Activities -
  - HACNA -
  - FRCNA -
  - Outreach -
- GSR Coordinator Report-
- Break
- Roll call ___ of 21 groups present:
- GSR Reports:
- Old business:
- New business:
- Request for New Membership to HASC
- Review of business of the day by Secretary.
- Closing prayer.

Motion 26-67 will be the starting motion in Oct. 11th 2026

HASC MEETING Sept 13th, 2026

- Open meeting with the Third Step Prayer at 1:30 PM.
- Monthly readings: George D. read the 12 Traditions. & Danny E. read Concept 8
- **Request for new members and/or groups.**
- Open Forum: Open forum started at 1:41pm and ended at 1:43pm.
  * chair apologized for just pushing the TRC position with out taking time to find policy
  * Taylor asked about prudent for homegroup what should it be

- Roll Call: 18 of 21 groups present.
- Secretary's Report: Read and accepted.
- Treasurer's Report: Read and accepted.
- Librarian Report: No report given. The position is vacant.
- RCM Report: Read and accepted.
- Pass the basket
- Subcommittee reports:
  - H & I - Read and accepted.
  - Policy – Read and accepted.
  - Helpline – Read and accepted
  - Public Relations- Read and accepted.
  - Activities - Read and accepted.
  - HACNA – Read and accepted
  - FRCNAC – No report due to not meeting yet
  - Outreach – Read and accepted
  - GSR Coordinator- Read and accepted
- Break: 2:15 to 2:30
- Roll call 18 of 21 groups present.
- GSR reports – Read.
- Old Business:
  - **26-60 Friday Night Candlelight/Serenity on Sunday:** To nominate Shakira (Kira) to take over TRC, Qualifications for position along with her qualifications in minutes. **Purpose:** Tradition 9 and the spirit of rotation. **TO GROUPS Passed 17/0/0**
  -

- **New Business:**
  - **26-61 Just for Thursday/Serenity on Sunday:** make a check payable to the RSO in the amount of $86.67 for H&I literature. **Purpose:** 7th Tradition. **Passed**
  - **26-62 Just for Thursday/ Serenity on Sunday:** Make a check payable to the RSO in the amount of $24.61 for H&I literature. **Purpose:** 7th tradition. **Passed**
  - **26-63 Treasure/ Friday night Candlelight-** To make a check payable to U.S Postal service in the amount of $194.00. To pay for HASC,Inc PO Box 2026-2027. **Purpose:** To be fiscally responsible. **Passed**

- **26-64 Activities/Dopeless Hope Spot:** Rewrite check #1023 because the check was misplaced and had to be canceled. Made out to Carly C. check in the amount of $21.40. **Purpose:** 7th Tradition. **Passed**
- **26-65 Activities/Keep it Simple:** Payment in the amount of $104.48 to Carly C. for activities to pay rent $60, and purchase last of materials for Celebration. **Purpose:** 7th Tradition. **Passed**
- **26-66 Activities/ Just for Thursday:** Refund in the amount of $47.08 to be paid to Carly C. for event flyers for Celebration and the canoe trip. **Purpose:** 7th Tradition. **Passed**

2025	Heartland Area	2026		2026		2026		2026		2026		2026		2026		2026		2026		2026		2026		2026	
	Roll Call	Jan		February		March		April		May		June		July		August		Sept		Oct		Nov		Dec	
1	Area Chair	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
2	Area Vice Chair	1	1	v	v	v	v	v	v	v	v	v	v	v	v	0	0	1	1						
3	Secretary	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
4	Alt. Secretary	v	v	1	1	1	1	1	1	1	1	1	1	v	v	v	v	v	v						
5	Treasurer	1	1	1	1	1	1	1	1	1	1	0	0	1	1	1	1	1	1						
6	Alt. Treasurer	1	0	1	1	1	1	1	1	1	1	1	1	1	1	0	0	1	1						
7	Librarian	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v						
8	Alt. Librarian	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v						
9	RCM	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
10	RCM Alternate	1	0	0	0	1	1	1	1	1	1	1	1	v	v	1	1	1	1						
11	H & I	1	1	1	0	1	1	1	1	0	0	1	1	1	1	v	v	v	v						
12	Helpline	1	0	1	0	0	0	1	0	1	0	1	0	0	0	0	0	1	0						
13	Activities	1	1	1	1	1	1	1	1	0	0	1	1	0	0	1	1	1	1						
14	Policy	0	0	1	1	1	1	1	1	0	0	1	1	1	1	1	1	0	0						
15	PR	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0	0						
16	HACNA	1	1	1	1	1	1	1	1	1	0	0	0	1	1	0	0	1	1						
17	GSR Coordinator	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
20	Out Reach	1	0	0	0	0	0	0	v	v	v	v	v	1	1	1	1	0	0						
21	FRCNASC	1	0	1	1	1	1	1	1	1	1	0	0	1	1	1	1	1	1						
1	Asking for Recovery	1	1	0	0	1	1	1	1	1	1	1	1	1	1	0	1	1	1						
2	Clean Break @ Noon	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
3	Dopeless Hope Spot	1	1	1	1	1	1	0	0	1	1	1	1	0	0	0	0	1	1						
4	Friday Night Candlight	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
5	Grow Or Go	1	1	1	1	1	1	0	0	1	1	1	1	1	1	0	1	0	0						
6	Just for Thursdays	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1						
7	Just for Today	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
8	Keep it Simple	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0	0	1	1						
9	Living Free	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
10	No Name Meeting	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1						
11	Recovery In The Hills	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
12	Show Me Don't Tell ME	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
14	The Chosen Few	1	1	1	1	1	1	1	1	1	1	0	0	1	1	1	1	1	1						
15	The TiesThat Bind Us	0	0	1	1	1	1	1	1	1	1	1	1	1	1	0	0	1	1						
16	The War is Over	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1						
17	Serenity on Sunday															1	1	1	1						
18	She do Recover					1	1	1	1	1	1	1	1	1	1	0	0	1	1						
19	Surrender on Saturday									1	1	1	1	0	0	1	0	1	0						
20	Stepping out of the Proble	1	1	1	1	1	1	1	1	1	1	1	1	0	0	1	1	1	1						
21	Weekend Winddown	1	1	1	1	1	1	1	1	1	1	0	0	1	0	1	1	0	0						
	TOTAL GROUPS	15	15	14	14	16	16	16	16	19	19	17	17	16	15	14	15	18	17	0	0	0	0	0	0
	1 PRESENT 0 ABSENT V VACANT																								
	Quorum	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	N	N	N	N	N

Off roll call

MOTION 26-61

Make check payable to the RSO in amount of $86.67 for H + I literature

ck 1039

PURPOSE

7th Trad.

Made by Just For Thursday **Second by** Sorority on Sunday

Vote _____ **Passed** _____ **Failed** _____ **Tabled** _____

MOTION 26-62

ck 1039

Make check payable to the RSO in amount of $24.61 for H & I literature

PURPOSE

7th

Made by Just For Thursday **Second by** Serenity on Sunday

Vote _____ **Passed** _____ **Failed** _____ **Tabled** _____

MOTION 26-63

To make a check payable to: U.S. Postal Service in the amount of $194.00. To pay for HASC, Inc PO Box 2026-2027

ck# 1040

PURPOSE

To be fiscally responsible.

Made by Treasurer (ay) **Second by** Friday night Candlelight

Vote_____ **Passed**_____ **Failed**_____ **Tabled**_____

MOTION 26 - 64

Rewrite check #1023 because the check was misplaced and had to be canceled. Made out to Carly C check in the amount of 24.40$

ck# 1038

PURPOSE

7th tradition

Made by Activities **Second by** Dopeless Hope Spot

Vote_____ **Passed**_____ **Failed**_____ **Tabled**_____

MOTION 26-65

CK 1034

Payment in the amount of $104.48 to Carly C for Activities to pay rent cost and purchase test of materials for celebration

PURPOSE

7th Tradition

Made by Activities **Second by** Keep it Simple

Vote _____ **Passed**_____ **Failed**_____ **Tabled**_____

MOTION 26 - 16

refund in the amount of 47.08$ to be paid to Carly C for event flyers for celebration and the canoe trip

ck 1038

PURPOSE

7th tradition

Made by Activities **Second by** Just For Thursday

Vote_____ **Passed**_____ **Failed**_____ **Tabled**_____

HASC Treasurer's Report for September 13, 2026

Statement ending balance for July			$ 5037.55
Outstanding Check total: Ø added back ck# 1023		+	$ 21.40
Starting balance for last month of August		=	$ 5058.95

INCOME:

Group Donation(s): **Cash:** $701.00 **Cash App:** $179.00			$ 880.00
Sub-Committee Donation(s): Activities #100 CASH (+375 cashapp)		+	$ 475.00
Miscellaneous:		+	$ -0-
TOTAL INCOME:		=	$ 1,355.00

STARTING BALANCE AND INCOME: $ 6413.95

Checks total from last month's motions: **checks:** $1460.37 **debits:** $291.54 *	-	$ 1751.91
Beginning balance for this month of September	=	$ 4662.04 ✓

*Incl. 35 for stop pmt.

Current checkbook balance:		$ 4662.04 ✓
Current rents and reserves**:	-	$ 3160.96
TOTAL AFTER EXPENSES:	=	$ 1,501.08
MONTHLY OPERATING EXPENSE:	-	$ (1,500.00)
DONATION TO REGION (IF OVER):	=	$ 1.08

RESERVES AND RENTS:

HASC Prudent Reserve ($1,500 p/month)		$ 1,500.00
Activities reserve ($1,400 p/year)	+	$ 510.96
RCM Room reserve ($375 p/month)	+	$ 750.00
HASC & H&I rents ($50 p/month -$600 p/year-pay in June)	+	$ 200.00
Policy rent ($10 p/momth - $120 p/year-pay in June)	+	$ 40.00
Activities rent ($5 p/month - $60 p/year-pay in June)	+	$ 80.00
PR rent ($10 p/month - $120 p/year-pay in June)	+	$ 40.00
Outreach rent ($10 p/month - $120 p/year-pay in June)	+	$ 40.00
TOTAL AMOUNT OF RESERVES AND RENTS:**	=	$ 3,160.96

*-35 stop pymt this mth.
+35 from early repay will show next mth.

ILS,
Crystal M.

TRUIST

875-10-01-00 61844 U 0 C 001 30 S T 63 001
HASC INC
2222 S COMBEE RD
LAKELAND FL 33801-8004

Your account statement

For 08/31/2026

Contact us

Truist.com

(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 07/31/2026	$5,058.95
Checks	- 1,460.37
Other withdrawals, debits and service charges	- 291.54
Deposits, credits and interest	+ 1,355.00
Your new balance as of 08/31/2026	= $4,662.04 ✓

Checks

DATE	CHECK #	AMOUNT($)
08/10	1033	120.00 ✓
08/11	1034	120.00 ✓
08/10	1035	256.25 ✓
08/13	1036	320.48 ✓
08/17	1037	643.64 ✓
	Total checks	= $1,460.37 ✓

Other withdrawals, debits and service charges

DATE	DESCRIPTION	AMOUNT($)
08/04	DEBIT CARD RECURRING PYMT ZOOM.COM 888-799-9 08-03 ZOOM.US CA 0928	33.98 ✓
08/10	DEBIT CARD PURCHASE IN *RELIABLE PRINT 08-09 863-6878500 FL 0928	83.46 ✓
08/10	DEBIT CARD PURCHASE IN *RELIABLE PRINT 08-09 863-6878500 FL 0928	139.10 ✓
08/28	STOP PAYMENT CHARGE 1	35.00 ✓
	Total other withdrawals, debits and service charges	= $291.54 ✓

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT($)
08/10	DEPOSIT	701.00 ✓
08/26	DEPOSIT from Activities Bowling	100.00 ✓
08/28	HASC Cash App DZ94 CRYSTAL MCKAY	554.00 ✓
	Total deposits, credits and interest	= $1,355.00 ✓

Effective September 28, 2026, we have revised our Commercial Services Agreement ("CBSA") governing your account and your relationship with Truist Bank. The revised CBSA will be available for you to review at any Truist branch or online at www.truist.com/Advanced-CBSA starting on August 28, 2026. These revisions include those found under Section A (Legal Agreement), Section E (Account Opening), Section F (Account Types), Section G (Account Rules), Section H (Rules Applicable to Certain Accounts), Section H.2 (Non-Interest Bearing Accounts), Section H.3 (Interest Bearing Accounts), Section I (Certificates of Deposit), Section J (Availability of Funds), and Section K (Commercial Funds Transfers) of the CBSA. The revised CBSA will become effective on September 28,

Treasurer Sign Up Sheet for AUGUST 9, 2026

Group Name	Your Name	
The War Is Over	George D.	89.00
bob c	Never Alone.	101.00
Just For Thursday	Reggie W	83.00
Ties That Bind US	Mike W	42.00
THE CHOSEN FEW	JACQUE P.	71.00
Recovery in the Hills	Jamie	93.00
Asking for Recovery		80
Clean Break	Merle	80.00
	SUB	639
	7TH	31.00
	SUB Total →	670.00
Show Me Don't tell me - Courtney		31.00
	Total →	701.00

August 2026

Cash App
1955 Broadway, Suite 600
Oakland, CA 94612

Hasc
3841 Hill Street
Lakeland, FL 33812

Balance on Aug 1		Change this month		Balance on Aug 31
$20.00	+	$19.00	=	$39.00

Money In

+ $573.00

Money Out

- $554.00

Fees

$0.00

554 Total
- 375 from Bowling Activities
179 7th donations

H&I Subcommittee Meeting Minutes
September 13th 2026

I. **Opened at 12:04**

II. **Readings:**

- **Twelve Traditions:** George D
- **Dos and Don'ts:** Tina B, William R

III. **Roll Call:**

- **Members Present:** Ben S., Bob C., Brittany C, Cindy D., Dez S, George D., Katie R, Megan F, Michelle C., Mike C, Michael W., Shakira P., Taylor F, Tina B, William R
- **Members Absent:** Brandy H, Richard H, Harry M, Lincoln C, Scott W, Haley P.
- **3rd Consecutive absence:** Brandy H, Richard H
- **Excused Absence:**
- **1st Meeting Attended:** Ashley F, Allison R, Tony R, Chris F, Danny E
- **2nd Consecutive Meeting Attended:** Malinda H
- **Quorum:** 20/11/15
- **Current Member count:** 20
- **Previous Month Minutes:** Megan F

IV. **Report of budget expenditures:**

- **Literature order:** $111.28
- **Literature YTD:** $977.56
- **Literature Remaining Budget:** $977.56
- **Literature Total Budget:** $1800

V. **Open Forum:**

- Why are we taking literature into detox when PR takes literature into treatment centers
- Need assistance at Bartow Detox bringing in Tuesday night meeting, needing help at South county jail
- In need of a new chair and vice chair for H&I
- In need of volunteers for the celebration; Cindy, Shakira and Taylor volunteered to speak

- **Facility Reports:**
- **Bartow Detox -** Saturdays, Tuesdays, 8:00 pm- 9:00 pm

Report by: Will, Lincoln, George
Presentations this reporting period: 4
Attendance: 17 to 25
C**lean time requirements**: H&I Member/1 Year
Panel members and visitors present: George D, Bob C, Jack H, Malinda H, William R, Tammy R, Mercedes
Comments: Speaker meetings, outside support and how to handle stress, relapse

- **Florida Center -** 3rd Saturdays 5:30**-** 6:30 pm
  Report by: Lincoln C
  Presentations this reporting period: 0
  Attendance:
  Clean time requirements: H&I Member/1 year if guest.
  Panel members and visitors present:
  Comments: No meeting

- **New Beginnings (Men's) -** 1st and 3rd Thursday at 7:30pm; 2nd and last Sunday at 6 pm
  Report by:
  Presentations this reporting period:
  Attendance:
  Clean time requirements: H&I member/1 year for panel member
  Panel members & Visitors:
  Comments:

  New Beginnings (Women's) - Mondays 6 - 7 pm
  Report by: Shakira
  Presentations this reporting period: 4
  Attendance: 12
  Clean time requirements: H&I member/1 year for panel member
  Panel members & Visitors: Rebecca, Taylor, Ramenka, Tara
  Comments: Experience, strength, and hope; speaker meeting

- **Polk County Men's Jail/South County -** Friday 7:00 pm**-**8:00 pm
  Report by: Mike W.
  Presentations this reporting period:0
  Attendance:
  Clean time requirements: H&I member/1 year/ Jail Clearance
  Panel members and visitors present:
  Comments: car issues, sickness and jury duty

- **Polk County Women's Jail -** Sunday 1:45 pm**-** 2:45 pm
  Report by: Tina B
  Presentations this reporting period: 2
  Attendance: 10 to 20
  Clean time requirements: H&I member/1 year/ Jail Clearance
  Panel members and visitors present: Cindy, Michelle, Tina
  Comments: How to let go of people places and things, staying clean once we get out

- **RASUW Center for Women -** Tuesdays 7:00 pm-8:00 pm
  Report by: Cindy D
  Presentations this reporting period: 3
  Attendance: 14
  Clean time requirements: Female H&I Member/1 year
  Panel members and visitors present: Cindy, Brittany, Crystal, Ashley, April
  Comments: How to share with NA, asking for help, step 4 difficulties

VI. **Old Business:**

- Member brought to attention that White Sands is requesting a meeting once a week. Discussion about the pros and cons of bringing the meeting into the facility. Brought up we currently do not have the willingness to staff current meetings
- Mike W term has ended as secretary and is officially stepping down
- Shakira P term has ended and she has officially stepped down and moved into her new role.

VII. **New Business/Election of Members Business:**

- First Meeting: Ashley F, Allison R, Tony R, Chris F, Danny E
- New Member: Malinda H.

ix. **Ended with Serenity Prayer**

- ****The next meeting will be on October 11, 2026, at the main building, 942 South Blvd, Lakeland, FL 33803, from 12:00 pm to 1:00 pm HYBRID****

The Doors will open at 11:15 a.m. for an informal open discussion, during which new members can ask questions, the panel leader can discuss needs, etc.
New Virtual Code: 881 9330 0968
Please send Facility reports to H&I main account @ handiheartlandnafl@gmail.com
Also, text a picture to Megan F. @317.845.7555.

HEARTLAND

AREA HOSPITALS AND INSTITUTIONS

CARRY THE MESSAGE

"Having had a spiritual awakening
As a result of these steps
We tried to carry this message
to addicts



YOU HAVE A STORY SOMEONE NEEDS TO HEAR

Our message of hope can change lives.

Be part of the solution. Be the reason someone finds recovery.

2ND SUNDAY OF EACH MONTH FROM 12–1

AND GET YOURSELF A

Godmorning,

We met on August 25 and no issues came up. We are answering and adding assistance to the caller.

We have no needs or wants. Our next meeting is September 22 on zoom. We have added Roy to our team.

In loving service,

Donna M

Date: 8/19/26
Time: 6:00pm

Open with:
Serenity prayer

Readings: Tradition, Concept, etc.
Will R. read the 12 traditions

Roll Call:
April B., Secretary
Donna W., Chair (vote of acclamation took place in July)
Bob C.
Jenna
Dane
Justin B. (new member)

Welcome new members:
Welcomed Will R. and Shahid
Introductions, Contact Information

Open forum:
First meeting at new day and time

Contact Reports:
New Non-NA affiliated contacts
None

Material Distribution:
- Donna, MaryAnn, and other members distributed August meeting lists.
- If you are interested in volunteering to distribute meeting lists in your community, contact Donna W. at 863-430-3676. Text is best but if you call, please leave a message. You don't have to be a member of PR to take some meeting lists for facilities in your community, we just need to be able to plan on how many to send with you so contacting me in advance of HASC is recommended so I can give you some to take with you. Ideally before the first of each month so I can include them in our printed meeting list order.

Old Business
New Business:
- Polk State has invited us to attend the welcome week at their Lakeland Campus on 9/1/26. April, Donna, and Will planned to attend.

- We discussed participating in the Ride Out of the Darkness event on 10/3/26 and due to a scheduling conflict with a HACNA event we will not have enough volunteers available to attend this event.

Nominations to fill vacancies:

- Current vacancies include Web servant, Vice Chair

Closed with:

3rd Step prayer

Next meeting date: WEDNESDAY September 16, 2026, 6pm Hybrid Zoom/In person

If you are interested in PR we would love for you to join us.
Our volunteers typically serve the fellowship by:

- Distributing literature to facilities such as IPs and meeting lists
- Contacting and communicating with communities, professionals, and facilities who have questions or requests for information about NA and specifically the Heartland Area.
- Assisting groups and members who need to be added to the meeting list/removed from the meeting list/updated on the meeting list
- Setting up tables/booths at community events to share information about NA and answer questions
- Making presentations to professionals and facilities who request them to provide information and answer questions about NA and how the Heartland Area can be of service to them and their clients.

Activities Subcommittee Report

Activities meeting was held on Tuesday the 1st at 6:30 PM. The meeting was held by Carly, Brenda Kendra, Dianne, Jaimie, and Bob. This will be an informal report because we do not currently have a secretary.

We discussed who can hold money in activities, and we had a look at the policy.

We discussed doing musical chairs/cake walk as a fundraiser during the event as well as a 50/50 raffle.

We decided to do a newcomer donation jar

We compiled a list of everything we needed for the upcoming event (Celebration on the 19th of September at Peak Worship of Granada ☺)

We had some members volunteer to get some of the items and decided to motion for the rest.

We discussed rent and payment for the flyers.

Carly C chair of Activities misplaced a check and paid the 350$ to cancel the check IT was in the amount of $21.40 check #1023

HEARTLAND AREA OF NARCOTICS ANONYMOUS ACTIVITIES

Let's Celebrate the Heartland Areas 40th Year with Unity, Community and Fun.



"HOMECOMING"

When: September 19th, 2026

Where: Peak Worship Church
(315 Granada Street; Lakeland, FL)

What: Dinner, Speaker, Dance

Time: 5-6pm Mingle
6-7:30pm Meeting and dinner
8-10pm Dance





Dress: Formal

Cost: $10.00 includes dinner and dance
(all are welcome)



The theme is "Welcome Home" the colors are Basic Text blue and Silver

"Unity is the spirit that joins thousands of members around the world in a spiritual fellowship that has the power to change lives"
~It Works How and Why, Tradition One~

August HACNA Report, September HASC 2026

The steering subcommittee met on August 28th, 2026. 5 members present. No new members.

Treasurer Report

The current bank balance as of Sunday, September 13th, 2026, is $7426.30. Bank statement attached.

Merchandise Report

A flyer has been made to promote participation for artwork submissions for our merchandise and has been shared on social media and to homegroups. Our theme is "From The Heart" and we can't wait to see what you all have for us. The limitations and guidelines for artwork are as follows:

1. 5 colors or less preferred
2. AI generated pictures strongly discouraged
3. All submissions sent to hacnasub2022@gmail.com by or before September 24th, 2026

Programming Report

We have begun seeking speakers for our convention! Please submit all speaker submissions to hacnasub2022@gmail.com. Flyer attached!

Hospitality & Entertainment Report

Our next fundraiser will be the Hooked on Recovery Dessert Auction! $10 at the door gets you a fish dinner including a fish sandwich and coleslaw. Additional drinks and desserts will be available for $1 each. This event is October 3rd from 1pm to 5:30pm with 4 powerful speakers sharing from 2pm to 3pm. The dessert auction will take place from 4pm to 5pm. This will be held at 315 Granada St, Lakeland FL at Peak Worship Church. Bake your best cake and I hope to see you all there!

Housekeeping

We have officially moved our meeting to the last Friday of every month to 6pm. Same Location. Our merchandise chairperson position has been filled by Shayne B. Our vice treasurer position is still vacant.

The next HACNA steering meeting will be September 25th at 6pm at 1313 E Main St, Lakeland, FL 33801

Bank Statement 08/31/2026

■ TRUIST SIMPLE BUSINESS CHECKING 1000209170322

Account summary

Your previous balance as of 07/31/2026	$7,380.70
Checks	- 0.00
Other withdrawals, debits and service charges	- 44.40
Deposits, credits and interest	+ 90.00
Your new balance as of 08/31/2026	**= $7,426.30**

TRUIST

875-12-01-00 61832 0 C 001 30 S 66 002
HASC INC
DBA HACNA
PO BOX 2183
EATON PARK FL 33840-2183

Your account statement

For 08/31/2026

Contact us

Truist.com

(844) 4TRUIST or
(844) 487-8478

■ TRUIST SIMPLE BUSINESS CHECKING

Account summary

Your previous balance as of 07/31/2026	$7,380.70
Checks	- 0.00
Other withdrawals, debits and service charges	- 44.40
Deposits, credits and interest	+ 90.00
Your new balance as of 08/31/2026	**= $7,426.30**

Other withdrawals, debits and service charges

DATE	DESCRIPTION		AMOUNT($)
08/17	DEBIT CARD MISC DEBIT CASH APP*ADRIANNE 08-16 Oakland	CA 9764	44.40
Total other withdrawals, debits and service charges			**= $44.40**

Deposits, credits and interest

DATE	DESCRIPTION		AMOUNT($)
08/03	VISA MONEY TRANSFER CREDIT 08-03-26 OAKLAND	CA 9764 CASH APP*HACNA SUB*CASH	90.00
Total deposits, credits and interest			**= $90.00**

Effective September 28, 2026, we have revised our Commercial Services Agreement ("CBSA") governing your account and your relationship with Truist Bank. The revised CBSA will be available for you to review at any Truist branch or online at www.truist.com/Advanced-CBSA starting on August 28, 2026. These revisions include those found under Section A (Legal Agreement), Section E (Account Opening), Section F (Account Types), Section G (Account Rules), Section H (Rules Applicable to Certain Accounts), Section H.2 (Non-Interest Bearing Accounts), Section H.3 (Interest Bearing Accounts), Section I (Certificates of Deposit), Section J (Availability of Funds), and Section K (Commercial Funds Transfers) of the CBSA. The revised CBSA will become effective on September 28, 2026. If you do nothing and continue to use or maintain your account on or after September 28, 2026, your continued use or maintaining of the account will be deemed acceptance of the revised CBSA. If you do not accept the revised CBSA, you may close your account at any time before September 28, 2026. If you have questions about the revised CBSA, contact your Relationship Manager, visit your local Truist branch, or call 844-4TRUIST (844-487-8478). **The revised CBSA contains a mutual arbitration agreement providing that you and we agree to submit certain disputes for resolution by a neutral arbitrator on an individual basis and not to sue in court for resolution by a judge or jury (see Section B (Arbitration Agreement)). Read this provision carefully because it has a substantial impact on how such disputes and claims are resolved.**

Questions, comments or errors?

For general questions/comments or to report errors about your statement or account, please call us at 1-844-4TRUIST (1-844-487-8478) 24 hours a day, 7 days a week. Truist Care Center teammates are available to assist you from 8am – 8pm EST Monday-Friday and 8am – 5pm EST on Saturday. You may also contact your local Truist branch. To locate a Truist branch in your area, please visit Truist.com.

Electronic fund transfers (For Consumer Accounts Only. Commercial Accounts refer to the Commercial Bank Services Agreement.)

In case of errors or questions about your electronic fund transfers, if you think your statement or receipt is wrong or if you need more information about a transfer on the statement or receipt, IMMEDIATELY call 1-844-487-8478 or write to:

Fraud Management
P.O. Box 1014
Charlotte, NC 28201

Tell us as soon as you can, if you think your statement or receipt is wrong, or if you need more information about a transfer listed on the statement or receipt. We must hear from you no later than sixty (60) days after we sent the FIRST statement on which the problem or error appeared.

- Tell us your name and deposit account number (if any)
- Describe the error or transfer you are unsure of, and explain as clearly as you can why you believe it is an error or why you need more information
- Tell us the dollar amount of the suspected error

If you tell us orally, we may require that you also send us your complaint or question in writing within ten (10) business days. We will tell you the results of our investigation within ten (10) business days after we hear from you, and we will correct any error promptly. If we need more time, however, we may take up to forty-five (45) days to investigate your complaint or questions for ATM transactions made within the United States and up to ninety (90) days for new accounts, foreign initiated transactions and point-of-sale transactions. If we decide to do this, we will re-credit your account within ten (10) business days for the amount you think is in error, minus a maximum of $50. If we ask you to put your complaint in writing, and we do not receive it within ten (10) business days, we may not re-credit your account and you will not have use of the money during the time it takes us to complete our investigation.

Tell us AT ONCE if you believe your access device has been lost or stolen, or someone may have electronically transferred money from your account without your permission, or someone has used information from a check to conduct an unauthorized electronic fund transfer. If you tell us within two (2) business days after you learn of the loss or theft of your access device or the unauthorized transaction, you can lose no more than $50 if someone makes electronic transfers without your permission.

If you do NOT tell us within two (2) business days after you learn of the loss or theft of your access device or the unauthorized transaction, and we can prove we could have stopped someone from making electronic transfers without your permission if you had told us, you could lose as much as $500. Also, if your periodic statement shows transfers you did not make, tell us at once. If you do not tell us within sixty (60) days after the statement was mailed to you, you may not get back any money you lost after sixty (60) days if we can prove we could have stopped someone from taking the money if you had told us in time.

Important information about your Truist Ready Now Credit Line Account

Once advances are made from your Truist Ready Now Credit Line Account, an INTEREST CHARGE will automatically be imposed on the account's outstanding "Average daily balance." The INTEREST CHARGE is calculated by applying the "Daily periodic rate" to the "Average daily balance" of your account (including current transactions) and multiplying this figure by the number of days in the billing cycle. To get the "Average daily balance," we take the beginning account balance each day, add any new advances or debits, and subtract any payments or credits and the last unpaid INTEREST CHARGE. This gives us the daily balance. Then we add all of the daily balances for the billing cycle and divide the total by the number of days in the billing cycle. This gives us the "Average daily balance."

Billing Rights Summary

If you believe your **Truist Ready Now Credit Line statement** contains an error, please notify us in writing within sixty (60) days of the date the error FIRST appeared. Written correspondence must be sent to:

Truist Ready Now Credit Line Disputed Payments
PO Box 849
Wilson, NC 27894

You may contact us by phone; telephone inquiries do not obligate us to investigate and may result in your responsibility for the disputed amount.
Your written notice should include:

- Your name and account number
- The dollar amount of the suspected error
- A description of the error and an explanation of why you believe it is incorrect

During our investigation process:

- We cannot try to collect the amount in question, or report you as delinquent on that amount
- The change may remain on your statement and accrue interest; however, if an error is confirmed, you will not be liable for the amount in question or any interest or other fees related to that amount
- You are required to pay all other amounts not in dispute
- We can apply any unpaid amount against your credit limit

Mail-in deposits

Deposits can be made at a Truist ATM or using Truist Mobile Banking.
If you wish to mail a deposit, please send a deposit ticket and check to the following address (Please do not send cash):

Central Processing
MC:306-40-04-25
P.O. Box 27572
Richmond, VA 23261-7572

Change of address

If you need to change your address, please visit your local Truist branch or call Truist Care Center at 1-844-4TRUIST (1-844-487-8478).

How to Reconcile Your Account		Outstanding Checks and Other Debits (Section A)			
1. List the new balance of your account from your latest statement here:		Date/Check #	Amount	Date/Check #	Amount
2. Record any outstanding debits (checks, check card purchases, ATM withdrawals, electronic transactions, etc.) in section A. Record the transaction date, the check number or type of debit and the debit amount. Add up all of the debits, and enter the sum here:					
3. Subtract the amount in Line 2 above from the amount in Line 1 above and enter the total here:					
4. Record any outstanding credits in section B. Record the transaction date, credit type and the credit amount. Add up all of the credits and enter the sum here:					
		Outstanding Deposits and Other Credits (Section B)			
5. Add the amount in Line 4 to the amount in Line 3 to find your balance. Enter the sum here. This amount should match the balance in your register.		Date/Type	Amount	Date/Type	Amount

For more information, please contact your local Truist branch, visit Truist.com or contact us at 1-844-4TRUIST (1-844-487-8478). MEMBER FDIC

FOOD • FELLOWSHIP • FREEDOM

FISH SANDWICHES

NARCOTICS ANONYMOUS

Great Food. Powerful Speakers. Sweet Fellowship.

$10.00 INCLUDES COLESLAW

Come for the **FISH...** *Stay for the* **RECOVERY!**

SATURDAY
OCTOBER 3RD, 2026
1:00 PM – 5:30 PM



4 POWERFUL SPEAKERS
2:00 PM – 3:00 PM

WHOLE DESSERT AUCTION
4:00 PM – 5:00 PM

WHOLE CAKES, PIES & DESSERTS WILL BE AUCTIONED!

Bring Your Best Dessert!



DESSERTS, BEVERAGES & CHIPS FOR SALE

$1.00 EACH



HACNA Sub
Scan to pay $HACNASub

SCAN TO **SUPPORT HACNA XIX!**

Thank you for your support!

HACNA XIX

CALLING FOR SPEAKER SUBMISSIONS

HACNA

Heartland Area Convention of Narcotics Anonymous
October 2027 Convention: FROM THE HEART



MAIN SPEAKERS



WORKSHOP SPEAKERS

We are seeking passionate speakers to share their message of experience, strength, and hope.

HOW TO SUBMIT

- Name
- Clean date
- Area
- Type of submission (Main Speaker or Workshop)
- Brief description of topic or message
- Contact information

Please send us this information along with your audio file.

EMAIL ALL SUBMISSIONS TO:
melissa.pennewell@outlook.com

Sharing recovery — **FROM THE HEART**



HACNA XIX
FROM THE HEART

Needs Art

Submit to
HACNASUB2022@gmail.com
NO AI Generated Art
Please Keep to Under 5 Colors

Deadline September 23
Contact Danny E (863) 605-6597
or Brandy H (616) 901-3134
for More Information

Outreach Minutes/Report 09/09/26

4 members present Andy, Billy, Brenda, Justin

Billy and Andy drove out to Recovery in the Sticks meeting. No one was there. Notified webservant. Obtained contact information as well. Confirmed meeting was closed permanently.

Outreach will be visiting Shattering the Illusion this month to check in.

ILS,
Billy F

September 2026 GSR Coordinator report

Good afternoon all returning GSR's and new GSR's. I would like to welcome the new GSR's to the Heartland Area. I am here to assist you in your journey as the GSR of your groups. I am more than happy to give you my direct contact information before you leave today, it will also be in the minutes on the contact sheet.

I currently do not have any Heartland Area Policy and Procedure packets. I am advising GSR's who need a copy right now to go to our website to download a copy. The newest copies have not been printed, and I would like to use the NA funds responsibly. Here is the website https://naflheartland.org/ just hit the newest HASC area minutes and there will be a copy of the Heartland Area Policy and Procedures packet. One thing I would like to point out again for any new GSR's is on page 52 is the GRS orientation packet which is full of helpful information to guide you. I also have 4 copies of GSR basics and that has a great deal of helpful information as well. In this are some of the common the abbreviations that are used throughout Area.

Please know I am here to help as with others in the Heartland Area, thank you for stepping up to serve, you are important and we value your service to NA.

I currently have 1 Guide to local services- 3 The group booklet and 4 GSR Basics.

In loving service Michele L

LIVING FREE
HOME GROUP

NEW MONTHLY SPEAKER MEETING!

3rd SUNDAY OF THE MONTH

SPEAKER MEETING

VARIOUS TOPICS

RECOVERY · STRENGTH · HOPE · JOURNEY

STARTING OCTOBER 18

TIME: 5:30 PM

LOCATION: Crystal Lake United Methodist Church

ADDRESS: 2001 N Crystal Lake Dr, Lakeland, FL 33801

NA not Affiliated with the Facility